



HONORING THE HEROES AMONG US

A Year of Reflection, Response and Resilience.

 **Capital Caring Health®**

Advanced Home Care & Hospice for All Ages at All Times

2020–2021 Annual Report



Mission

Provide Patients and Their Families with Advanced Illness Care of the Highest Quality

Vision

Be the Best Provider of Advanced Illness Care and the Best Place to Work in Healthcare

Caring for One and All

Capital Caring Health does not exclude people or treat them differently for any reason, including but not limited to: sexual orientation, gender identity, gender expression, religion, diagnosis or medical condition, veteran status, ancestry, marital status, occupation, pregnancy, citizenship, political affiliation or source of payment.

Capital Caring Health respects the belief system of its patients and their families, and does not impose any belief system on its patients or their families.



A Letter from our President and CEO

Tom Koutsoumpas,
President and CEO, Capital Caring Health



TOM KOUTSOUMPAS, PRESIDENT AND CEO, CAPITAL CARING HEALTH, has long been recognized as one of the nation's leading experts and advocates in health care policy. He is also a recognized leader in issues related to Medicare, elder care, advanced illness and hospice care. He has been actively involved with Capital Caring Health for more than a decade, serving as a member of the Board of Directors and as Board Chair for five years, and ultimately taking the helm as President and CEO in 2018.

Dear Friends, Volunteers and Community Leaders,

2020 has given us many reasons to reflect on the unanticipated challenge of a once-in-a-lifetime pandemic like COVID-19—one that tested our resilience in protecting our medical staff, patients and families from exposure to the virus. But this crisis also presented an opportunity to forge new partnerships, expand care to more of the most vulnerable community members and elevate compassionate care at home as the best solution for those with an advanced or life-limiting illness.

While we mourned the loss of so many souls from this global pandemic, we continued each day to provide personalized care to over 3,000 patients and families facing healthcare issues well beyond COVID-19. To date, we have no documented cases of patient-to-staff or staff-to-patient transmission.

In spite of 2020's many safety restrictions and precautions, Capital Caring Health saw a 25% increase in hospice patients and provided charity care to more patients with financial need. Our state-of-the-art **Pediatric Program** cared for twice as many children, and over 6,000 families benefited from our **bereavement care**.

Our **Primary Care at Home** program, which began seeing patients in January 2020, expanded to provide patient care for residents in two major facilities—Goodwin House and Vinson Hall.

2020 was also marked by significant incidents of social injustice toward people of color, and Capital Caring Health launched the **Center for Equity, Inclusion and Belonging** to take our commitment to the next level. We believe targeting disparities in health has real-world impact—affecting if, when and how individuals access healthcare services. By establishing this Center, we strive to improve trust, understanding and hospice use among underrepresented groups—and enhance their quality of life near the end of life.

We also boosted our fight against heart disease, the top cause of death in America. Joining forces with the National Partnership for Healthcare and Hospice Innovation and the American Heart Association, we launched the **Advanced Cardiac Care** program to fight this “silent pandemic” in educating patients, families and healthcare providers of hospice's importance as an option for those with

end-stage cardiac disease. This national campaign also seeks to raise awareness of hospice care among underrepresented groups.

All in all, I'm extremely proud of our many 2020 accomplishments. I am particularly humbled by the response from countless community members and volunteers who donated their time to produce masks and other protective equipment and helped our staff stay connected to patients isolated from loved ones. To those whose financial contributions enabled us to provide grief counseling to anyone in the community, free meals to those struggling financially and critical technology for remote patient monitoring, I cannot thank you enough for your generosity.

We persevered during 2020 and emerged even stronger and more committed to reach more community members—especially in underserved areas—to open their minds to advanced illness and hospice care and experience all of the benefits of home care.

My heartfelt thanks,

Tom Koutsoumpas

Reflection

The beginning of a new decade is usually cause for anticipation—exploring the art of the possible and experiencing the feeling of a ‘fresh start.’ But instead, we were faced early in the year with one of the worst healthcare nightmares of the century: COVID-19.

9,270

HOSPICE
PATIENTS SERVED

4,500

PALLIATIVE CARE
PATIENTS SERVED

1,103

INPATIENT CARE
PATIENTS SERVED



New Safety Protocol



Nurses in PPE



Fit Testing PPE



Tom Koutsoumpas Interview

2020 Reflections

Capital Caring Health has a long history of facing the unknown head-on and serving as a national model for how advanced illness and hospice care are provided through a crisis. When the HIV/AIDS epidemic started in the 1980s, Capital Caring Health was providing the much-needed compassionate care to patients diagnosed with that new disease.

Now, the COVID-19 pandemic once again tested our ability to provide personalized care to patients and families facing end-of-life

issues, in addition to protecting them and our staff from exposure to the virus. Our clinical teams found new ways to decontaminate masks and other protective equipment and we reconfigured our inpatient units (IPUs) to provide additional space for COVID-19 patients.

Every IPU and home care team provided care to COVID-19 patients, while keeping staff and other patients and family members safe from exposure.

Uncompromised Quality Care

Throughout the year, we provided care to a record number of patients and families in the home, assisted living and extended care facilities and hospitals while adhering to the highest standards of personal protective equipment (PPE) and sterilization procedures to ensure safety of both our staff and those in our care.

“Capital Caring Health served as the ‘go-to’ source in helping to educate the community about COVID-19 safety precautions and caring for the elderly.”

Education and Awareness

Capital Caring Health served as the ‘go-to’ source in helping to educate the community about COVID-19 safety precautions and caring for the elderly. Dr. Eric De Jonge, Chief of Geriatrics, was interviewed several times by the top network stations in D.C. regarding the pandemic and participated on a panel regarding social injustice among people of color.



WJLA Interview with Dr. De Jonge

In addition to prime-time news stories, we produced informational videos for our website to address safety protocols and home care resources.

Response

The pandemic took center stage in March 2020 with many closures and cancellations across industries. Under a mandated quarantine, nursing home residents became the most vulnerable targets of COVID-19, raising awareness of vital home care for those with compromised health conditions.

Capital Caring Health once again assumed a pivotal role in educating our care teams about safety protocols and acquired PPE from multiple sources to ensure the safety of our staff, patients and families in our care.

Each of our inpatient units cared for COVID-19 patients and we provided critical support to Inova hospitals in handling the increased volume of patients during the May/June timeframe.

From employing state-of-the-art sterilization tools and technologies to providing rapid tests for staff and incoming patients, we stayed connected to our patients. We increased our virtual visits and other activities in response to the isolation and anxiety.



Delivering Flowers



Care Package Deliveries



Making Masks/Gowns



Sabre Volunteer Award

Volunteers in Action

Capital Caring Health volunteers found creative ways to stay connected with patients during the pandemic, such as facilitating Zoom calls with patients and their families; sending cards and letters to patients; coordinating virtual and outdoor musical performances; sewing and distributing masks, caps and gowns; sharing videos of prayers and poems; creating handmade care bracelets; delivering flowers and care packages; and hosting online tuck-in calls and Reiki therapy.

For this year's virtual Point of Hope Camp, our volunteers provided fleece blankets that were used by the camp attendees to create 'blanket forts' and to cherish as a keepsake of this special bereavement program for pediatric patients.

Capital Caring Health is proud to be the recipient of the 2020 Volunteer Program of the Year Award from Volunteer Fairfax.



Center for Equity, Inclusion and Belonging

In response to the national demonstrations on social and racial injustice, Capital Caring Health stood in solidarity with the Black community and other marginalized groups pledging to do our part to ensure we help to address health disparities as it relates to access to healthcare and workforce diversity by creating the Center for Equity, Inclusion and Diversity.

It can be a matter of life and death: underserved groups are more likely to be diagnosed at a later stage in a disease, to experience increased suffering and to have a poorer outcome than Whites. Recent COVID-19 statistics sharply illustrate these facts, with

much higher death rates and less access to care among African American and Hispanic communities.

Capital Caring Health is already recognized for our commitment to understanding and caring for our diverse patients. To date, we have earned accreditation by the National Institute for Jewish Hospice and designation by the National Alliance on Mental Illness (NAMI) as a StigmaFree organization. We are currently in the process of becoming credentialed for Cultural Competency training from SAGECare (Services and Advocacy for LGBTQ Elders).



Keith Everett



Altonia Garrett

Under the direction of Chief Officer for Performance, Compliance and Cultural Operations Keith Everett and Vice President of Public Affairs and Strategic Partnerships Altonia Garrett, the Center will continue to increase mindfulness and understanding of cultural and religious differences in end-of-life care and build trust through community outreach and heightened awareness of the benefits of hospice and palliative care.

