



Creating the Future State *of* Advanced Illness, Elder Health, Home and Hospice Care

CAPITAL CARING HEALTH 2019–2020 Annual Report



Advanced Home Care & Hospice for All Ages at All Times

What COVID-19 has taught our
nation and the world about how
we view and access health care

Special interview with
Dr. John Whyte, CMO, WebMD



A Letter from our President and CEO

TOM KOUTSOUMPAS,
PRESIDENT AND CEO, CAPITAL CARING HEALTH

Mission

Provide Patients and Their Families with Advanced Illness Care of the Highest Quality

Vision

Be the Best Provider of Advanced Illness Care and the Best Place to Work in Healthcare

Caring for One and All

Capital Caring Health does not exclude people or treat them differently for any reason, including but not limited to: sexual orientation, gender identity, gender expression, religion, diagnosis or medical condition, veteran status, ancestry, marital status, occupation, pregnancy, citizenship, political affiliation, or source of payment.

Capital Caring Health respects the belief system of its patients and their families, and does not impose any belief system on its patients or their families.



TOM KOUTSOUMPAS, PRESIDENT AND CEO, CAPITAL CARING HEALTH, has long been recognized as one of the nation's leading experts and advocates in health care policy. He is also a recognized leader in issues related to Medicare, elder care, advanced illness and hospice care. He has been actively involved with Capital Caring Health for more than a decade, serving as a member of the Board of Trustees and as Board Chair for five years, and ultimately taking the helm as President and CEO in 2018.

Dear Friends, Volunteers and Community Leaders,

No one could have predicted in January 2019, that our theme for the year – ***No Place Like Home***, would be even more relevant in 2020 in the face of a global health care crisis the likes of which none of us have experienced in our lifetimes.

The theme for our annual Gala, *No Place Like Home*, was also the overarching message for our rebranding campaign designed to reintroduce Capital Caring as more than advanced illness and hospice care delivered primarily in the home, but an organization dedicated to filling significant unmet needs to the most vulnerable members of our community – children, frail elders who are home limited, and veterans.

Fortuitously, 2019 was a year dedicated to the development and expansion of key programs focused on providing and enhancing quality care, delivered in the home.

With a redefined mission, vision and values clarifying our deliberate focus on delivering the highest quality care to all those in need of care, we expanded our reach to serve more members of the community – not just those facing their end of life journey. Capital Caring Health's Primary Care at Home (PCH) program launched in December to provide much-needed in-home primary and urgent care to seniors

who are home limited due to chronic conditions or mobility issues.

We welcomed new clinical and non-clinical staff to enhance our personalized care to persons of all ages, and established a partnership with **Washington Home and Community Hospices** which included a seamless transition of its hospice operations to CCH, to further expand our footprint in Montgomery County, Maryland and beyond. As a partner, The Washington Home will have exclusive naming rights for Capital Caring Health's new inpatient hospice unit to be built at Sibley Memorial Hospital.

We also established a partnership with **HomeCare.com**, making Capital Caring Health among the first non-profit hospice and advanced illness care organizations in the country to provide comprehensive in-home care services to augment our core service offerings.

While we continued to build and expand on the high quality, compassionate home-based care that is our signature trademark, we could never have imagined the critical need for in-home care and support during the COVID-19 pandemic.

As we begin a new decade together under unprecedented circumstances, we remain steadfast in our mission to care for one and

all in need of advanced home care, hospice and elder care, and appreciate our donors, partners, families and friends who help make our critical services possible.

In this new era of virtual engagement, we won't have the opportunity to thank you personally for your generous contributions, but we will stay connected and continue to share the positive impact your gifts have on fulfilling our mission.

The 2019–2020 Annual Report is dedicated to each of you who have contributed your support in helping us serve nearly 8,000 members of our community and their families.

Wishing you a safe and healthy 2020, and looking forward to the time when we can all be together again –

With much appreciation,



Tom Koutsoumpas

A Special Q&A

COVID-19 has touched the life of everyone - *worldwide*.

Officially declared a pandemic by the World Health Organization in March 2020, the new coronavirus spread rapidly in many parts of the world with the first case reported in Wuhan, China in December 2019.

Shortly thereafter, coronavirus entered the United States with the first confirmed case on January 21, 2020.

Who would have thought how much the world would change in 2020?

We recently had an opportunity to interview Dr. John Whyte, Chief Medical Officer, WebMD, who provided some insights into his predictions for the future of health care and home care in America, especially in light of the COVID-19 pandemic.

WITH DR. JOHN WHYTE,
CHIEF MEDICAL OFFICER, WEBMD



JOHN WHYTE, MD, MPH, is a popular physician and writer who has been communicating to the public about health issues for nearly two decades. At WebMD, Dr. Whyte develops strategic partnerships to create meaningful change around important public health issues. Prior to WebMD, Dr. Whyte served as the chief medical expert and vice president, health and medical education, at Discovery Channel where he developed educational programming that appealed to both a medical and lay audience. Dr. Whyte has also served as an adjunct professor at American University in the School of Communication.

What has COVID-19 taught our nation and the world about how we view and access health care?

We remain in uncertain times, with many learnings still to come. It is during this time of uncertainty that we need to pay special attention to the most vulnerable populations.

No one can deny the immense impact that COVID-19 has had on our physical, mental and economic health. None of us could have imagined the dramatic ways that a respiratory virus could change our society. Being an optimist, I always try to focus on the positive. The COVID-19 epidemic has taught us some important and valuable lessons about the way we view health and healthcare. We are learning that we need to focus more on a proactive approach to health rather than waiting until we have a problem and then rushing to find a solution. As we evolve from this crisis, we must recognize the critical importance

of a strong public health system to identify and address threats. We also appreciate and comprehend now more than ever, the importance of home care.

How do we get Americans to better understand that enrolling their loved ones in Hospice earlier prolongs life and quality time for the entire family?

Care in the home – especially hospice and palliative care—has never been more relevant. The epidemic has unmasked our need for home care, and given us insights into how we can make it easier for more people to utilize it.

Unfortunately, both hospice and palliative care remain largely a taboo topic for many and far too often something that isn't discussed among families. And there are several myths or misperceptions about hospice and palliative care that can often prevent a patient or caregiver from seeking the care they need.

Many families are not aware that hospice care provides additional layers of support to help create the best quality time with a loved one for as long as possible.

Family members need to know about these critical services and what's available as well as

trust that this type of home care is high quality and reliable.

Hospice is specialized medical care that provides compassionate physical, emotional, spiritual and practical support to people in the advanced stage of illness. And more than 90 percent of patients receive their hospice care at home.

And palliative care, or advanced illness care, is far too often underutilized, because there is a lack of understanding about this type of care. Palliative care is caregiving approach aimed at relieving symptoms and improving the quality of life for people – of any age, at any stage in an advanced illness, whether that illness is curable, chronic, or life-limiting – all in the comfort of the patient's home.

The epidemic has shown us the benefits of such care, giving people the options to decide what is most important to them.

Do you have any predictions for the future of home care in America?

Although telemedicine has existed for decades, it wasn't until recently when doctors and care centers basically had to close their offices, that we started to think about ways we could receive care in our homes.

Think about it. Did you ever expect to talk to your doctor on your phone or laptop rather than go in for an appointment?

