



## About Capital Caring Health

Capital Caring Health is one of the leading nonprofit providers of elder health, hospice, and advanced illness care for persons of all ages in the mid-Atlantic region. A member of a national network of 70 nonprofit hospice providers, our mission is to provide patients and their families with advanced illness care that is second to none. We also have special hospice teams serving children and veterans. On an annual basis, we serve over 7,000 hospice patients and provide more than \$3 million in charity care to those who are uninsured and have nowhere else to turn.

Since the beginning of hospice care over 40 years ago, we have served 120,000 patients and their families in Maryland, Virginia, and the District of Columbia.

 CapitalCaringHealth

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## Our Locations

### MARYLAND

#### Largo, MD

1801 McCormick Drive, Suite 180  
Largo, MD 20774

*serving Prince George's County*

#### Montgomery County, MD

6707 Democracy Blvd, Suite 104  
Bethesda, Maryland 20817

### VIRGINIA

#### Aldie, VA

24419 Millstream Drive  
Aldie, VA 20105

*serving Prince William, Loudoun, Fauquier  
and western Fairfax counties*

#### Alexandria, VA

5845 Richmond Highway, Suite 150  
Alexandria, VA 22303

*serving the City of Alexandria and  
southern Fairfax County*

#### Arlington, VA

4715 North 15th Street  
Arlington, VA 22205

*serving Arlington County and eastern Fairfax County*

#### Falls Church, VA

3180 Fairview Park Drive  
Falls Church, VA 22042

*serving central Fairfax County*

#### Fredericksburg, VA

111 Olde Greenwich Drive, Suite 101  
Fredericksburg, VA 22408

*serving the City of Fredericksburg, King George,  
Caroline, Spotsylvania, Stafford and Orange counties*

#### Richmond, VA

9020 Stony Point Parkway, Suite 170  
Richmond, VA 23235

*serving Henrico, Hanover, Chesterfield, Goochland,  
Louisa, Powhatan, Amelia, Buckingham, Cumberland,  
Fluvanna, Charles City, Prince George, New Kent,  
King William, Prince Edward, Brunswick, Nottoway,  
Lunenburg, Dinwiddie, and Greensville counties, and  
the cities of Richmond, Emporia, Hopewell, Colonial  
Heights, and Petersburg*

### WASHINGTON, DC

#### Washington, DC

50 F Street, NW, Suite 300  
Washington, DC 20001

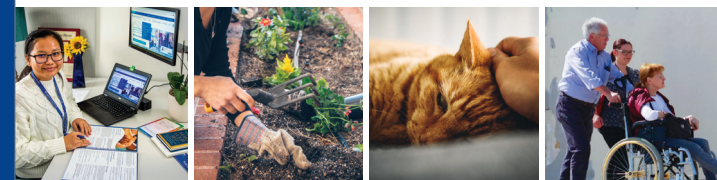
*serving the District of Columbia*



*Advanced Home Care & Hospice for All Ages at All Times*

# Volunteer With Us

*you can make  
a difference*



capitalcaring.org

## Volunteer With Us And Give Back To Your Community

We're looking for caring, compassionate people like you who want to give something back to their community. Consider volunteering with Capital Caring Health to support families at the time when they need it most.

Capital Caring Health's volunteers are core members of our care teams. They are diverse, come from all walks of life, and bring special skills that improve our ability to offer excellent care.

## Make An Impact

Our volunteers know doing something for others is emotionally and spiritually rewarding, and their actions will always be remembered by the ones they help. They say there is nothing better than helping someone in need. Offering just a few hours per week makes a tremendous difference in someone's life.

You will work with inspiring and deeply caring professional hospice staff and will provide relief to those who need and appreciate your time and effort. You'll receive training and continuing education opportunities appropriate to your interests and assignments.



## Share Your Unique Talents

There are many ways to lend support as one of our volunteers, all of whom play key roles throughout the organization. Put your unique life experiences and talents to use:



**Respite:** spend time with a family member's loved one to allow a weary caregiver time for rest and relaxation.



**Companionship:** provide a comforting presence for patients, read to patients, assist with writing cards or letters, run errands or provide transportation, sing, play music or assist with arts and crafts.



**Bereavement:** assist grief counselors with calls and events, participate in a regional grief camp or caring circles for children, help staff at annual Service of Remembrance.



**Administrative:** help in one of our neighborhood offices.



**Community Outreach:** lend a hand in our thrift shops; assist with fundraising and community events.



**Landscaping:** maintain our beautiful therapeutic gardens at our inpatient centers or help at a patient's home.



**Pet Therapy/ Pet Peace of Mind:** share the companionship of your certified pet with patients/families; assist families in our care with their pet care needs.



**Professional:** utilize your licensed skills in legal services, notary, CPA, hairdresser, reiki, massage therapy, music or art therapy, small home repairs, etc.



**Photography:** provide photographic and videographic documentation of patients and their families.



**Spiritual Care:** provide spiritual and pastoral comfort to patients and families.



**Veterans:** provide companionship and veteran support to veteran patients to share your common bond. Provide veteran recognition ceremonies to honor and thank them for their service.



**Vigil:** sit with patients in their homes or in one of our inpatient centers to ensure they are not alone at end of life.



**Volunteer Interns:** fulfill undergraduate academic requirements as an intern assisting patients and families in our inpatient centers, long-term care facilities and in their homes.