Philanthropy



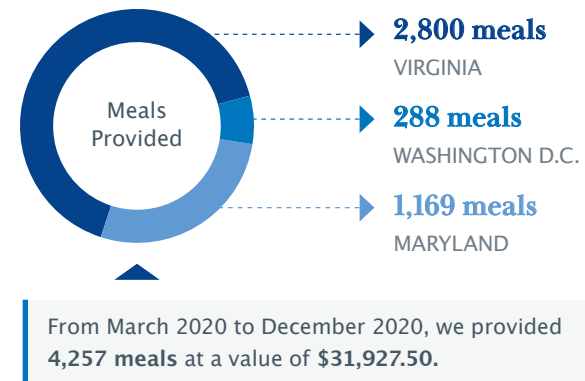
Even without a pandemic, any year is a challenge to reach community members in need of elder care, advanced illness or hospice, especially the most vulnerable—not to mention the need for grief counseling and support that is provided free of charge to anyone regardless of whether they or a family member are in our care. 2020 placed extraordinary burdens on patients and families imposed by the pandemic—isolating loved ones from their support systems, further eroding family budgets for food and other necessities and compromising visits to healthcare facilities for primary and urgent care for fear of exposure to COVID-19.

Thanks to the extreme acts of compassion and generosity from foundations, donors, friends and volunteers, we were able to fill some critical gaps by providing meals, transportation, home safety evaluations, care coordination and remote patient monitoring through our **“Capital Caring Stay at Home Safely Services.”** This new companion program to Capital Caring Health’s Primary Care at Home program helps patients and families much sooner in their journey through advanced illness. Case management certified nurses, social workers and community health workers coordinate care mostly virtually from our headquarters in Falls Church.

Mrs. L., a 74-year-old Asian American woman living in Fairfax county, was enrolled in our meals program while in our hospice care. Her husband, who was her primary caregiver, went from experiencing high anxiety around her diet and specialized meals, then with our meals program to a state of relief and calm, with one less worry as a caregiver. Shortly after Mrs. L. passed away, her husband shared that he felt that this program was a blessing and a help from God. Because he felt so supported while his wife was on the program, he wanted to donate to the program to ensure other families could benefit as he did.”

We Asked – You Responded

From gifts to support basic needs such as meals and transportation, to generous contributions in support of our COVID-19 Relief Fund, our Pediatrics program and the construction of our newest inpatient unit to provide care for Washington, D.C. and Montgomery County residents, your response was phenomenal. We can’t thank you enough.



The Washington Home Foundation

The Washington Home Charitable Foundation provided Capital Caring Health 3 grants totaling **\$177,127** to provide charity care in our Washington, D.C. inpatient units, ice cream treats for patients and families and assistance to caregivers.



Potomac Health Foundation

Potomac Health Foundation provided a grant of nearly **\$200,000** to develop the Stay At Home Safely initiative, addressing social determinants of health, in the Potomac Health Foundation’s footprint in Virginia.



*Additional grantors listed on Page 26

Truist Foundation

The Truist Foundation provided a **\$100,000** grant to Capital Caring Health to provide emergency assistance during COVID-19, meals for patients and families, telehealth connectivity services and Capital Caring Kids programs.



Arlington Community Foundation

The Arlington Community Foundation provided a grant of **\$30,000** in support of Capital Caring’s COVID-19 Relief Fund.



ACTS for Alexandria

ACTS for Alexandria provided 5 grants totaling **\$32,500** in support of Capital Caring’s COVID-19 Emergency Relief Fund, providing emergency meals support, outreach to the Hispanic community in Alexandria, telehealth connectivity and more.



Alexander and Margaret Stewart Trust

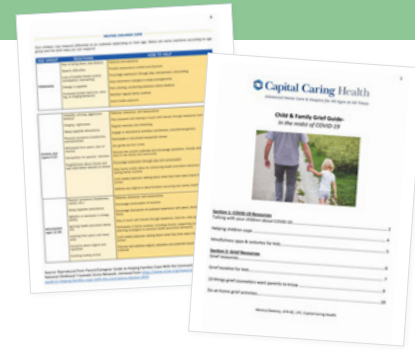
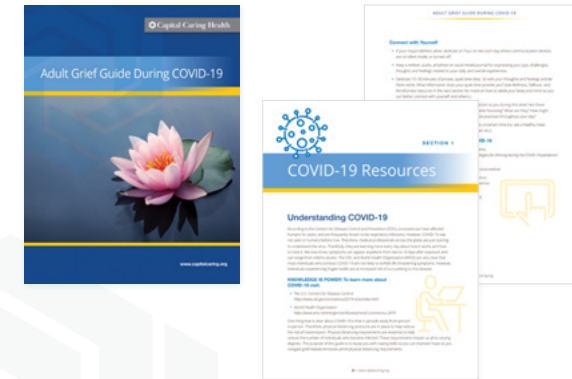
The Alexander and Margaret Stewart Trust provided Capital Caring Health 2 grants totaling **\$100,000** to support Capital Caring Kids as well as Capital Caring’s COVID-19 Relief Fund.



Grief Counseling and Bereavement

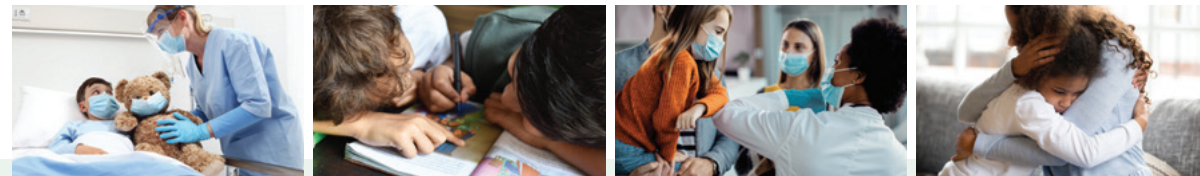
Just about everything has been more complicated during the pandemic and that includes the ability to grieve the loss of a loved one. Gone are the rituals that normally bring comfort, consolation and closure.

Capital Caring Health responded with tools and techniques to help families through mourning and the holidays. Our resources included an [Adult Grief Guide During COVID-19](#) offering practical advice that makes a difference. Available in both English and Spanish, the guide covers staying connected, managing anxiety, grief, sleep, wellness, self-care and more.



Recommended books and [10 Things Grief Counselors Want You to Know](#) are among the additional resources included.

Capital Caring Health also developed a [Child & Family Grief Guide in the Midst of COVID-19](#) as children are especially likely to need help managing anxiety due to their grief and dealing with the pandemic. The guide covers talking to kids about COVID-19, controlling anxiety with mindfulness apps and websites for children, plus at-home activities and books for children dealing with the loss of a loved one.



A special COVID-19 support group was established for anyone in the Washington Metro region who has lost someone—anywhere in the world—due to the coronavirus.

6,184

BEREAVED CHILDREN AND ADULTS
RECEIVED GRIEF SUPPORT FROM
CAPITAL CARING HEALTH IN 2020

Capital Caring Health responded with tools and techniques to help families through mourning and the holidays.”

Veterans Service and Support

For more than 40 years, the care, support and recognition of veterans have been part of Capital Caring Health’s mission. From help and assistance securing the benefits they have earned to matching patients with “battle buddies”—current and former members of the military who volunteer their time to support and encourage colleagues in our care—we’ve taken that pledge to heart.

Perhaps the most visible indication of that commitment lies in our comprehensive, branch-specific ceremonies to honor those who served.



Veteran with American Flag



Handmade Veterans Gifts



CAPITAL CARING HEALTH HOSTS DRIVE-BY BIRTHDAY CELEBRATION FOR 105-YEAR-OLD ARMY VETERAN ROBERT COX

Over 50 community members and friends came together to celebrate the birthday of one of our oldest patients – Army Veteran **Mr. Robert Cox**, who turned **105 years old** on June 4, 2020.

And while COVID-19 has definitely rained on our parade, it didn’t dampen our enthusiasm or our ability to maintain tradition.

When the pandemic first hit, we made a conscious decision to continue honoring the former military members in our care.

Beginning in June, recognition ceremonies went virtual, with pre-recorded anthems. Tribute speeches and flag foldings, formerly done in person, were also online, although patients still received their flags and other military-themed gifts.

To make up for the lack of human touch so essential to hospice and palliative care, a Capital Caring Health team headed by Director of Veterans Health and Support Services Program Lt. Col. David Benhoff (retired, USMC) and Veterans Services

Coordinator Katherine Knoble reached out via social media soliciting service-related goods and items that would be comforting to former military members nearing the end of life. From Colorado to California, New York to Alaska, gifts started pouring in.

Handmade lap-ropes embroidered with service insignia, knitted prayer shawls, crocheted tissue-box covers, coasters and more were shipped at the volunteer’s own expense to honor those who sacrificed so much.

Knoble estimates that she coordinated approximately 20 individual ceremonies each month, about the same as before the pandemic, throughout Capital Caring Health’s service area. Altogether, she has a cadre of about 100 military members who volunteer their time.

Resilience

The COVID-19 pandemic significantly raised awareness of the importance of home care – especially for the most vulnerable community members. As the world began to shut down and families were isolated from one another, home care became the only safety net for delivering critical care in a secure environment.