There have been some bumps along the way and there's still improvements that need to be made, but telehealth is here to stay. Why go to the doctor, if you can bring the doctor to you? The COVID-19 stay-at-home orders have shown us that we can conduct many clinical services safely in the home, as well as provide many other support services that used to require traveling long distances.

The acceleration and adoption of technology, especially digital tools including trackers and sensors, provide doctors, patients and caregivers the necessary information to help provide the best, quality care.

As we evolve from this crisis, we must recognize the critical importance of a strong public health system to identify and address threats.”



2019

Year in Review

MILESTONES, CELEBRATIONS AND EVENTS



The final year of the decade for Capital Caring Health may be remembered as one of great premonition and transition – building and launching new programs to further expand our in-home care, enhancing our services to support more of the most vulnerable members of our community—children, veterans, and frail elders, and elevating the importance of delivering care to home where it is the safest and most comfortable place to be – even when there is no pandemic.

Following is a look back at some of the major milestones, celebrations and events that served as the inspiration and justification for adding the word 'health' to our name and for sharing our deep appreciation to all those who helped make history and write the future for how advanced home care and hospice is to be delivered to anyone in need, regardless of their ability to pay.

MARCH

Martinis Matter

March 23, 2019



CCH Volunteer **Randy Cook** celebrated with friends and supporters with a signature cocktail.

Capital Caring Health hosted its annual Martinis Matter event on March 23, a fun night out to raise money for hospice and palliative care in Loudoun County. Friends and supporters of Capital Caring Health came together at River Creek Country Club in Leesburg,

Virginia on a wintry Saturday night to enjoy specialty cocktails and participate in the raffle and silent auction – all to benefit the Capital Caring Health Adler Center for Caring on the Van Metre Campus, Loudoun County's only inpatient hospice center. Nearly \$8,000 was generated from this special event.

NEARLY \$8,000

TOTAL RAISED

APRIL

First Annual Employee Appreciation Event

In April 2019, more than 350 CCH employees and their guests were celebrated at Capital Caring Health's first annual Employee Appreciation Event. The festivities included an evening of dining, dancing and recognizing staff who have been employed by Capital Caring Health for 30, 33, 37 and 41 years of service.

Top Right Photo: Tom Koutsoumpas, Cynthia Todd, and Carolyn Richar;
Bottom Left Photo: Sue Boris, Jeanne Brenneis, Richar and Koutsoumpas;
Bottom Right Photo: Richar, Marie Duffy, Koutsoumpas and Boris.



MAY

Fireside Chat with Dr. John Whyte, *CMO*, WebMD and Tom Koutsoumpas, *CEO*, CCH at National Press Club

Communicating with Caregivers in the Age of Online Search was the topic of a special networking happy hour and discussion with Dr. John Whyte, Chief Medical Officer at WebMD.

The event was hosted at the National Press Club in Washington, DC in conjunction with a National Partnership for Hospice Innovation (NPHI) gathering of leaders of hospice organizations from across the country.

The discussion, moderated by Tom Koutsoumpas, President and CEO of Capital Caring Health, explored how providers can embrace the shift of information to create more meaningful discussions with caregivers and patient families. Dr. Whyte's observations and experience at WebMD engaged participants in a discussion around tactics that advanced illness care providers can implement to better communicate with families.



MAY (continued)

Family Caregiver Expo

May 11, 2019

Northern Virginia Community College

Patients and Families First –
it's one of our core values, and the basis for hosting



our first Family Caregiver Expo, a one-day event designed to provide education, appreciation and relaxation to family caregivers throughout the region. The event was co-sponsored by AARP of Virginia, with support from 35 vendors who offered free health screenings, massages, and advice on valuable resources available to support family caregivers. The program included break-out sessions on such topics as:

- **Alzheimer's Disease & Dementia – Prevention/Current Treatments/Hope for the Future**
- **GPS for Caregivers – Navigating the Health Care System**
- **Managing Pain Caused by Advanced Disease**
- **Advance Care Planning, Having the Conversation, and POST**



Gala co-chairs, Dave and Danni Lougee and Sharon and Donn Davis

Passion for Caring Gala Preview Party

May 30, 2019

On May 30, Capital Caring Health champions and Passion for Caring Gala supporters gathered to for a preview party generously hosted by TEGNA, Inc. Guests enjoyed time networking with Gala Co-Chairs Sharon and Donn Davis and Danni and Dave Lougee, and were the first to learn the theme for the event, "There's No Place Like Home."



Community organizations provided free resources to family caregivers at the Expo.

AUGUST

Making Memories with the Washington Redskins

Through a unique partnership with the Washington Redskins and the Give Back Team of Coldwell Banker Elite Real Estate and America's Choice Mortgage, Capital Caring Health provided a one-of-a-kind Making Memories experience at the Bon Secours Washington Redskins Training Center in Richmond for local children affected by the recent loss of a family member. Participants received VIP tickets to the training camp, special commemorative t-shirts, Washington Redskins swag, and autographs from the players. VIP transportation was provided to and from the Training center complements of A1 Luxury Limousines and James River Bus Company.



Participants are shown with Redskins players signing autographs.

SEPTEMBER

| We've Moved!

In September, we signed a 15-year lease for our new headquarters at 3180 Fairview Park in Falls Church, Virginia. The new headquarters contains over 50,000 square feet of space, a significant expansion from Capital Caring's previous 31,000 square foot headquarters at 2900 Telestar Court, which was subsequently sold. The larger space enabled us to bring all of our staff working in satellite offices together under one roof and host larger meetings with our medical staff, bereavement groups and partner organizations. The new headquarters also has a separate entrance for visitors and includes a dedicated home-like space for bereavement groups to meet. Thanks to funding from **Eastern Automotive Group**, an Expressive Therapies Room for children who have suffered a loss, was completely outfitted with furniture, toys and art supplies, creating a safe place for self-expression.



From Left to Right: Len Adler, Dale Adler, Tom Koutsoumpas, Dea Van Metre, Beau Van Metre.

OCTOBER

| 5th Anniversary Celebration of the Capital Caring Adler Center on the Van Metre Campus

Since its opening in 2014, nearly 2,500 patients have been cared for at this state-of-the-art facility that provides patient-focused services in a home-like setting, using advanced treatment, monitoring, and care-support technologies.

Dale and Len Adler and the Van Metre Family were honored at this special event celebrating 5 years of improving care. The Capital Caring Adler Center on the Van Metre Campus is Loudoun County's only inpatient hospice center. This facility includes home-like spaces for families to pause and reflect while visiting loved ones. Capital Caring's Adler Center on the Van Metre Campus also is the only known inpatient unit in the country to have an on-site Interventional Pain Management Clinic. Pain management specialist Dr. Michael Byas-Smith performs specialized procedures for patients suffering from chronic pain who otherwise would need to visit a hospital. Capital Caring Health opened a second pain management clinic at Sibley Memorial Hospital in early 2019 to serve patients in Maryland and Washington, DC.

| Hospice Cup Annapolis, Maryland



The annual Hospice Cup sailing regatta in Annapolis, Maryland is one of the highlights of Capital Caring Health's annual events schedule. Over the past 38 years, the annual Hospice Cup has raised more than \$8 million for hospice care in our region.

All funds raised by Capital Caring stay with the organization and each participating hospice is awarded a percentage of additional funds based on the amount raised each year.

