



Coping With Grief During The Holidays

December 1 - Warrenton, Virginia

Topic – Paint Away the Blues on a Holiday Ornament, Earth Glaze and Fire 80 Main Street Warrenton, VA 20186, 1 to 3 p.m. Registration required: Roxanne Woodward, MSW; 703-957-1867

December 2- Prince William Area

Topic - How to Survive the “Happy Holidays” While Grieving

Manassas Senior Center 9320 Mosby Street, Longstreet Conf Room Manassas, VA 20110 Sunday, December 2, 2018; 2-4pm For registration: Karen Tyner, LCSW; kytyner@capitalcaring.org

December 3 - Arlington, Virginia

Topic - Coping with Grief During the Holidays

Arlington Central Library, 1015 N Quincy St., Arlington, VA 22201. 1-2pm. For information: Jennifer Lanouette, MSW; 703-351-2808

December 6, 13, and 20 - Alexandria, Virginia

Topic – Holiday Workshop Series Capital Caring, 5845 Richmond Highway; Suite 150, Alexandria, VA 22303

1:30-3 p.m., Registration requested: Chesley Simpson, MSW; csimpson@capitalcaring.org

December 7 – Centreville, Virginia

How to Survive all the ‘Happy Holidays’ While Grieving, 1:30-3 p.m. RSVP to: Karen Tyner, LCSW; kytyner@capitalcaring.org

December 9 – Warrenton, Virginia

Topic: Coping with the Holidays Dinner & Discussion McMahon’s Irish Pub & Restaurant, 380 Broadview Avenue, Warrenton, VA 20186, 6 p.m.

Registration required: Roxanne Woodward, MSW; 703-957-1867

Dec. 21 – Culpeper, Virginia

Topic – Coping with the Holidays: Tea, Coffee and Discussion, Miss Minerva’s Tea Room 167 East Davis Street Culpeper, VA 22701, December 21, 1 p.m. Registration required: Roxanne Woodward, MSW; 703-957-1867

Learn about other Capital Caring Support Groups:

<https://www.capitalcaring.org/get-help/our-services/counseling/>