Following the strictest of protocols to protect our staff, patients and their families, we persevered to provide care to more patients of all ages in more settings than ever before – demonstrating our resilience – once again, as one of the leading providers of elder health, advanced illness and hospice care in the nation.

“As the world began to shut down and families were isolated from one another, home care became the only safety net for delivering critical care in a secure environment.”



Healthcare Heroes



Sharing the Caring



Dr. Byas-Smith with patient



Adler Center Staff in PPE

Inpatient Care Expands in Northwest D.C.

Capital Caring Health’s inpatient centers continued to welcome families and pets at patient bedsides during the pandemic – where hospitals were unable to do so. We upheld our ‘No One Dies Alone’ mantra under strict safety conditions so that families were never isolated from a loved one during their time of need.

Building on a most extraordinary gift of \$2M from charitable foundation The Washington Home, Capital Caring Health is expanding its inpatient care for persons with advanced and life-limiting illness with the construction of a new inpatient hospice care unit on the campus of Sibley Memorial Hospital.

The 10-bed private room facility, aptly named **The Washington Home Capital Caring Health Inpatient Center**, will provide much-needed comprehensive advanced illness care to residents of Washington, D.C. and Montgomery County, Maryland. This world-class facility will be our second healthcare resource in the District of Columbia to provide specialized care to patients facing their end of life journey. The new inpatient center is scheduled to open during the fourth quarter of 2021.

We upheld our ‘No One Dies Alone’ mantra under strict safety conditions so that families were never isolated from a loved one during their time of need.”



The Washington Home Capital Caring Health Inpatient Center



Dr. De Jonge Interview for PBS Special

Primary Care at Home Expands to Bring Home Care to Seniors

Launched in January 2020, Capital Caring Health’s **Primary Care at Home** program hired staff and enrolled nearly 200 patients. In addition to providing this specialized home care to the age 55+ community, we signed contracts with Vinson Hall and Goodwin House senior communities to serve as medical director and provide primary and urgent care to their residents.

Capital Caring Kids Pediatric Program



IN 2020, WE INCREASED THE NUMBER OF
PEDIATRIC HOSPICE PATIENTS SERVED BY
32% in 2020

Thanks to contributions from Easterns Automotive Group, we built the Bluebird Suite for art therapy at Capital Caring Health Headquarters for pediatric hospice patients and their siblings and bereaved children. The Bluebird Suite is facilitated by our two resident licensed art therapists.

Caring for Grieving Children's Hearts

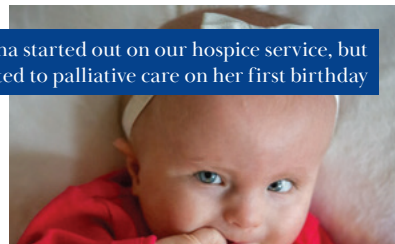
We provided pre-bereavement and post-death bereavement services through one-to-one counseling and grief support groups to over 150 children in 2020. We also hosted a virtual Point of Hope Camp and a Healing with Horses event.

Throughout 2020, our care teams worked extraordinary hours to provide advanced illness and hospice care to patients, responding to 'surge schedules' from area hospitals needing extra help caring for advanced illness patients with COVID-19. From early on, healthcare workers, along with our key service providers in the community, became 'heroes' for making an impact during the COVID-19 crisis.

Pediatric hospice care requires special skills and resources only available with the right training, tools and talent. In 2020, we signed a formal contract with Children's National Medical Center's Pediatric Palliative Care Team (PANDA), to provide pediatric provider support, education and complex care coordination, as well as End-of-Life Care (ELNEC), Pediatric Palliative and Hospice education to 60 staff members. This opportunity furthers our expertise as the leading provider of hospice care for children in the region.



Child grieves with support from a pony at the Healing with Horses event in December 2020



Tabitha started out on our hospice service, but graduated to palliative care on her first birthday



Children meet for one-to-one and group art therapy sessions in the Bluebird Suite

THE AVERAGE LENGTH OF STAY FOR A
PEDIATRIC PATIENT INCREASED FROM
**47 days in 2019 to
85 days in 2020**

Honoring the Heroes Among Us

The pandemic stopped us from gathering in a ballroom, but not from recognizing local heroes who made a difference in our community. **Honoring the Heroes Among Us** was the theme for the **2020 Passion for Caring Gala** that was held virtually on October 3, 2020. Capital Caring Health was proud to recognize three outstanding individuals nominated by the community as local health care, community and social justice heroes who made a significant impact during the COVID-19 crisis or through their fight for social justice.



Gala Chairs Dr. John Whyte and Alisa Valudes Whyte

Meet the Honorees



Peggy Leadbetter, RN, answered the call to nursing after becoming a Capital Caring Health Volunteer. Upon graduation from nursing school, she was hired by Inova Mt. Vernon Hospital. Then COVID-19 hit. Peggy was immersed in the crisis of a true pandemic. She experienced caring for the sickest of the sick and her training as a Hospice volunteer was put to practice. Peggy worked long hours but still made sure to call her Capital Caring Health patient each week, and when she couldn't get her patient on the phone, she sent cards and even made a beautiful care basket for her. Peggy always puts patients and families first.

Healthcare Hero Award



When **Frank Sherman**, CEO, Transportation Management Services, heard how difficult it was to acquire masks for healthcare workers, he was horrified. On his own, and to no one's knowledge, he used his own financial resources and international contacts to acquire thousands of face masks. He provided Capital Caring Health with 20,000 masks and he never billed Capital Caring Health. It was his way of making a difference.

Community Hero Award



Gloria Thomas Anderson, Ph.D., LMSW, an educator and national expert on advance care planning and end-of life care, developed *The African American Spiritual and Ethical Guide to Advanced Care Planning*. The guide is culturally sensitive to the needs of people who have faced a history of neglect, oppression and unjust treatment by the U.S. healthcare system. Dr. Anderson conducts programs across the country that changed the lives of thousands.

Social Justice Hero Award

Corporate and Individual Sponsors

\$25,000

amazon

MARCUS PARTNERS

\$20,000

TOYOTA | SHEEHY
It's Easy! STAFFORD

DR. JOHN WHYTE &
ALISA VALUDES WHYTE

\$15,000

Direct Cremation
Services of Virginia

TEGNA | WUSA9

\$10,000

CAMPION
ASSET MANAGEMENT | DELTA CARE Rx

MARY HAFT

\$5,000

Capital One

ANDREW DOLINSKY

EPSTEIN
BECKER
GREEN

QUAIL CREEK
PROMOTIONS

TOYOTA | SHEEHY
It's Easy! FREDERICKSBURG

SHERYL HINE

wla

Innovations in Advanced Cardiac Care



Because more Americans die from heart disease than any other condition, Capital Caring Health collaborated with the National Partnership for Healthcare and Hospice Innovation (NPHI) and the American Heart Association to launch the **Advanced Cardiac Care** program. The initiative helps hospice and advanced illness care providers to enlighten physicians and consumers as to the availability of primary medical and lifestyle care available at home, even for heart failure patients who are not terminal.

Rolling out in 2021, clinical protocols along with patient and family educational resources will be available for immediate use. These materials can help avert multiple hospital and emergency room visits that are a huge source of stress for the patient, their family and the medical facility currently dealing with COVID-19.

Advanced Pain Clinic

Capital Caring Health received a generous award from the Frederick D. and Karen G. Schaufeld Foundation to be designated for the Advanced Pain Clinic, now renamed the **Schaufeld Family Advanced Pain Clinic**. This generous investment into this state-of-the-art facility, led by Dr. Michael Byas-Smith, helps further the comprehensive interventional pain and palliative care for patients and expand consulting services with regional health systems. The Schaufeld Family Advanced Pain Clinic is located in Aldie, Loudoun County, Virginia, and is another significant investment for the benefit of the entire Northern Virginia community by Loudoun County's benevolent Schaufeld family.

Prior to joining Capital Caring Health, Dr. Byas-Smith spent 22 years at Emory University School of Medicine in Atlanta, Georgia, where he served as Professor of Anesthesiology and Pain Medicine, as well as the Director of the Winship Cancer Institute Cancer Pain Clinic.



National Recognition

The Future of Home Health –
A PBS Mini Documentary

Capital Caring Health was contacted in 2020 by The Public Broadcasting System (PBS) regarding an opportunity to educate millions of viewers about the future of home health care. As a leading provider of elder health, advanced illness and hospice care, producers of the program 'Viewpoint,' hosted by Dennis Quaid felt we had a compelling story to tell through a mini documentary. In early 2021, employing strict safety protocols, a crew from PBS spent a day at Capital Caring Health filming President and CEO Tom Koutsoumpas, Chief of Geriatrics Dr. Eric De Jonge, and Executive Director of Inpatient Units Dr. Lee-Anne West. The mini documentary about home health care will air nationally on PBS stations, and shorter segments will be seen on major networks like CNBC, Fox Business, Discovery Channel, CNN, History Channel, Learning Channel and Family Channel.