\$8,000,000+
TOTAL RAISED FOR HOSPICE CARE

Carolyn Richar Named *Chief Mission Officer*

Capital Caring Health became one of the first hospice organizations in the nation to appoint a Chief Mission Officer. Carolyn Richar, previously overseeing a number of Clinical Support Services, was named Chief Mission Officer in October to focus on our community outreach programs including the Bereavement Counseling Team, Veteran Health & Support Services, Children's Support Programs, and Patient Pet Services.

In this new role, Carolyn is working with community senior citizen centers, church pastors, and other community leaders across our service area to increase engagement and offer support.



I am thrilled to lead our in-house teams and our wonderful volunteers that day in and out have a real and permanent impact on all the communities we serve.”

Rev. Carolyn Richar
Chief Mission Officer
Capital Caring Health

Capital Caring Health and Washington Home and Community Hospices Finalize Partnership

In October, after successfully fulfilling a six-month management agreement with Capital Caring Health for the provision of clinical, medical and quality/compliance management support the Washington Home and Community Hospices (WHCH) and CCH joined forces to further our joint missions of caring for more members of the community with advanced illness. After a seamless transition of hospice patients from WHCH to CCH, The Washington Home continues to support elder care initiatives and is a primary funder of a new hospice inpatient unit planned for Sibley Hospital to open in early 2021.



Point of Hope Camp

The annual Capital Caring Health Point of Hope Camp, a weekend camp for children who have experienced the loss of a loved one, was held October 5–6. Thirty children attended the camp held at Adventure Links in Clifton, Virginia, and

participated in ropes courses, rock climbing and other team-building activities.

Capital Caring Health has embraced grieving children, teens, and adults by offering loving support at local Point of Hope Camps held annually throughout our service area. Thank you to our sponsors **America's Choice Mortgage** and the **Give Back Team of Realtors** for making this camp a dream come true for 30 area children.



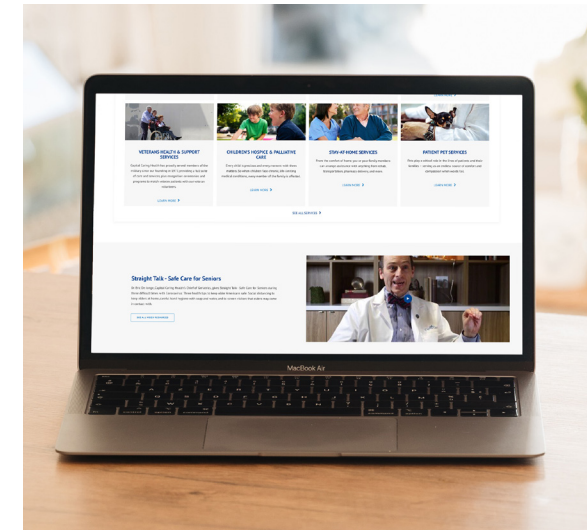
Point of Hope Camp activities are designed to be fun and to help campers work through the grief process by building trust, self-esteem, and skills to cope with recent loss. Participants are shown gearing up for a kayaking adventure at the camp. For more information: contact Tara Hoit at thoit@capitalcaring.org.

New Website: Cultivating Community Members with Information, Resources and Support

While we may have changed our business address, our website address remains the same (www.capitalcaring.org) but with a whole new look. The new website kicked off with a dynamic new navigation structure and enhanced menu highlighting our existing and new and expanded service offerings, and a special Live Chat function to enhance communications among visitors to the site, making Capital Caring Health the first hospice in the country to offer such access. Another new feature is a multi-lingual tab which will translate the website in Spanish or Korean. News features and blogs are

100,000+
VISITORS SINCE OCTOBER 2019 LAUNCH

updated frequently as are resources designed to educate and inform caregivers and patients. In 2019, more than 97,000 visitors came to our website for information, to make a referral, volunteer, find a job or make a donation. More than 100,000 visitors have come to the new site since it launched in October 2019, with traffic increasing each month.



NOVEMBER

Capital Caring Health Rebranding Campaign

Primary Colors



PANTONE®
7687 CP



PANTONE®
285 CP



PANTONE®
430 CP

Secondary Colors



PANTONE®
2381 CP



PANTONE®
2261 CP



PANTONE®
431 CP

In November, we debuted our new name – Capital Caring Health and tag line, complete with a new web site – via an integrated branding campaign. Beginning with a series of 30-second TV spots based on our No Place Like Home theme, reinforcing our focus on personalized, high-quality care delivered in the home, the campaign expanded to include radio, print, digital, metro transit and metro rail advertising, collectively reaching millions of residents throughout our service area.



Capital Caring Health was omnipresent throughout our service area between November 2019 and March 2020 as millions of visitors and viewers commuting to and from work or watching TV saw or heard our messages about our enhanced services in support of compassionate in-home care.



30th Annual Passion for Caring Gala

There's No Place Like Home

Capital Caring Health's 30th annual Passion for Caring Gala took place on Saturday, November 16 at The Ritz-Carlton, Tysons Corner. The annual Gala is our largest fundraising event of the year, raising more than \$500,000 to benefit Capital Caring Health's hospice and palliative home care services to support families who face the challenge of serious chronic illness, allowing them to receive the services they need in the comfort of their homes.

WUSA 9's award-winning journalist, Lesli Foster, emceed the 2019 Gala, and **Sharon and Donn Davis and Danni and Dave Lougee** served as co-chairs to help create an inspirational evening under the theme, *There's No Place Like Home*. Capital Caring Health also recognized The Washington Home with the 2019 Passion for Caring Award in recognition of its more than 100-year history of caring for individuals with advanced illness. Sharon Collins Casey, Chair of the organization's Board of Directors, accepted the award on behalf of The Washington Home. The 2019 President's Award was presented to Adam Boehler, former director of the Center for Medicare and Medicaid Innovation, for his work as a champion of value-based advanced illness care.

\$500,000+
RAISED TO BENEFIT CCH SERVICES

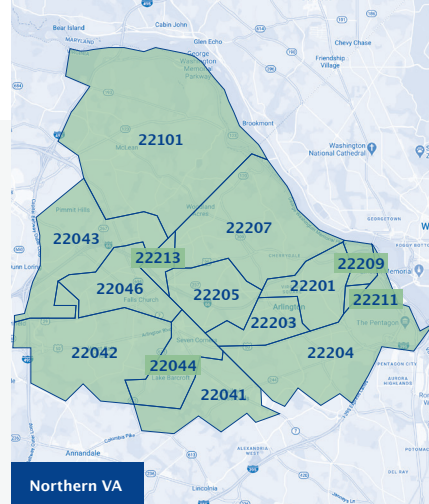
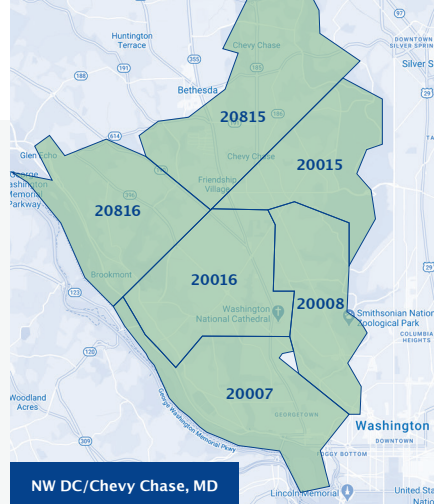


Top Row Left: Dale Adler and Len Adler; **Bottom Row Left to Right:** Sharon Collins Casey, Chair of the Washington Home Board of Directors and Tom (The Washington Home received the 2019 Passion for Caring Award); **Middle Photo:** 2019 Passion for Caring Gala Co-Chairs: Dave Lougee, Danni Lougee, Sharon Davis, Donn Davis; **Right Photo:** 2020 Passion for Caring Gala Chairs: Dr. John Whyte and Alisa Valudes Whyte.



