



Hospice Care



Advanced Illness
(Palliative Care)



Primary Care at
Home (PCH)



Children's Hospice
& Palliative Care
Services



Grief Support
and Bereavement
Counseling



Veteran's Health
& Support Services



Stay-at-Home
Services



Patient Pet Services



Inpatient Care

For more information
about Capital Caring
Health's programs and
services, please visit
capitalcaring.org
or call our 24/7
Care Line –
800-869-2136.

 **Capital Caring Health**

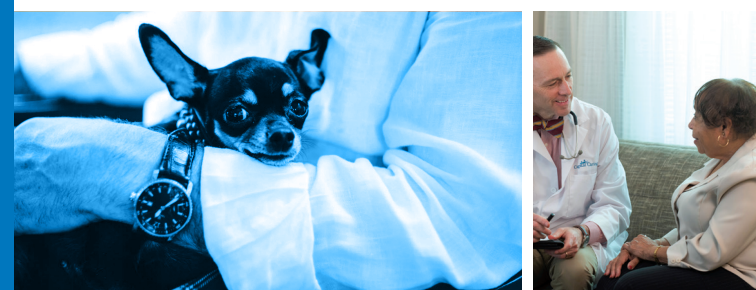
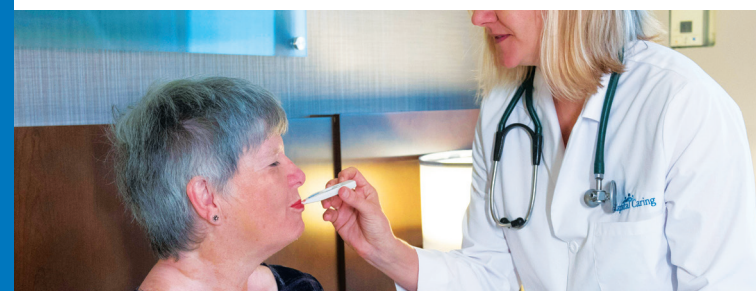
3180 Fairview Park Drive
Falls Church, VA 22042

capitalcaring.org

24-hour Care Line: 800-869-2136

 **Capital Caring Health**
Advanced Home Care & Hospice for All Ages at All Times

Comprehensive Care Where and When You Need it Most



Who We Are & What We Do

Capital Caring Health (CCH) is one of the nation's leading non-profit providers of advanced illness, hospice and elder care in the country. Established in 1977, it is also one of the oldest hospice providers and **ranks among the top 10 largest of the 4,300 hospices nationwide.** To date, we have cared for **more than 120,000 patients** of every age—and more than 1,200 individuals each day throughout Virginia, Maryland and Washington, D.C.

As a founding member of the National Partnership for Hospice Innovation, a network of more than 65 non-profit hospice organizations, we are continually innovating ways to provide personalized care to patients of all ages and their families, allowing them to remain in the comfort of their own homes.

Our care teams include physicians who specialize in pain management, elder health, children's and adult hospice and palliative care. Other members are nurse practitioners, certified nurse assistants, registered nurses, social workers, chaplains, grief counselors and volunteers, all working as an integrated team to provide comprehensive, customized care for each and every patient.



Hospice Care

When a cure for advanced illness is no longer an option, our interdisciplinary care team focuses on quality of life through symptom and pain relief. For those facing advanced illness (with a life expectancy of 6 months or less), hospice care provides compassionate physical, emotional, spiritual, and practical support that benefits both the patient and the caregiver. More than 98% of our patients receive care in their own home, and hospice care is covered by Medicare, Medicaid and most private insurance. No patient is ever turned away from Capital Caring Health because they cannot pay. Our patient care fund provides more than \$3 million in care each year to those in need.

Advanced Illness (Palliative Care)

Capital Caring Health provides specialized medical care for anyone, of any age, living with a serious or progressive illness such as cancer, dementia, heart disease, stroke and other neurological conditions, even during curative therapy. At any point in their illness, we work to help relieve the symptoms, pain and stress of illness to improve the quality of life for both patient and family. Our patients have access to two special pain clinics using state-of-the-art diagnostic technology for precise, effective pain management. Our care team also coordinates with the patient's doctors and other providers, assuring patient needs and plan of care are known.

Primary Care at Home (PCH)

– Premiering in Chevy Chase, MD, Northwest DC, Falls Church and West Arlington, VA; additional neighborhoods will be added in 2020.

Our new program will deliver at-home primary and urgent care services plus social support for home-limited elders. Services are designed for those aged 65 and older with advanced illness, disability and mobility issues who face challenges getting to the doctor's office. Benefits of the program include: access to primary care; control of chronic conditions to decrease need for 911 calls and hospital stays; cost-effective with the right care at the right time through mobile technology and 24/7 support; and the ability to age in place with dignity and peace of mind for family and caregivers.

Children's Hospice & Palliative Care Services

We provide compassionate, specialized palliative and hospice care to children of all ages from infants to adolescents, usually at home. As one of the oldest and largest pediatric hospices in the country, our expertise is enhanced by partnering with Children's National Hospital – one of the country's leading pediatric hospitals – to conduct virtual consultations. Special grief support services for children dealing with the loss of a loved one—including counseling, a school-based program, day camp and pet therapy—are available to any child in our community, at no charge.



Grief Support and Bereavement Counseling

Because everyone grieves in their own way, Capital Caring Health offers a variety of options to help all ages, with different experiences. Whether an individual or entire family needs support, we have an approach to help them move through their unique grieving process. Our support includes: short-term individual and family counseling and phone support; pastoral counseling; pet therapy; and support groups/workshops for all ages that include music, art, nature walks, and more. Capital Caring Health provides grief counseling to anyone in the community who has suffered a loss or traumatic incident – they need not be a patient in our care.

Veteran's Health & Support Services

Our comprehensive program supports veterans facing advanced illness while navigating benefits and services already earned but not yet received. Veterans often deal with unique challenges of service-related illness and major barriers to care. Capital Caring Health is working directly with federal, state, and local-level veterans service agencies to help ensure that veterans in our care have access to the resources they need, earned and deserve.

Stay-at-Home Services

This new program supports our goals to be a one-stop shop for persons needing extra assistance due to age, illness or mobility issues. Our team consists of case management certified RN's, SW's and community health workers working closely with patients and community resources to address social determinants of health. A variety of social support services will help elders maintain independence and age in place, through the coordination of in-home personal care aides, nutritious meals, home safety repairs, transportation, and other daily supports.



Inpatient Care

While the majority of our care is provided at home, sometimes inpatient care is needed for symptom relief that requires more intense help, or as a brief respite for caregivers. Capital Caring Health has the greatest inpatient capacity of any other hospice in the region, with 57 beds within our four facilities. Additional Capital Caring Health beds are available at area hospitals throughout the region. A new inpatient facility will open at Sibley Hospital in Washington, D.C. in early 2020 in partnership with The Washington Home.

Patient Pet Services

The unconditional love of a pet can provide support when needed most. Capital Caring Health volunteers play an important role in helping patients with home pet care and volunteers help lead a program with specially trained dogs that help provide comfort to bereaved children who may be unable to express themselves as they cope with the loss of a loved one. This therapy is also available to adults who may have communication problems due to illness or disability. Our volunteers also assist with home pet care so patients may remain at home with loved ones, including pets.