Thrift Store Rebound

Another unfortunate casualty of the pandemic was the temporary closing in mid-March 2020 of our Thrift Store, a place where community members donate items belonging to their departed loved ones and find a variety of clothing and household items at a bargain. We reopened on July 7, 2020, with the help from our dedicated volunteer corps. The silver lining for area 'pickers' who frequent the Thrift Store was an over-abundance of donations from community members, who used quarantine time to clean out their attics and closets and donated great items.



MICHAEL MURPHY has operated Capital Caring Health's Thrift Store for nearly 22 years.

“Our volunteers reflect Capital Caring Health's humanity and empathy. And both donating to and buying from us is a way to perpetuate caring for others in the future.”

WebMD Webcasts

Capital Caring Health is a proud founding member of NPHI, an organization of more than 75 mission-driven, non-profit hospice and palliative care organizations across the country. As a collective group of innovators in providing quality care throughout one's health care journey, we benefit from sharing best practices and resources to raise awareness of elder health, advanced illness and hospice care.

In 2020, Capital Caring Health collaborated with WebMD on several webcasts addressing such topics as Mental Health, Grief and Bereavement and Primary Care at Home.

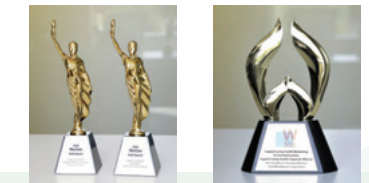


Award-Winning Team

Instrumental in getting the word out about the benefits of home care, our marketing, communications and public relations team was resilient in developing and implementing award-winning work that received national recognition in 2020. The team was recognized with several national awards including Best Healthcare Provider Website from the 2020 WebAward Competition.



We were also recognized with two Gold MarCom Awards for our 2020 **No Place Like Home** Campaign and our digital media.





The COVID-19 pandemic brought an indelible impact on our organization, our community, and our patients and families. When a family was in need of our services, we were there for them regardless of their ability to pay. We are incredibly grateful to you, our generous donors, who supported the work of our tireless and compassionate healthcare heroes every step of the way. It has truly been a year of reflection, response and resilience. We could not have made it through this challenging time without you—THANK YOU.

If we have inadvertently left off your name, please contact 703-538-2077 or email stewardship@capitalcaring.org.

2020 Donors

CIRCLE OF CARING Monthly Donors

Dr. Lynda G. Adamson
Mr. Michael Ray Anderson
Ms. Ana Arnez
Mr. and Mrs. Ruwan J. Arseculeratne
Ms. Susan Bast
Ms. Patricia M. Bazzel
Lt. Gen. Julius Becton, USA (Ret.)
Mr. Christopher Brauss
Mr. and Mrs. Dennis M. Brogan
Mr. Ray E. Broussard
John Barclay Burns, Ph.D.
Mr. and Mrs. Joseph J. Calabrese, III
Mrs. Linda O. Carducci

Mrs. Mary B. Cavanaugh
Ms. Janel Clement
Ms. Marie Collins
Ms. Deborah Corsi
Lt. Cmdr. John L. Crapo, USN (Ret.) and Mrs. Crapo
Ms. Linda R. Daley
Ms. Lori Daniels
Ms. Erika Davis
Mrs. Marianne A. DeHart
Mr. Gabriel Derosier
Ms. Sheila Dobiliauskas
Ms. Karen Dolliver
Mr. William Dozier
Mr. Lawrence Eldridge
Mr. Brian C. Ellis
Ms. Elisabeth Fopp
Ms. Stephanie Forbes

Ms. Doris Freedman
Mr. and Mrs. Jack Fretwell
Mrs. Cynthia P. Fretwell
Mr. John R. Frye and Ms. Cheryl P. Chew
Ms. Amy Dilworth Gabel
Mr. and Mrs. Eddie Gray
Ms. Therese Guerette
Ms. Joan B. Hensley
Ms. Marylou Hobbs
Ms. Tara O. Hoit
Mrs. Janet P. Hugger
Mr. Jared Benjamin Hughes
Mrs. Gwendolen Ingraham
Ms. Eva Jenkins
Ms. Doris Johnson
Mrs. Patricia A. Johnston
Ms. Beverly Kilmer

Colonel Barbara P. King
Ms. Karin Kirchoff
Ms. Mary M. Kobane
Mr. and Mrs. David A. Koplow
Mr. Bruce Kost
Ms. Susan K. Kral
Mr. Francisco A. Laguna
Mrs. Natalie Latter
Mr. Donald Lindquist
Lt. Col. Barbara Estock Mays
Ms. Catherine M. McCoy
Ms. Dawn M. McGruder
Mr. Seth Merritt
Mr. Dick Messersmith
Mr. and Mrs. Guy Philip Million
His Excellency and Mrs. Dean A. Mosher
Mrs. Gay Ojanpera
Ms. Patricia C. Pappas
Mr. and Mrs. David M. Payne, Sr.

Ms. Veronica A. Perez
Ms. Mia S. Perna
Dr. and Mrs. Robert C. Platenberg
Mrs. Maurin Poole
Ms. Faye A. Powell
Mrs. Hazel Rathbun
Mr. Robbin Roddewig
Ms. Jennifer Rojas
Mr. and Mrs. Roger P. Ross
Mrs. Maria Rushing
Ms. Leilani L. Sanders
Ms. Beverly Schlotterbeck
Mr. Charles P. Seltman and Mrs. Kathryn Seltman
Ms. Awilda Sepulveda
Ms. Sandra P. Shapiro
Mrs. Lillian H. Smith
Mrs. Jane M. Starkey
Mr. and Mrs. Robert S. Steven
Ms. Sharon Stiefel

Dr. Ronald D. Swenson
Ms. Margaret M. Tocci
Ms. Paula L. Todrin
Ms. Robin A. Tomlin
Mr. and Mrs. David Tordella
Colonel Graham D. Vernon
Mr. Greg Walker
Ms. Lauralie M. Wallace
Mr. Frank L. Walski and Mrs. Deborah A. Hull-Walski
Lt. Col. James G. Wilson, USA (Ret.) and Mrs. Pham Liem
Mr. Robert E. Wilson
Mrs. Sheryl D. Yates

BEQUESTS* In Loving Memory of/Deceased

Estate and Trust of Warren R. Ballenger
Karney Brasfield Trust
Virginia H. Brown Charitable Remainder Unitrust
Estate of Thomas J. Dever
Estate of Katherine A. Dey
Estate of J. Elizabeth Dove
Estate of Stanley Dreyer
Estate of Michael J. Dwyer
Albert E. & Myrtle M. Hardesty Trust
John O. Hemard Charitable Remainder Unitrust
Estate of Alice L. Henry
Estate of Charles M. Hicks
Russell A. Hitt Revocable Trust
Estate of Alma Kasulaitis

Felicia K. Klatt Trust
Estate of Sandra E. Lamb
Peggy B. Lebaron Unitrust
Estate of Ralph E. McLain
Estate of Gladys M. Mott
Estate of Wayne L. O'Hern, Jr.
Trust of Donald O. Opstad
Harry McCulloch Pike CRUT
Estate of Stanley W. and Elizabeth H. Plate
Estate of William C. Ragland
Estate of Gail Vivadelli Rudolph
Sauer Family Trust
Joseph A. Schiffrin Trust
Nancy C. Schiffrin Trust
Doris L. Schmitt Trust
Estate of Wayne Shelton
Estate of Frank C. Steinke
Estate of Elizabeth L. Whitely
Estate of Walter A. Wood

**In Memory of/Deceased*

2020 DONATIONS *(Continued)*

HERITAGE SOCIETY

Individuals who have told us that Capital Caring Health is included in their will or estate plans or in another type of planned gift.

On behalf of the future patients and families whose lives they will touch, we thank them for their thoughtful generosity.