Primary Care at Home Program Launches in targeted areas in NVA, MD and DC

After months of careful planning and acquiring extraordinary clinical and administrative resources, Capital Caring Health debuted our Primary Care at Home (PCH) program, designed to address a significant unmet need in the community regarding elder care for those who are home limited. Under the leadership of Eric De Jonge, MD, Chief of Geriatrics who joined Capital Caring Health in July, the program launched in targeted zip codes in Northwest DC, Chevy Chase, Maryland, and Falls Church/West Arlington, Virginia. Seniors who are 65 years of age and older and are home limited due to chronic illness or mobility issues may now receive high quality primary and urgent care in their home, saving them and their families costly and stressful visits to the hospital and protecting them from exposure to disease.



The Primary Care at Home Program launched in targeted zip codes in Northwest DC, Chevy Chase, MD, and Falls Church/west Arlington, VA.

New Board Member

Clifford E. Barnes, member of the firm Epstein Becker Green in the Health Care and Life Sciences practice in the firm's Washington, DC, and New York offices and Co-Chair of the firm's Health Plan Compliance Group, was named to Capital Caring Health's Board of Trustees in 2019.



Mr. Barnes has been employed by the firm for more than 35 years and represents providers, including hospitals, hospital systems, nursing homes, home health, hospice, ancillary service companies; managed care companies, concentrating in Medicare and Medicaid; and non-profit associations.

Mr. Barnes is the Co-Founder of Medicaid Health Plans of America, Inc., and has served as Vice Chair of the Accountable Care Organization Task Force of the American Health Law Association. Mr. Barnes was **elected in 2020 as a Fellow of the American Health Law Association**, selected to the **Washington DC Super Lawyers** list in the area of Health Care (2016 to 2020) and recommended in The Legal 500

United States in the area of Healthcare: Health Insurers (2016, 2018). In 2019, he was named to Lawyers of Color's inaugural "Nation's Best" list.

58,800 HOURS

OF SERVICE PROVIDED BY
VOLUNTEERS IN 2019

CHAP Accreditation

Capital Caring Health once again received accreditation by CHAP (Community Health Accreditation Program) a distinction recognized by the Centers for Medicare and Medicaid Services (CMS). CHAP accreditation conveys to the public that Capital Caring Health has earned “the Good Housekeeping Seal of Approval” – a key indicator that families look for when they are choosing a hospice provider.



Volunteers

Our 1,200 volunteers play key roles throughout Capital Caring Health, and we are thankful for their gifts of care and for enriching the lives of patients, family members, and our staff.



Capital Caring Health’s volunteers are core members of our care teams. They are diverse, come from all walks of life, and bring special skills that improve our ability to offer excellent care.

They lend support by:

- Providing comfort, support and companionship to hospice patients and family members.
- Touching base with weekly Tuck-In Calls.
- Offering pet therapy and assisting families with pet care needs.
- Playing beautiful music and singing.
- Serving as “Big Campers” and leaders at our Point of Hope Camp.
- Enriching the lives of veterans with our 1:1 Battle Buddy program and performing veteran recognition ceremonies.
- Lending a hand in our thrift shop and assisting with fundraising and community events and outreach.
- Helping with administrative duties.
- Maintaining therapeutic gardens.

We are so thankful for our volunteers. To learn about volunteer opportunities, www.capitalcaring.org.



CCH Volunteers provide much needed support in creating masks, head shields and protective gowns for our front-line staff in response to COVID-19.

Volunteer Profile

Local Nonagenarian Sets an Example for Young and Old Alike



Every Wednesday at 7 AM, Bernice Dinion leaves her home in the southernmost region of Fairfax County and joins throngs of other drivers on I-95. Yet unlike most of her fellow travelers, Bernice's 40-mile round trip is a labor of love, not a professional obligation.

Bernice, who turned 90 in January 2019, is a volunteer at Capital Caring Health, the region's leading nonprofit provider of hospice care. And ever since she retired in 1994, she's been contributing her time and talents to help nurses and other staff provide compassionate care for patients with advanced illness and their family members.

Altogether, she has spent 24 years as an extra set of hands at the hospice, which relies upon a cadre of volunteers to help fulfill its mission. Capital Caring estimates Bernice has logged more than 5,300 hours doing everything from changing bed linens to sitting and talking with patients, from filling water pitchers to consoling loved ones.

Looking back on her years of experience in caring for others, Bernice sums it up best.

To me, the end of life is just as important as the beginning. You need someone to be around, to be with you. I just can't imagine what life was like before hospice care."



Cynthia Cadden, Manager Community & Volunteer Engagement; and Emad Gelani, Office Manager, pose for a photo for the new CCH volunteer opportunities brochure.

"The last good thing that may happen in a person's life is a hospice volunteer."

Hospice has been my second home since I saw my mother pass on 2004. I have fulfilled different roles in hospice in order to honor the memory of my mother. I give my best to every case I work with. Each has been unique and special. Working in hospice brings me the opportunity to become part of those last moments of a person's life. It gives me the amazing privilege of sharing that last goodbye in a peaceful and unique way filled with love. Life prepares us for many experiences but falls short in teaching us how to honor a life. Being there for each patient in that moment makes our job one of tremendous impact to both patients and relatives. I cannot forget that all this comes from a unified teamwork effort to serve our patients and families. This effort is the byproduct of the professionalism and mutual respect that every stakeholder has for each other in our organization.

Claudia Escobedo, MNM
Manager, Community and Volunteer Engagement

Grief Counseling and Support

The Grief Counseling team was extremely busy working to innovate and modernize our collateral, monthly mailings, and web-based accessibility. A new resource entitled *Healing from Loss: Newly Bereaved Guide* was developed to provide a comforting resource to those who recently experienced the death of a loved one. This guide helps normalize grief emotions and to link individuals to our highly qualified grief counselors for counseling services.

We feel it is important for individuals to know that they are not alone in processing their grief and our letters offer “touch points” at 1, 3, 6 and 9-month intervals following a loss. And, recognizing the significance of the one-year milestone for those

who have experienced a death, we are now sending a 12-month anniversary card to honor their loved one.

Our Grief Support page on the capitalcaring.org website has been populated with new tools to offer clear guidance and improved accessibility for individuals interested in our supportive services. We are also excited to offer on-line registration for our support groups and individual sessions which includes DocuSign capability for capturing electronic signatures for our Consent Forms.

The Grief Counseling Team has offered a wide variety of support groups and workshops throughout the year to include: Spousal Loss, Grief Related Book Clubs, Children Grief, Lunch groups, Mindful Walking groups, Art groups, Stitching

groups, Grief 101 groups, Dementia specific loss, and Parent Loss. In addition, we have offered regionally based Ceremonies of Remembrance to honor the losses our communities have experienced. Our Grief Counselors also work very closely with community-based assisted living facilities and nursing homes to offer support to both staff and residents.

