

March 2020

Dear Caregiver,

The Coronavirus Disease 2019 (COVID-19) outbreak continues to evolve rapidly, both globally and now locally. The Centers for Disease Control and Prevention (CDC) reports confirmed cases in the United States, most of which are travel-related and many are due to person-to-person spread. In our service area, there are presumptive positive cases in the District of Columbia, Maryland, and in Virginia. **Please note that CDC considers the immediate health risk from COVID-19 to be low for most of the American public.**

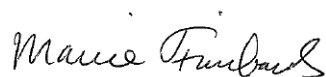
Capital Caring Health takes your health and well-being very seriously. In an effort to reduce potential exposure, we are temporarily modifying Grief Support programming for the near future.

Please note the following changes effective immediately:

- 1) All scheduled grief support groups and workshops will be canceled until further notice. Please refer to our website for updates regarding program changes: capitalcaring.org
- 2) We will continue to provide individual grief support. **However, grief counseling services will need to take place via the telephone until further notice.** In an effort to reduce everyone's risk, **we will not** offer individual grief counseling at our organizational offices, at community-based locations, or in private residences.

We are sorry for any inconvenience these changes cause and are looking forward to resuming our Grief Support programs when appropriate. Please let us know if we can answer any questions.

Best,



Marcie Fairbanks, LCSW
Director of Family Service