Anonymous
Mrs. Mary M. Adams
Mr. and Mrs. Len Adler
Ms. Meryl N. Adler-Waak
Mr. Howard Armfield
Ms. Elfreda M. Baptist
Mrs. Charlotte S. Beasley
Mr. and Mrs. Bruce L. Berlage, Sr.
Ms. Judith E. Brocksmith
Ms. Celeste Brodigan
Ms. Florence Broussard
Mrs. Virginia H. Brown
Ms. Christine Buckley-Currie
John Barclay Burns, Ph.D.
Ms. Constance S. Cahill
Mrs. Patricia R. Campbell
Mrs. Jo Anne Campbell*
Ms. Elizabeth K. Cassidy
Ms. Teresa R. Cavalier
Mr. Boris E. Cherney
Ms. Ann C. Cole
Darleen and Allan Cors
Ms. Johanna M. Cox
Mrs. Madeline G. Crytzer
Mrs. Yoshiko Dart
Mr. Gerard R. Dault
Ms. Margaret S. Dozier
Mrs. Sharron Dreyer
Mr. and Mrs. David E. Feldman
Ms. Linda Fields
Mrs. Patricia Freisen
Mr. and Mrs. Paul S. Frommer
Mrs. Helen E. Garden
Mrs. Dorothy Garrett
Mr. Howard Garrett*

Mrs. Nancy J. Gormley
Mr. Marshall H. Groom, Sr.
Mrs. Beate J. Guffee
Mr. Charles M. Hicks
Mr. and Mrs. Wayne K. Hill, Jr.
Mrs. Doris H. Hinsey
Ms. Jeanne-Paule Hitlan
Mr. Russell Hitt*
Mrs. Frances M. Holland
Mrs. Kathryn Janson*
Ms. Patricia G. Kenworthy
Ms. Hallie M. Kugler
Ms. Rebecca J. Lipp
Ms. Vivian R. Lynn
Mr. and Mrs. Donald K. MacIntyre
Mrs. Jayne Manger
Ms. Elaine Marcuse
Ms. Virginia A. McArthur
Mrs. Elizabeth H. McKenna
Mr. Duane McKenna*
Mrs. Madeline M. McManaway
Mr. Michael McNease
Ms. Mary J. Mellon

Mrs. Carol O. Minkin
Mrs. Patricia Moore
Mr. Alexander T. Morrow
Mrs. Marion A. Moshos
Mrs. Jane Nicholl
Mr. and Mrs. Erroll V. Nicoll
Mr. and Mrs. Daniel A. Nolan
Mr. Richard C. Ordeman
Ms. Julie Michelle Palais
Mr. Martin Pearl
Ms. Barbara Perry
Mr. and Mrs. Scott C. Plein
Ms. Judith A. Regner
Mrs. Hyman G. Rickover
Ms. Harriette C. Rinaldi
Mrs. Ingrid R. Rose
Mr. Franklin R. Scherf
Capt. Jane E. Sharp, USNR (Ret.)
Mrs. Wendy A. Shelley
Mr. and Mrs. Russell E. Simonaro
Ms. Kyle E. Skopic
Mr. Anthony R. Spadaro

Mr. George F. Steeg
Ms. Krista J. Stewart
Mr. LeRoy Stewart
Mr. Steven L. Titlebaum
Ms. Martha L. Trunk
Mr. and Mrs. Gordon A. Tubbs
Ms. Loretta Tulloch
Ms. Kathy R. Van Kleeck
Mr. Gary E. Waitschies
Mrs. Dorothy M. Washko
Ms. Carol J. Weber
Ms. Marjorie E. White
Mrs. June Williams*
Mrs. Janet Wood Iagnemmo
Mr. James K. Wright, Jr.
Mrs. Jeanette L. Wurster
Mrs. Sheryl D. Yates
Ms. Patricia A. Young
Dr. and Mrs. George R. Zug

CHAMPIONS

\$50,000 or more

Anonymous
The Adler Foundation, Inc.
Mr. Daniel S. Adler
Shawn and Cynthia Adler
Baltimore Community Foundation
Clark-Winchcole Foundation
Google
Estate of Alice L. Henry*
Russell A. Hitt Revocable Trust
Estate of Gladys M. Mott*
Fairfax County Department Procurement & Material Management
Mr. Ron Lee Kovach
NBC Universal
Neal C. Nichols Foundation, Inc.
Potomac Health Foundation
Alexander and Margaret Stewart Trust
Truist Foundation

The Washington Home WebMD
WUSA-9

ADVOCATES

\$25,000 - \$49,000

Anonymous
ACT for Alexandria
Amazon, Inc.
I. J. and Hilda M. Breeden Foundation
The Community Foundation for Northern Virginia/Delman Family Charitable Fund
Mr. Lawrence R. Fouchs
Loudoun County Government
Anne and Paul Marcus Family Foundation
Randolph D. Rouse Foundation, Inc.
Sauer Family Trust
Washington Forrest Foundation

LEADERS

\$10,000 - \$24,999

Anonymous
Arlington Community Foundation
Arlington County Agency on Aging
Campion Asset Management, LLC
Capital One
Joe Cereghino
Champion Title & Settlements, Inc.
Community Foundation for Northern Virginia, Inc.
Congressional Federal Credit Union
Delta Care Rx
Direct Cremation Services of Virginia
EagleForce Warrior Foundation
Easterns Automotive Group
Epstein Becker & Green, P.C.
The Robert Haft & Mary Haft Foundation

Hamilton Insurance Agency
J.O.Y Charitable Fund
Ms. Joan E. Kasprowicz
Estate of Sandra E. Lamb*
Mr. Robert D. Mansfield, Jr.
Ms. Maia McFadden
Robert and Nancy McIntosh Charitable Fund
Estate of Ralph E. McLain*
McLean Community Foundation, Inc.
Mead Family Foundation
The Rice Family Foundation
Robert Trent Jones Charitable Foundation
Rydell Mortenson Charitable Foundation
Mr. Akram Saigh
Frederick D. and Karen G. Schaufeld Foundation
Sheehy Toyota of Stafford
Alfred T. Souder Donor Advised Fund
TEGNA Foundation
TEGNA, Inc./WUSA9

The Vincent D. Travaglini Revocable Trust
Ada L. & Albert M. Wibel Foundation
Dr. and Mrs. John J. Whyte
Mr. and Mrs. Alan Zuccari

PARTNERS

\$5,000 - \$9,999

Anonymous
Apple Federal Credit Union
Clifford E. Barnes, Esq.
Mr. and Mrs. Dennis P. Bedell
Walter A. Bloedorn Foundation
Community Foundation of the Rappahannock River Region, Inc.
Crovato Products and Services LLC
Mr. Andrew Dolinsky
Betty Evans Charitable Foundation
Mr. and Mrs. David E. Feldman, Esq.

2020 DONATIONS *(Continued)*

Fellows Foundation
Maj. Gen. James E. Freeze,
USA (Ret.)
Ms. Virginia Geoffrey and Mr.
John P. Andelin, Jr.
Mr. David M. Graves
Ms. Judy C. Holoviak
Mr. and Mrs. David D. Kassir
The Mars Foundation
The Miller & Chevalier
Charitable Foundation
Mr. Michael A. Normoyle
Mr. and Mrs. Bill Novelli
Quail Creek Promotions
Estate of William C. Ragland*
Mrs. Wanda J. Reif
Sheehy Toyota of
Fredericksburg
Mr. and Mrs. Ronald W. Steele
TC West Inc.
Estate of Helen Lee Tyrrel*
United Way of the National
Capital Area
Van Metre Family
Foundation, Inc.

Wollenberg Foundation
Worth Linen Associates
Mrs. Terry T. Young
ASSOCIATES
\$2,500 - \$4,999
Anonymous
Adams Charitable Foundation
Mrs. Mary M. Adams
America Academy of Home
Care Medicine
Anonymous Fund of The
Community Foundation
of Harrisonburg and
Rockingham County
Mr. S. Decker Anstrom and
Ms. Sherron L. Anstrom
Mrs. Darlene S. Baker
Mr. and Mrs. Andrew K. Brown
Mr. Kenneth Edgar Brown
Ms. Kathleen B. Burke
Mr. Stephen A. Cone
The Grace Curtis and Priscilla
O'Hara Foundation

Ms. Leslie Dunlap
Ms. Nancy J. Fouchs
Mr. William H. Gordon
Guernsey, Inc.
Albert E. & Myrtle M.
Hardesty Trust
Holiday Inn Arlington at
Ballston
IntelliWare Systems, Inc.
Ms. Carrie Jenkins
Mr. and Mrs. Joseph A. Keyes, Jr.
The Kohlhaas Family Trust
Kohlhaas–Mason Annual
Golf Tournament
Mrs. Carol Kulish
Mr. Mark Kulish
Mrs. Joan S. Leonard
Mr. and Mrs. John F. Long
Mrs. Emmerika D. McArver
Mr. and Mrs. William R.
McConnell
Mr. and Mrs. William J.
McGregor
Mrs. Sarah C. McLaughlin

Moran Family Charitable
Fund
Northern Virginia Electric
Cooperative
The Ottilie Fund
Mr. Kevin L. Polchow
Mr. Lutz A. Prager
Mr. and Mrs. Michael
A. Preston
Mrs. Kathryn S. Rooney
Roy Rogers Gang
Dr. and Mrs. George J. Seiler
Dr. Pamela Simpkins
Mr. and Mrs. William Overton
Payne Snead, III
Tail Up Goat Restaurant
United Bank
Vanguard Charitable
Endowment Program
Virginia Top Team
Mr. Larry W. Walker
Mr. and Mrs. John F. Welch
Mr. and Mrs. Frederick B. Wirth
Ms. Patricia A. Young