In response to COVID-19 we have developed our telehealth capabilities and now offer Zoom based counseling sessions to maintain safe physical distancing protocols. These virtual support group offerings have been well received by participants.

Capital Caring Health provides free grief support to anyone in the community who needs help dealing with grief or loss, regardless of whether they or a family member are in our care.

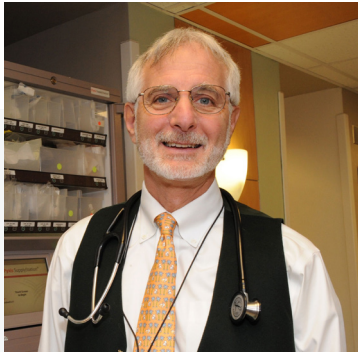


“It’s all about being the shoulder for families to lean on, being the ear that listens, and being the guide in times of uncertainty.”

Evan Kirschner, MSW
Social Worker
Capital Caring INOVA Fairfax Hospital Team

Children's Hospice and Support Services

The children's program encompassing pediatric hospice and children's bereavement is now called Capital Caring Kids and has its own new logo to formalize the growth and success of the program. In 2019, Capital Caring Kids hired nationally renowned Pediatric Medical Director, Dr. Steinhorn, a Pediatric Clinical Director, Robin Borges, with over 20 years of hospice experience, a Child and Family Clinical Services Specialist and several regional pediatric RNs to care for our youngest patients.



From Left: Dr. Steinhorn, *Pediatric Medical Director* and Robin Borges, *Pediatric Clinical Director*, Capital Caring Health.

In addition to hiring expert staff, we were able to train over 100 CCH staff in ELNEC Pediatric Palliative and Hospice to ensure that our teams are providing comprehensive care based on national best practice standards. We formalized our partnerships with referring palliative care teams at Children's National Medical Center and INOVA.

Capital Caring Kids is dedicated to walking alongside the children and families we serve no matter how long or how arduous that journey becomes. We provided innovative and comprehensive care to more than 50 children in 2019.



A patient's unique connection to a bluebird led to the creation of a special logo for our Children's Program. A bluebird appeared and tapped on Justice's window each day throughout her illness and when Jessica passed away, the bluebird flew back one last time, but The bluebird did not fly to Justice's window; instead, he came to them as they sat at the kitchen table absorbed in their grief. Then, he flew away.



Baby McKenna Alexander is one of the very special pediatric patients in our care.

Capital Caring Kids embraced more than 250 children and teens struggling with the loss of a parent, sibling, or close loved one at no cost. Our children's bereavement programs encourage children as they learn to express and cope with the tragic loss of a loved one. Grief support is offered to any child in the community through our community partners, regardless of whether we served their family member through hospice services.

100+ STAFF

MEMBERS TRAINED IN 2019 FOR
ELNEC PEDIATRIC PALLIATIVE
AND HOSPICE CARE



Capital Caring Health volunteers, many who are also active duty military, present a veteran in our care with a special recognition award.

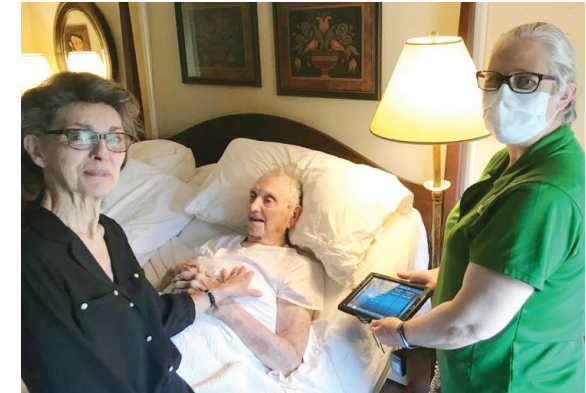
Veterans Health and Support Services

Our Veterans Health and Support Services program launched in 2018 under the direction of David Benhoff (Lt. Col., retired), a former Marine and previous volunteer coordinator for Capital Caring Health. Since that time, a number of company-wide initiatives have been implemented in support of the veterans in our care and on behalf of the entire veteran community including:

- A veterans' honoring and recognition program implemented with training provided to our Volunteer Managers;
- Implementation of the Congressional-chartered United States of America Vietnam War Commemoration throughout CCH for our Vietnam War veterans and their families;
- A new partnership with Hero's Bridge, an organization specializing in the needs of veterans age 65 and older and adoption of Hero's Bridge programming and further expansion of Resource Coordinators and Battle Buddies;
- Establishing a collaborative relationship with the VA for tele-vesting, overcoming a major obstacle for veterans who could not be enrolled in VA health system because it required a physical trip to a VA center or clinic;
- Gaining a Virginia Department of Veterans Services agreement to train future Resource Coordinators and Battle Buddies, at no cost regarding veterans' benefits once we have in positions in place;
- Implementation of a new TeleHero program that allows for self-reporting of the patient status and issues in between clinician visits, video conferencing, and educational components.

Our program isn't just about thanking our veterans and their families—it's about really getting in the weeds, getting our hands dirty, and truly getting them the additional resources and help they need. Developing these partnerships between internal and external stakeholders is just the start of how we can help."

LtCol. David Benhoff, USMC (ret.)
Director, Veterans Health & Support Services
 Capital Caring Health



We installed our first TeleHero video visit system which allows teams to reach veterans faster, safer and smarter. The system was installed in the home of one of our heroes, Lt. Col. Wood who served in WWII, Korea and Vietnam. Lt. Col. Wood is shown at left with his wife, Francis, and Jannel Davenport, LPN, and Battle Buddy at Capital Caring Health.

WAYS TO GIVE

Thrift Store

The Capital Caring Health Thrift Store provides a wonderful opportunity to engage the community in the philanthropic mission of the organization and provides a meaningful way for families to give back by donating, volunteering, and/or simply stopping by to visit and shop. All proceeds from sales at the Thrift Store support Capital Caring Health's mission of providing advanced illness care to the community regardless of the individual's ability to pay. The Thrift Store is staffed by a full-time manager and 41 volunteers. In 2019, a total of \$274,431 was raised from the sale of donated clothing, household goods, books and many other things to many who cannot afford to buy these items as new.



The thrift store is an embassy of our hospice. And, the Volunteers and myself are Ambassadors for our organization. The store has never been about any one Volunteer, Donor of Customer. The shop is a rich mosaic of a larger community that comes together to shop, socialize and many times, heal from the loss of a loved one who has passed away and was fortunate to have our care."

Michael Murphy
Manager
The Capital Caring Health Thrift Store

\$274,431

RAISED IN 2019 FROM DONATED ITEMS

Re-gifting at its Finest. A huge thank you to the community members who took time to clean out closets, attics and garages and donate items to our Thrift Store.

Forever Gifts

Forever Gifts™

In 2019, Capital Caring Health introduced a new way of giving called Forever Gifts™ featuring our new endowment program and offers new naming opportunities. As a community based nonprofit organization, Capital Caring Health's budget can't compete with hospitals or other large organizations in the health care sector. Almost ninety cents of every dollar returns back into our programs and services. Your donation allows us to build long-term capacity and financial sustainability, and to serve as the most trusted resource for advanced illness care for our neighbors and community. Visit <https://www.capitalcaring.org/forevergift> for information on our Forever Gift™ options.



