

## Neighborhood Availability

Primary Care at Home is initially offered in two areas:

- **Northwest DC/Chevy Chase, MD** in zip codes 20007, 20008, 20015, 20016, 20815, 20816
- **Falls Church/west Arlington, VA** in zip codes 22041, 22042, 22043, 22044, 22046, 22203, 22204, and 22205

For more details and to enroll in the program, please call:

- **202-844-4922** for Northwest DC/Chevy Chase, MD
- **703-333-6969** for Falls Church/west Arlington, VA

Additional neighborhoods will be added in the future.



Dr. Eric De Jonge  
Chief of Geriatric Services

Leading our world-class team is Dr. Eric De Jonge, Chief of Geriatrics for Capital Caring Health, who brings more than 20 years of experience as a Geriatrician and House Call physician. He attended Yale School of Medicine and

completed his internal medicine residency at Johns Hopkins Bayview Medical Center and Geriatrics fellowship at Johns Hopkins. In 2003, he was named *National House Call Physician of the Year* by the American Academy of Home Care Medicine.

3180 Fairview Park Drive  
Falls Church, VA 22042

[capitalcaring.org](http://capitalcaring.org)

 Capital Caring Health

 Capital Caring Health

## Primary Care at Home Delivers Medical Care & Social Services to Your Home

*Initially available in Northwest DC/Chevy Chase, MD  
and Falls Church/west Arlington, VA*



*Members of our PCH team.*

## Peace of Mind for Families and Patients

Capital Caring Health is proud to offer Primary Care at Home (PCH), for older adults (age 65 and over) who are home limited due to advanced illness or disability.

### Our Peace-of-Mind Promise:

- **Rapid Access:** same day urgent visits and 24/7 phone response within 20 minutes
- **Continuity of Care** from same expert medical and social worker team



Dr. Heidi Young of our PCH team.

## Our Four Key Services

- 1 Our expert medical and social work team coordinates all the services you need to age in place.
- 2 Our social workers counsel caregivers and coordinate support services to keep elders safe at home.
- 3 Our state-of-the-art mobile technology brings expert care to you.
- 4 We provide care planning such as family meetings and coordination of hospital care and specialists.

Whether “home” is a private residence, assisted living facility or retirement community, our Primary Care at Home team helps you live with dignity and independence.

*Capital Caring Health bills Medicare or other insurance for all covered services. The PCH team does provide extra services not covered by Medicare, including social work support, travel time, 24/7 on-call access, family time, and home vital sign devices. Such services incur a monthly fee.*