FRIENDS

\$1,000 - \$2,499

Anonymous
Ms. Beverly R. Allen
The American Gift Fund
Mr. and Mrs. John Weir
Anderson
Arlington Presbyterian
Church of the Covenant Inc.
Ms. Greta Arnold
Mr. and Mrs. Ruwan J.
Arseculeratne
Auspicious Cloud Buddhist
Meditation Association
Dr. William D. Barnard
Mr. P. William Barnhart, Jr.
Dr. Mary B. Barton
Mr. and Mrs. Lee Becker
Lt. Gen. Julius Becton, USA (Ret.)
Mr. D. Park Bedford
Robert and Ruth Benker
Mr. and Mrs. Jay Bokulic
Mr. Gordon W. Bradford

*In Memory of/Deceased

Mrs. Dale N. Bradley
Ms. Laura Branker
Mr. Paul Branum
Mr. John H. Broadbent, III
Ms. Judith E. Brocksmith
Ms. Celeste Brodigan
Mr. and Mrs. Robert L. Brown
Mr. Ted Buckley
Ms. Christine Buckley–Currie
Captain C. Joseph Bustamante
and Mrs. Bustamante
The Honorable Patrick Butler
and Mrs. Butler
Mr. and Mrs. Paul V. Byrne
Mr. Christopher Caldwell
Ms. Andrea Carhuancho
The Carney Foundation
Lt. Col. James N. Carpenter
and Mrs. Carpenter
Roy and Elizabeth Carter
Ms. Sharon Collins Casey
Mrs. Carol A. Cassidy–Walker
Ms. Katrina D. Cherry
Mr. and Mrs. Gregory J.
Christman

Mr. and Mrs. David Clark
Ms. Mary Louise Clifford
Mr. Bob M. Coffelt
Ms. Ann C. Cole
Commonwealth Charitable
Fund
Mr. and Mrs. Michael P.
Conforti
Mr. John S. Cooke
Ms. Deborah Corsi
Ms. Carolyn F. Corwin
Mr. and Mrs. Dan D'Agostino, Jr.
Mrs. Judith Daniel
Dr. Peter A. Danton
Mr. Robert Darling
D.C. Young Republicans
Eric De Jonge, M.D.
Ms. Wendy Dean
Ms. Barbara A. Duckworth
Ms. Tracy Durkin
Ms. Janet Claire Dwire
Edwaldan Foundation
Mrs. Peggy Edwards
Evangelical Lutheran Church
of the Redeemer

Mr. and Mrs. David L. Evans
Dr. Richard L. Faircloth
Ms. Patricia Fairfield
The Fenwick Foundation
Mr. and Mrs. David B. Filippi
Finzen–Clark Family
Foundation
Mr. J. Roger Fleming
Ms. Elisabeth Fopp
Mr. Edward Fredericks
Mr. John R. Frye and Ms.
Cheryll P. Chew
Dr. Ray J. Garcia, Jr.
Ms. Courtney Gaskins
Mr. John M. Gatt, Sr.
Mr. and Mrs. John M. Gilligan
Ms. Mary C. Ginn
Ms. Elizabeth Q. Glennon
Mrs. Julia C. Gluck
Mr. Donald B. Gochnauer
Ms. Jacqueline V. Golden
Ms. Christine E. Fisher and
Mr. Oscar A. Goldfarb
Mrs. Antonia G. Gordon
Mrs. Gretchen Gorog

Mr. and Mrs. James L. Gray
Ms. Mary–Alice Gray
Ms. Therese Guerette
Mrs. Beate J. Guffee
Mrs. Martha Caldwell Harris
Ms. Bonita J. Hartbarger
Colonel Boyette S. Hasty
Alan B. Hausman, Esq.
Mr. James W. Heegeman
Mrs. Michelle Marsh Higgins
Mr. Henry P. Hoffman
Mr. Louis M. Hofheimer
Ms. Sarah Holt
Honda Motor's
Hospice Foundation
of America
Ms. Deana Hottenstein
Ms. Joan Hradecky
Ms. Vivian Hsia–Davis
Mr. and Mrs. Duane F.
Hufford
Mr. and Mrs. Fredrick G.
Hutchison, Jr.
Mrs. Deborah W. Irland–
Crawford

Mr. Philip M. John
Mr. Wilburn E. Jones
Mr. and Mrs. Thomas E.
Jordan
Mr. Ralph P. Kennedy
Dr. Matthew Kestenbaum
and Dr. Kathleen Fink
Kestenbaum
Kiwanis Foundation of
Arlington, Inc.
Mrs. Mead A. Krim
Mr. and Mrs. Richard E.
Larochelle
Mr. and Mrs. William R.
LaVere
Mr. Eric Lazerson
Dr. and Mrs. David E.
Longnecker
Ms. Ali Marashi
Mr. and Mrs. John C. Martin
Ms. Leslie Mason and
Mr. Jeff Cosby
Mrs. Barbara Mathews
Mrs. Carolyn Z. McFarlane
Mr. and Mrs. Bill J.
McMenamin

*In Memory of/Deceased

2020 DONATIONS *(Continued)*

Mr. Dan C. Meisinger	Mrs. Laura S. Pettitt	Mr. and Mrs. Roger P. Ross	Mr. Joshua Tenuta	Mr. and Mrs. Thomas H. White
Dr. Robin B. Merlino	Ms. Dahuong Phan	Mr. Richard H. Rouck	Mr. William R. Tinder	Ms. Anna B. Williams
Mr. Brian Millard	PhiPhi's Crop	Dr. and Mrs. Richard E. Rubenstein	Ms. Robin A. Tomlin	Mr. Thomas Williams
Ms. Minetta Minor	Mr. Lawrence Poh	Mr. Alan A. Rubin	Mr. Donald Twombly	Dr. Henry S. Willner
Mr. J. Scott Monier and Ms. Jerrilynn Pudschun	Mr. and Mrs. Larry A. Porch	Mr. Robert Ruth	Ms. Diane Van Demark	Ms. Nancy L. Wilson
Mrs. Patricia Moore	Ms. Lee Porter	Mr. and Mrs. Thomas S. Scarano	Mrs. Roberta K. Van Haeften	Mrs. Anne S. Wohlford
Mr. and Mrs. Paul A. Morlacci	Mrs. Susan L. Porter	Mr. and Mrs. Thomas H. Porter	Mr. Karl S. Veit	Ms. Nancy A. Woolever
Dr. J. Cameron Muir	Mr. and Mrs. Thomas H. Porter	Neil Schluszel Family Foundation	Mr. Anthony E. Vellek	WTOP Radio
Mrs. Sandra Mulford	Mr. Jose Power–Santaella	Mr. and Mrs. David A. Schwind	Ms. Debra D. Vest	Henry and Roberta Wulf
Tom and Marty Murdock	Mr. and Mrs. William J. Redlin	Maj. Gen. DeWitt R. Searles	Vietnam Veterans of America, Inc.	Ms. Kathryn Ann Yeager
Mr. Terence S. Murphy	Renaissance Charitable Foundation	Mrs. Callie E. Shosho	Mr. James Vorndran	<div>NEIGHBORS</div> <div>\$500 - \$999</div>
Mr. Arnold Nachmanoff	Mr. and Mrs. F. Kevin Reynolds	Mr. and Mrs. Mark S. Silverwood	Mr. and Mrs. Frederick C. Wagner, Jr.	
Mr. and Mrs. Paul C. Nassetta	Mr. Jay Ribler	Mr. Storrow Sommer	Mr. Frank L. Walski and Mrs. Deborah A. Hull–Walski	
Network For Good	Mr. James J. Richardson	Mrs. Eleanor Spector	Mrs. Ronni Ward	
Mr. Michael Niebling	Mr. Carl Rickertsen	Mr. Maynard Spedden	Ms. Joy M. Warfield	Anonymous
Ms. Diane M. Norton	Mr. Sam H. Roberson	St. John's Lutheran Church	Mr. and Mrs. Toby Waterbury	3M Foundation
Ms. Alta M. Oben	Mr. Todd C. Roberts	Ms. Lori J. Steinberg	The Wawa Foundation	Mr. and Mrs. Kenneth L. Adams
Mr. and Mrs. John O'Donnell	Mr. James J. Robertson	Ms. Susan M. Stuntz	Ms. Jade C. West and Mr. Raymond J. Lajeunesse, Jr.	Mrs. Katharine G. Alleman
Maurice and Mary Owens	Ms. Virginia Robinson	Mr. William L. Sturdevant, III	Ms. Marjorie K. White	Mrs. Sue Ann Anderson
Mr. Patrick W. Pearsall and Mr. Mitchell P. Reich	Ms. Glenda Rogers	Mr. Mark Suzanne	Mr. and Mrs. Richard L. White	Mr. and Mrs. Robert A. Andrae
Mr. Herman L. Penner	Mr. Richard L. Rosen			Ms. Ann B. Antonelli and Ms. Lisa A. Antonelli
Mr. Joseph Pensinger				