So No One Dies Alone Program

The importance of family members, loved ones, or simply another human being at the bedside of a dying individual can't be understated. Oftentimes patients in our care will linger waiting for a visit from a loved one and within minutes to hours after a visit die peacefully.

The *So No One Dies Alone Program* is integral to Capital Caring Health's mission to provide patients and their families with advanced illness care of the highest quality. The program centers on three aspects of ensuring every individual the dignity and solace at the end of life that can best be found in the compassionate presence of another human being.

For more information on our *So No One Dies Alone* program, contact Carolyn Richar at, crichar@capitalcaring.org.

- **The Vigil Initiative** – When a patient has no family member to be with them as they near the end of life, specially trained volunteers stay with them – reading, singing, or sitting silent – so they do not die alone. Capital Caring Health's generous supporters help provide funds to recruit, train, and support the very important, special volunteers who give their time to this important initiative.
- **The Emergency Travel Fund** – This Fund covers last minute airfare, ground transportation, and hotel costs for family members living more than four hours driving time from their loved one and who do not have the financial resources to afford travel expenses.



- **Vet Jets** – This initiative is in collaboration with the EagleForce Warrior Foundation and provides emergency travel assistance, including access to private and commercial air travel, for families of Armed Forces veterans nearing the end of life, to be at the bedside of their loved one.

“It is an opportunity for the family member to settle any unfinished business or to simply say...I love you, I'm sorry or I forgive you.”

Carolyn Richar
Chief Mission Officer
Capital Caring Health



Naming opportunities at our Inpatient facilities are a great way to honor a loved one – From artwork, to furniture, to patient rooms – your loved one's name will forever be remembered.

2019 Donors

When a loved one is facing a serious illness or reaching the end of their life, every moment together counts. In those difficult times, Capital Caring is there for your neighbors in need. Thanks to the support of people just like you, our community-based care providers deliver world-class holistic care services to nearly 1,200 patients every day and their families across the Greater Washington area regardless of their ability to pay.

If we have inadvertently left off your name, please contact 703-538-2077 or email stewardship@capitalcaring.org.

Circle of Caring Monthly Donors

Mr. Michael Ray Anderson

Mr. and Mrs. Ruwan

J. Arseculeratne

Lt. Gen. Julius Becton, USA
(Ret.)

Mr. and Mrs. Dennis M. Brogan

Ms. Irma Finn Brosseau

Mr. Ray E. Broussard

John Barclay Burns, Ph.D.

Mr. and Mrs. Joseph
J. Calabrese, III

Mrs. Linda O. Carducci

Mrs. Mary B. Cavanaugh

Ms. Janel Clement

Ms. Marie Collins

Ms. Deborah Corsi

Lt. Cmdr. John L. Crapo, USN
(Ret.) and Mrs. Catherine
W. Crapo

Ms. Linda R. Daley

Ms. Lori Daniels

Ms. Marianne A. DeHart

Mr. Paul Del Giudice

Mr. Gabriel Derosier

Ms. Sheila Dobiliauskas

Ms. Karen Dolliver

Mr. William Dozier

Mr. Lawrence Eldridge

Mr. Brian C. Ellis

Ms. Elisabeth Fopp

Ms. Stephanie Forbes

Mr. Hershell Foster

Mr. John R. Frye and

Ms. Cheryl P. Chew

Ms. Amy Dilworth Gabel

Mr. John M. Gatt, Sr.

Mr. and Mrs. Eddie Gray

Ms. Therese Guerette

Ms. Alice Hayes

Ms. Joan B. Hensley

Ms. Marylou Hobbs

Ms. Tara O. Hoit

Mrs. Janet P. Hugger

Mr. Jared Benjamin Hughes

Mrs. Gwendolyn Ingraham

Rabbi and

Mrs. Brett R. Isserow

Ms. Eva Jenkins

Ms. Margaret Jenny

Ms. Doris Johnson

Mrs. Patricia A. Johnston

Ms. Beverly Kilmer

Col. Barbara P. King

Ms. Karin Kirchoff

Ms. Mary Kobane

Mr. and Mrs. David A. Koplow

Mr. Bruce Kost

Mr. Jeffrey A. Kost

Ms. Susan K. Kral

Ms. Patrice LaHair

Mrs. Natalie Latter

Mr. and Mrs. James L. Lawton

Mr. Donald Lindquist

Mr. and Mrs. Raymond L. Lum

Lt. Col. Barbara Estock Mays

Ms. Julia R. McClung

Ms. Catherine M. McCoy

Ms. Dawn M. McGruder

Mr. Seth Merritt

Mr. Dick Messersmith

Mr. and Mrs. Guy Philip Million

His Excellency and

Mrs. Dean A. Mosher

*In Memory of/Deceased

Bequests*

Estate and Trust of Warren R. Ballenger
 Margareth R. Brumsted Trust
 Estate of Katherine A. Dey
 Estate of Carl Winfred Drumheller
 Estate of Estelle F. Keen
 Estate of Sandra E. Lamb
 Rosa Bente Lee Trust
 Estate of Sally Gardiner Murray
 Mary L. Nash Living Trust
 Estate of Wayne L. O'Hern, Jr.
 Estate of Emil H. Peront
 Estate of Marjory L. Pettit
 Estate of Joan Van Metre
 Estate of Elizabeth L. Whitely
 Virginia L. Williams Revocable Trust

Heritage Society

Individuals who have told us that Capital Caring is included in their will or estate plans, or in another type of planned gift.

On behalf of the future patients and families whose lives they will touch, we thank them for their thoughtful generosity.

Mrs. Mary M. Adams
 Ms. Meryl N. Adler-Waak
 Mr. Howard Armfield
 Ms. Ruth B. Baker
 Ms. Elfreda M. Baptist
 Mr. and Mrs. Elton W. Beasley
 Mr. and Mrs. Bruce L. Berlage, Sr.
 Ms. Judith E. Brocksomith
 Ms. Celeste Brodigan
 Ms. Florence Broussard
 Mrs. Virginia H. Brown
 Mr. and Mrs. Christopher P. Bryant
 Ms. Christine Buckley-Currie

Ms. Constance S. Cahill
 Mr. and Mrs. Len Campbell
 Ms. Elizabeth K. Cassidy
 Ms. Teresa R. Cavalier
 Mr. Boris E. Cherney
 Mr. Bob M. Coffelt
 Ms. Ann C. Cole
 Darleen and Allan Cors
 Ms. Johanna M. Cox
 Mrs. Madeline G. Crytzer
 Mrs. Yoshiko Dart
 Mr. Gerard R. Dault
 Ms. Margaret S. Dozier
 Mrs. Sharron Dreyer
 Mr. James N. Duley
 Mr. and Mrs. David E. Feldman
 Ms. Linda Fields
 Mrs. Patricia Freisen
 Mr. and Mrs. Paul S. Frommer
 Mrs. Helen E. Garden
 Mrs. Dorothy Garrett
 Mrs. Nancy J. Gormley
 Mr. John J. Gossage*
 Mr. Marshall H. Groom, Sr.
 Mrs. Beate J. Guffee