**In Memory of/Deceased*

Mr. James Ashurst	Mr. Christopher Brauss	Mrs. Mary S. Carter	Ms. Janice A. Cross	Ms. Cecilia M. Fiske
Levon Avdoyan, Ph.D.	Dr. Vicki A. Breman and Dr. Joel A. Breman	Mr. Richard A. Carter and Ms. Linh Sao Trang	Ms. Alicia J. Daly	Ms. Maureen Flanagan
Ms. Cheryl Avila	Mrs. Nancy Bright	Mr. and Mrs. William Carter, Jr.	Donald W. Datlow, M.D.	Ms. Marianne Floyd
Ms. Meredith Bailey	Christopher C. Broder, Ph.D.	Ms. Lauren Muser Cates	Mr. and Mrs. Chester E. Davis	Ms. Stephanie Forbes
Mrs. Regina Fowler Bain	Mr. Michael J. Brodie	Centennial Braodcasting II, LLC	Ms. Bernice Dinion	Ms. Theresa Forster
Mr. and Mrs. Thomas B. Bain	Mr. and Mrs. Dennis M. Brogan	Mr. and Mrs. John M. Cibinic	Mr. William Peyton Dobbins, III	Rev. Helen M. Franssell
Mrs. Lynn S. Baird	Mr. and Mrs. Blair D. Brown	Mr. and Mrs. Matthew J. Clark	Ms. Janet W. Duke	Funeral Choices of Chantilly
Mr. and Mrs. Robert M. Barlow	Mr. and Mrs. David B. Browning	Mr. and Mrs. Floyd F. Cline	Mr. and Mrs. John C. Dulan	Mr. Charles R. Gallaway
Ms. Marguerite Barratt	Mr. and Mrs. Robert Burmeister	Elizabeth L. Cobbs, M.D. and Philip D. Green, Esq.	Fran H. DuRocher, MD and Siggi Moser, RN	Mr. Richard J. Galus
Mr. James C. Beachell	Mr. Robert T. S. Colby	Mr. Robert T. S. Colby	Ms. Karen DuVal	Ms. Donna M. Gatewood
Ms. Susan Bellas	Mrs. Janet Lou Burns	Ms. Ivanna Cole	Eastminster Presbyterian Church	Ms. Vanessa Gelman
Mrs. Margaret H. J. Bender	John Barclay Burns, Ph.D.	Ms. Cara Coleman	Mr. Robert Edmunds	Mr. Michael Gentile Jr.
Benedictine Sisters of Virginia	Mr. and Mrs. John A. Bushnell	Company Flowers	Mr. David N. Elan	Ms. Mary A. Giarda
Dr. Richard L. Bennett, Jr.	Ms. Brenda Butler	Mrs. Patricia Connarn	Mr. Brian C. Ellis	Mr. and Mrs. Stephen P. Gibson
Mr. Thomas Berg	Mr. and Mrs. Ralph N. Cagle, Jr.	Mr. and Mrs. Brian T. Conniff	The Foundation For Enhancing Communities	Mr. and Mrs. Rajon T. Gilmore
Mr. David C. Berry	Mr. and Mrs. Joseph J. Calabrese, III	Mr. John B. Connor and Ms. Anne Richard	Ms. Mary E. Esslinger	Ms. Elizabeth N. Giuliani
Ms. Ann Birchler	Mr. and Mrs. Earl A. Callender	Mr. and Mrs. Ray Converse	Ms. Lynne Fairfax	Dr. and Mrs. Alan Goldblatt
Mr. and Mrs. Jerry Birchmore	Mr. and Mrs. Scott D. Cannon	Mr. and Mrs. David Cousineau	Falcons Landing Chapel Fund	Mr. Michael Goldenberg
Booz Allen Hamilton	Mr. Eric J. Carpenter	Mr. Matthew Cousineau	Mr. Gordon Feibish	Mr. Frances Gonzalez–Scarano
Mr. James W. Borches	Mr. Jeffrey C. Carter	Lt. Cmdr. John L. Crapo, USN (Ret.) and Mrs. Crapo	Ms. Vera L. Finberg	Mr. and Mrs. Keith Good
Ms. Susan E. Boris	Ms. Mary Anne Carter			Mr. Michael A. Gordon
Mr. and Mrs. Gary Bowman				Gunston Baptist Church
Mr. Everett Boyd				Ms. Pamela Gwinn

**In Memory of/Deceased*

2020 DONATIONS *(Continued)*

Mrs. Emma C. Haley
Mrs. Joyce L. Hanson
Mr. and Mrs. Alden S. Hart, Jr.
Ms. Jean L. Hartung
Ms. Cheryl Hawkins
Mr. and Mrs. John T. Hazel, Jr.
Mrs. Linda Hitchcock
Mr. and Mrs. Stephen Hodson
Ms. Lee McGraw Hoffman
Mr. Emmett L. Holman
Mr. Sheldon K. Hooper
Mr. and Mrs. Douglas E. Hough
Mr. and Mrs. Arthur L. Howard
Mrs. Jean S. Hurley
Innovative Management Concepts
Ms. C. Carter Iseman
Mrs. Sutai Jiang
Mr. Wayne G. Johns
Mr. and Mrs. Tom Johnson
Mr. Albert G. Jordon
Ms. Christine Ju

Mr. Jim Keller
Mr. and Mrs. Richard J. Kelly
Mr. John J. Kenny
Mr. Joseph P. Kerr
Ms. Ingrid Keune
Kind Snacks
Mr. and Mrs. Robert N. Knetl
Mr. and Mrs. Lester B. Knutsen
Mr. and Mrs. Kris J. Kolesnik
Mr. Dean Krestos
Ms. Hallie M. Kugler
Mr. Frank LaMonica
Mrs. Diane S. Large
Mrs. Jean W. Leach
Mr. Michael Lee
Let's Breathe
Mr. S. Mark Lindsey
Mr. David G. Liss
Ms. Angela M. Lo Re
Mr. Peter Lo
Ms. Valorie Lovelace
Mrs. Mary W. Lucius
Ms. An Ly
Mrs. Lucinda J. Lynard

Ms. Mary M. Mahon
Mr. Dennis Maloney
Ms. Kristine S. Maney
Mrs. Irene J. Manning
Ms. Mira Marshall
Mrs. Maryanne Martonik
Matt Dillon Memorial Golf Tournament Inc.
Mr. and Mrs. James A. McAskill
Ms. Lisa M. McBride
Ms. Donna S. McConchie
Ms. Dawn M. McGruder
Mr. and Mrs. David J. McMunn, Jr.
Mrs. Marjorie E. McNare
Dr. Hemendra J. Mehta
Mr. Douglas Scott Merrell
Mr. Kyle Millage
Ms. Eileen C. Miller
Mr. and Mrs. Kevin W. Miller
Mrs. Mary Montesano
Mrs. Katharine B. Morgan
Mr. and Mrs. Adrian Morris

Mr. Alexander T. Morrow
Ms. Diane Murray
Novartis US Foundation
Matching Gift
Mrs. Maria Eugenia O'Brien
Ms. Sandra J. Olson
Ms. Ann E. O'Neil
Mr. Thomas A. Owens
Mr. George P. Pakidis*
The Pampered Chef
Mrs. Thomas J. Patton
Ms. Barbara Perry
Rev. Dr. Tyrone Pitts
Ms. Ruby Poiriel
Ms. Margaret Pollack
Ambassador Phyllis M. Powers
Mr. and Mrs. John C. Rahming
Ms. Diana L. Reilly
Resurrection Evangelical Lutheran Church
The Rendon Group, Inc.
Mrs. Carolyn A. Rieth
Mr. and Mrs. Daniel J. Riordan

Mr. Robert A. Rodriguez
Ms. Sharon E. Rosendhal
Ms. Simone E. Ross
Ms. Jeanine Roth
Mr. Deepak Sachdeva
Mr. John A. Sargent
Mr. and Mrs. Peter A. Scala
Mrs. Andrea Scamardo
Mrs. Irmgard B. Scherer
Mr. Zachary Schuler
Mr. David W. Schuster
Dr. Margaret A. Scott-Graves
Ms. Lee Alice Kimball and Mr. Richard T. Scully
Ms. Cindy See
Joseph A. Sestak, Jr. Fund of the Philadelphia Foundation
Mr. Kieran Shah, CHPCA
Mr. and Mrs. Richard S. W. Shepard
Mr. and Mrs. Calvert Simmons
The Ed and Andy Smith Fund
Mrs. Mary Elen T. Smith

Mr. Stephen M. Smith
Mr. Dane Snowden
Mrs. Susan C. Soderberg
Mr. and Mrs. Charles D. Sorenson, II
Staples
Ms. Ann Stetekluh
Mr. Donald W. Stover
Mr. and Mrs. Donald J. Street
Ms. Lynne J. Strobel, Esq.
Mrs. Mary Sullivan
Mr. Thomas R. Suydam
Ms. Sudharani Talakanti
Mr. and Mrs. David A. Thibodeau
Ms. Susan J. Thompson
Mrs. Amy A. Titus
Mr. Ronald L. Torezan
Mrs. Mary Ellen Turner
Ms. Diane L. Ty and Mr. Daniel J. Connors, Jr.
United Way Worldwide
Urban Peace Fund
Mr. Leigh Valudes