Mrs. Alice L. Henry*
 Mr. Charles M. Hicks
 Mr. and Mrs. Wayne K. Hill, Jr.
 Mrs. Doris H. Hinsey
 Mr. and Mrs. Russell A. Hitt
 Ms. Tara O. Hoit
 Mrs. Frances M. Holland
 Mr. and Mrs. Larry C. Hyden
 Ms. Alma M. Kasulaitis
 Mr. and Mrs. James P. Kelly
 Mr. George Kennedy
 Ms. Patricia G. Kenworthy
 Mr. Jeffrey A. Kost
 Ms. Hallie M. Kugler
 Mrs. Theresa A. Lagueux
 Mr. Russell V. Lee
 Ms. Rebecca J. Lipp
 Mrs. Carol Lynch Pflug
 Ms. Vivian R. Lynn
 Mr. and Mrs. Donald K. MacIntyre
 Ms. Elizabeth Maloney
 Mrs. Jayne Manger
 Ms. Elaine Marcuse
 Ms. Virginia A. McArthur

Mr. and Mrs. Duane A. McKenna
 Mrs. Madeline M. McManaway
 Mr. Michael McNease
 Ms. Mary J. Mellon
 Mrs. Carol O. Minkin
 Mrs. Patricia Moore
 Mr. Alexander T. Morrow
 Mrs. Marion A. Moshos
 Mrs. Jane Nicholl
 Mr. and Mrs. Erroll V. Nicoll
 Mr. and Mrs. Daniel A. Nolan
 Ms. Alta M. Oben
 Ms. Julie Palais
 Mr. Martin Pearl
 Ms. Barbara Perry
 Mr. and Mrs. Scott C. Plein
 Ms. Judith A. Regner
 Mrs. Hyman G. Rickover
 Ms. Harriette C. Rinaldi
 Mrs. Ingrid R. Rose
 Ms. Betty J. Rowen
 Mrs. Ina P. Schechter
 Mr. Franklin R. Scherf
 Capt. Jane E. Sharp, USNR (Ret.)

2019 DONORS *(continued)*

Mrs. Barbara Skidmore Sheehan*

Mrs. Wendy A. Shelley

Mr. Wayne V. Shelton*

Mr. and Mrs. Russell

E. Simonaro

Ms. Kyle E. Skopic

Mr. Anthony R. Spadaro

Mrs. Betty J. Stacey

Mr. George F. Steeg

Ms. Krista J. Stewart

Mr. LeRoy Stewart

Mr. Steven L. Titlebaum

Ms. Martha L. Trunk

Mr. and Mrs. Gordon A. Tubbs

Ms. Loretta Tulloch

Ms. Kathy R. Van Kleeck

Mr. Gary E. Waitschies

Mrs. Dorothy M. Washko

Ms. Carol J. Weber

Mr. and Mrs. James L. Welch

Ms. Marjorie E. White

Mrs. June A. Williams

Col. Walter A. Wood, III

Mr. Al Iagnemma and Mrs.

Janet Wood Iagnemma

Mr. James K. Wright, Jr.

Mrs. Jeanette L. Wurster

Mrs. Sheryl D. Yates

Ms. Patricia A. Young

Dr. and Mrs. George R. Zug

Champions

\$50,000 or more

Anonymous

Alexander and Margaret

Stewart Trust

Dr. and Mrs. Christopher

J. Bright

Clark-Winchcole Foundation

Community Foundation for

Northern Virginia, Inc.

Mr. and Mrs. Russell A. Hitt

Neal C. Nichols

Foundation, Inc.

Mr. Neal C. Nichols

Advocates

\$25,000 – \$49,000

Anonymous

J. Colin Atkins

Campion Asset
Management, LLC

Donn M. Davis

Danae S. Delman

I. J. and Hilda M.
Breedon Foundation

David D. Kassir

Ted J. Leonsis

Robert I. Schattner
Foundation

Robert Trent Jones
Charitable Foundation

Mary L. St. Clair

TEGNA Foundation

The McCutchen Foundation

The Washington Home and
Community Hospices

Washington Forrest
Foundation

Wise Hospice Options

Leaders

\$10,000 – \$24,999

Anonymous

Adams-Green
Funeral Home, LLC

Mr. and Mrs. Len Adler

Alfred T. Souder Donor
Advised Fund

Apple Federal Credit Union
Arlington County Agency
on Aging

Best Bus

E. Rhodes & Leona B.
Carpenter Foundation

CBRE, Inc.

Champion Title & Settlements
Congressional Federal Credit
Union

Crovato Products and
Services LLC

DC Trails Inc.

Direct Cremation Services
of Virginia

Discovery Communications
Hamilton Insurance Agency

Ms. Marie Hamilton

Jack Taylor's
Alexandria Toyota

JP Morgan Private Bank

Mr. Peter Kapetanakis

Loudoun County

Mr. and Mrs. David T. Lougee

Dr. and Mrs. Gary Mather

Ms. Gina S. Mitchell

Paul J. Hewgill Charitable
Foundation, Inc.

Mr. Lutz A. Prager

Randolph D. Rouse
Foundation, Inc.

Mr. and Mrs. Edward H. Rice

Mrs. Michele O. Rouse

Sheehy Toyota of Stafford

The Adler Foundation, Inc.

The Rice Family Foundation

Vinson & Elkins LLP

Dr. John Whyte and

Mrs. Alisa Whyte

Mr. and Mrs. Glenn
A. Youngkin

Mr. and Mrs. Alan Zuccari

*In Memory of/Deceased

Partners*\$5,000 – \$9,999*

Anonymous
 100 Women Strong
 Mr. and Mrs. Bruce H. Alpert
 America's Choice Mortgage Co
 Ms. Virginia Geoffrey and Mr. John P. Andelin
 Apple Federal Credit Union
 Foundation
 Clifford E. Barnes, Esq.
 BB&T
 Betty Evans Charitable
 Foundation
 BOWA
 Mr. Edward W. Cameron
 Capital One
 Mr. Peter A. Converse and
 Mrs. Susan Yeloushan
 DonorsTrust
 Mr. Kenneth B. Dreyfuss
 Mr. Thomas F. Dungan, III
 Mr. and Mrs. David Farrell
 Mr. and Mrs. David
 E. Feldman

Mr. Lawrence R. Fouchs
 Ms. Nancy J. Fouchs
 Maj. Gen. James E. Freeze,
 USA (Ret.)
 Give Back Team LLC
 Mr. David M. Graves
 Guernsey, Inc.
 Mr. Tony Guillen
 Mrs. Sheryl A. Hine
 Mr. Bob G. Hisaoka
 Ms. Judy C. Holoviak
 Mrs. June Horowitz
 Mr. and Mrs. Thomas E.
 Jordan
 Mrs. Kathleen Lyons
 Mr. Robert D. Mansfield, Jr.
 Mr. and Mrs. Ali Marashi
 Mr. and Mrs. William
 J. McGregor
 McGuireWoods LLP
 McLean Community
 Foundation, Inc.
 Medline Industries Inc.
 Millennium Corporation
 Northern Virginia Shag Club

Mr. and Mrs. George
 J. Pedersen, IV
 Production Solutions, Inc.
 Quail Creek Promotions
 Roy Rogers Gang
 Mr. and Mrs. Fredrick
 D. Schaufeld
 Mr. and Mrs. Ronald W. Steele
 The Mars Foundation
 Van Metre
 Family Foundation, Inc.
 Wollenberg Foundation
 Mr. Christopher
 R. Wollenberg
 Ms. Rebecca Wollenberg
 World Bank Community
 Connections Fund
 Ms. and Mr. Mary M. Zients