John C. Vance, M.D.
Ms. Francine Vannicola
Mr. James J. Vecchiarelli
Ms. Lua Vu
Mr. Toan Vu
Ms. Patricia M. Wagner
Waldinger Creative
Mr. and Mrs. Charles P. Wales
Walker Chapel United Methodist Church
Mr. Greg Walker
Walmart Foundation
Mr. and Mrs. Leonard L. Walmsley
Ms. Susan L. Walton
Mr. and Mrs. Edward F. Ward, Jr.
Mr. Robert G. Watkins, Jr.
Ms. Angela Webb
Mrs. Nancy B. Webster
Mr. Phillip Weimer
Ms. Margaret R White
Mr. and Mrs. Robert T. Williams
Ms. Penelope W. Wolff
Ms. Patricia M. Woolsey

Ms. Joan M. Yarus
Ms. Marie Yovanovitch
Mr. and Mrs. Michael J. Yurow
Mrs. Joyce G. Zucker
Ms. Kathleen Zwack



2020 Grantors

Ada L. & Albert M. Wibel Foundation	Commonwealth Charitable Fund	Gill, Peter M.	Mead Family Foundation	The Carney Foundation	Walmart Foundation
Alfred T. Souder Donor Advised Fund	Community Foundation for Northern Virginia, Inc.	Heart Sing Foundation	Neal C. Nichols Foundation, Inc.	The Mars Foundation	Walter A. Bloedorn Foundation
Arlington County Agency on Aging	Community Foundation of the Rappahannock River Region, Inc.	I. J. and Hilda M. Breeden Foundation	Randolph D. Rouse Foundation, Inc.	The McCutchen Foundation	Washington Forrest Foundation
Baltimore Community Foundation	D.C. Young Republicans	J.O.Y. Charitable Fund	Robert Trent Jones Charitable Foundation	The Miller & Chevalier Charitable Foundation	Wollenberg Foundation
Betty Evans Charitable Foundation	Delman Family Charitable Fund	Joseph A. Sestak, Jr. Fund of the Philandelpia Foundation	Rydell Mortenson Charitable Foundation	The Otilie Fund	Walmart Foundation
Capital One	EagleForce Warrior Foundation	Kiwanis Foundation of Arlington, Inc.	Sherman, Mary Jane	The Wawa Foundation	Walter A. Bloedorn Foundation
Champion Title & Settlements, Inc.	Fairfax County Department Procurement & Material Management	Loudoun County Government	TEGNA Foundation	United Way of the National Capital Area	Washington Forrest Foundation
Clark-Winchcole Foundation	Fellows Foundation	McLean Community Foundation, Inc.	The Adler Foundation, Inc.	Vietnam Veterans of America, Inc.	Wollenberg Foundation



Clark Winchcole Foundation



TEGNA



MARS



*Additional grantors listed on Page 7

2021 Board of Directors



Lynn Mento
Chair
CEO
Conservation Nation



Clifford E. Barnes
Member of the Firm
Epstein Becker Green



Angela Webb
Interim Treasurer
Founding Member
Peachtree Providence Partners Holding Company, LLC



Rev. Dr. Tyrone Pitts
Vice-Chair
Ecumenical Officer and General Secretary Emeritus
Progressive National Baptist Convention, Inc.



Tom Koutsoumpas
President and CEO
Capital Caring Health



Diane Ty
Director
Alliance to Improve Dementia Care at the Milken Institute
Center for the Future of Aging

Director
Portion Balance Coalition
McDonough School of Business
Georgetown University



John Adams
Partner
McGuireWoods

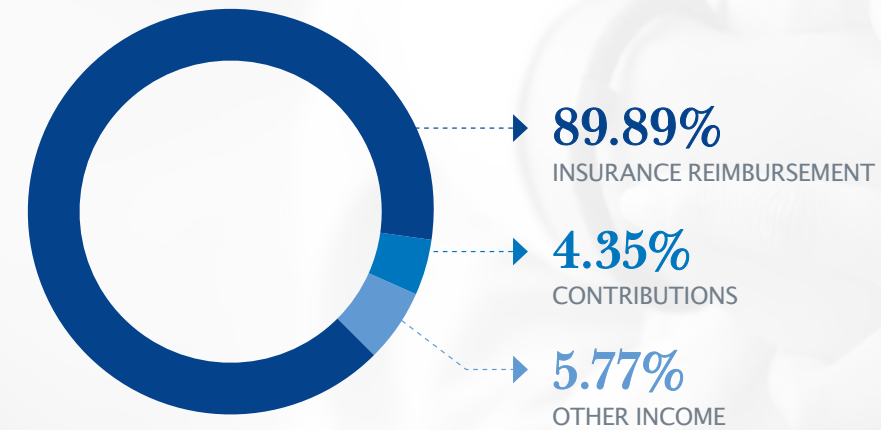


Bill Novelli
Professor
McDonough School of Business
Georgetown University

2020 Year in Review

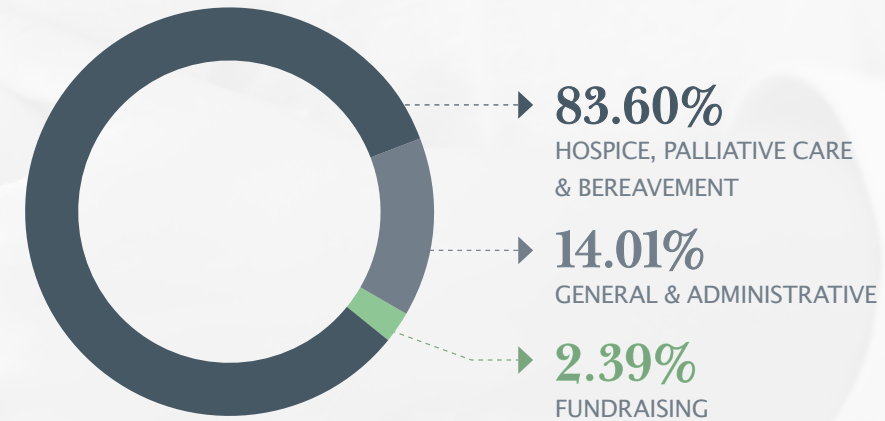
Where Dollars Come From

UNAUDITED



Where Dollars Go

UNAUDITED





Advanced Home Care & Hospice for All Ages at All Times

capitalcaring.org | 24-hour Care Line: 1-800-869-2136

OFFICES		INPATIENT CENTERS	PALLIATIVE PAIN CLINICS	COUNTIES SERVED
Capital Caring Headquarters 3180 Fairview Park Drive Falls Church, VA 22042 703-538-2066	Largo, Maryland 1801 McCormick Drive Suite 180 Largo, MD 20774 301-883-0866	Capital Caring Adler Center on the Van Metre Campus 24419 Millstream Drive Aldie, VA 20105 703-957-1872	The Schaufeld Family Advanced Pain Clinic Located at rear of Capital Caring Adler Center on the Van Metre Campus 24419 Millstream Drive Aldie, VA 20105 703-957-1880	District of Columbia: All 8 Wards
Aldie, Virginia 24419 Millstream Drive Aldie, VA 20105 703-957-1800	Washington, D.C. 50 F Street, NW Suite 3300 Washington, D.C. 20001 202-244-8300	Capital Caring Halquist Memorial Inpatient Center 4715 North 15 th Street Arlington, VA 22205 703-908-5900 <i>**closed for renovations, opening in 2023</i>	Capital Caring Pain & Palliative Clinic at Sibley Memorial Hospital Sibley Medical Building A 5255 Loughboro Road NW Washington, D.C. 20016 202-327-8294	Maryland: Montgomery, Prince George's
Falls Church, Virginia 3180 Fairview Park Drive Suite 175 Falls Church, VA 22042 703-538-2065		Capital Caring Center at Providence Hospital 2 nd Floor, 2 South 1150 Varnum Street, NE Washington, D.C. 20017 202-844-4920		Virginia: Alexandria*, Arlington, Clarke, Culpepper, Fairfax, Falls Church*, Fauquier, Frederick, Loudoun, Manassas*, Manassas Park*, Orange, Prince William, Rappahannock, Shenandoah, Warren <i>*independent cities</i>
Bethesda, Maryland 6707 Democracy Boulevard Suite 104 Bethesda, MD 20817 301-850-5484		The Washington Home Capital Caring Health Inpatient Center at Sibley Memorial Hospital Sibley Medical Building C 5255 Loughboro Road NW on 5 th Floor Washington, D.C. 20016 <i>**opening in 2021</i>		

Copyright © 2021, Capital Caring Health. All rights reserved.