Associates*\$2,500 – \$4,999*

Anonymous
 Shawn and Cynthia Adler
 Mrs. Abigail Aguirre
 Air Force Officers'
 Spouses' Club

Mr. S. Decker Anstrom and
 Ms. Sherron L. Anstrom
 Mrs. Darlene S. Baker
 Mr. Jack Barufka
 Bean Kinney & Korman, P.C.
 Ms. Kathleen B. Burke
 Mr. and Mrs. Terence Burns
 Dr. and Mrs. Michael
 Byas-Smith
 ClubCorp
 Mr. Stephen A. Cone
 Ms. Carolyn F. Corwin
 Dewberry, LLC
 Dimick Foundation
 Fairfax Memorial
 Funeral Home
 Fairfax Memorial Park
 Mrs. Wendy C. Fischer, LCSW
 Fort Myer Thrift Shop
 Ms. Altonia Garrett
 The Grace Curtis and Priscilla
 O'Hara Foundation
 Mr. and Mrs. James C. Grimes
 Mrs. Beate J. Guffee
 Ms. Susan Hargreaves
 The Community Foundation

Harrisonburg and
 Rockingham County
 IntelliWare Systems, Inc.
 Mr. Ralph P. Kennedy
 Ms. Patricia G. Kenworthy
 Dr. Matthew Kestenbaum and
 Dr. Kathleen Fink
 Ms. Karin Kirchoff
 Kohlhaas-Mason
 Annual Golf Tournament
 Mr. and Mrs. William
 R. LaVere
 Mrs. Joan S. Leonard
 Mr. and Mrs. John F. Long
 Manassas Presbyterian
 Church
 Mrs. Emmerika D. McArver
 Mr. Patrick W. Pearsall and
 Mr. Mitchell P. Reich
 Mr. and Mrs. Michael
 A. Preston
 Quatt Associates, Inc.
 Mr. and Mrs. Tim Reed
 River Creek Country Club
 Mr. Alvaro R. Rodriguez
 Mrs. Kathryn S. Rooney

2019 DONORS *(continued)*

Mr. and Mrs. Frederick
D. Singer

Mr. and Mrs. William Overton
Payne Snead, III

Mr. LeRoy Stewart

The Community Foundation
Harrisonburg and
Rockingham County

The Kohlhaas Family Trust

Tibbs Paving, Inc

Mr. Larry W. Walker

Walmart Foundation

Ms. Nancy L. Wilson

Mr. Isaac J. Winograd

Mr. Philip W. Young, Jr.

Friends

\$1,000 – \$2,499

Anonymous

ACT for Alexandria

Adams Charitable Foundation

Mrs. Mary M. Adams

Mr. Daniel F. Akerson

Mrs. Katharine G. Alleman

Ms. Jyoti Amin

Mr. and Mrs. John
Weir Anderson

Ms. Greta Arnold

Mr. and Mrs. Ruwan
J. Arseculeratne

Levon Avdoyan, Ph.D.

Mr. Parvez Aziz

Ms. Meredith Bailey

Mrs. Regina Fowler Bain

Ms. Elfreda M. Baptist

Dr. William D. Barnard

Mr. and Mrs. Stephen Baskin

Lt. Gen. Julius Becton, USA
(Ret.)

Mr. and Mrs. Dennis P. Bedell

Robert and Ruth Benker

Dr. Richard L. Bennett, Jr.

Mr. and Mrs. Ronald Bentley

Ms. Susan K. Bird

Dr. Susan Blaustein and

Mr. Alan Berlow

Ms. Nancy Bolish

Mr. and Mrs. James F. Bouck

Ms. Prudence Murray Bovee

Mrs. Mary Stowe Boyd

Mr. Paul Branum

Mr. and Mrs. Theodore
D. Britt

Mr. John H. Broadbent, III

Ms. Judith E. Brocksmith

Ms. Celeste Brodigan

Mr. and Mrs. Robert L. Brown

Ms. Christine Buckley-Currie

Mr. Paul V. Byrne

Mr. David O. Campbell

Roy and Elizabeth Carter

Ms. Katrina D. Cherry

Mr. and Mrs. Gregory
J. Christman

Mr. and Mrs. John M. Cibinic

Ms. Mary Louise Clifford

Mr. Patrick Clune

Mr. and Mrs. John J. Cochran

Mr. Bob M. Coffelt

Mr. Gregory P. Colby

Ms. Ann C. Cole

Mr. Patrick Collins

Mr. Kevin P. Conley

Mrs. Anne C. Cook

Colonel Ralph J. Cook, Jr.
and Mrs. Cook

Mr. John S. Cooke

Ms. Deborah Corsi

Lt. Col. Daniel B. Corts

Mr. and Mrs. Dan
D'Agostino, Jr.

Mrs. Judith Daniel

Mrs. Nancy N. Dannels

Mr. Jack Davies

Mrs. Mary Jo Davis

Eric De Jonge, M.D.

Decatur for Sheriff

Mr. Thomas H. DeLashmutt

Ms. Jane Digel

Ms. Lorni B. Dillon and Mr.
Michael A. Dillon

Ms. Barbara A. Duckworth

Ms. Betsy Duff

Ms. Virginia C. Durr

E*Trade Financial

Easterns Automotive Group

Edwaldan Foundation

Mrs. Martha Ellison

Mr. Loren W. Epton, Jr.

Dr. Richard L. Faircloth

Falcons Landing Chapel Fund

Mr. Daniel Fata

Mr. and Mrs. Jon R. Faussett

Mr. and Mrs. David B. Filippi

Ms. Vera L. Finberg

Mr. Bruce A. Finzen

Ms. Cecilia M. Fiske

Ms. Elisabeth Fopp

Ms. Judy S. Fox

Mr. Carl A. Fretts

Mr. Bartholomew Frey

Ms. Nancy Friedman

Mrs. Lindalou Friesen

Mr. John R. Frye and Ms.
Cheryll P. Chew

Ms. Donna M. Gatewood

Mr. John M. Gatt, Sr.

Dr. Jennifer Gerhard and
The Rev. Dr. Kurt Gerhard

Mr. and Mrs. William Gibbons

Mr. and Mrs. John M. Gilligan

Ms. Mary C. Ginn

Ms. Elizabeth Q. Glennon

Global Partners, LP

Mr. Donald B. Gochnauer

Mr. and Mrs. Pedro I. Goitia

*In Memory of/Deceased

Ms. Jacqueline V. Golden	Ms. Elizabeth Betsy Johnston	Mr. and Mrs. Clifford Mauck	Mr. Michael Niebling	Mr. James J. Robertson
Ms. Christine Fisher and Mr. Oscar A. Goldfarb	Colonel Alan B. Kehn and Mrs. Kehn	Col. James M. McAllan	Ms. Diane M. Norton	Ms. Virginia Robinson
Mr. Leo N. Graveline	Ms. Courtney King	Mr. James M. McDonald	Ms. Alta M. Oben	Mr. Richard L. Rosen
Mr. James L. Gray	Mr. Dwight King	Mrs. Carolyn Z. McFarlane	Mr. and Mrs. David Oppen	Mr. and Mrs. Roger P. Ross
Ms. Mary–Alice Gray	Kiwanis Club of Washington	Mr. and Mrs. Bill J. McMenamin	Maurice and Mary Owens	Ms. Simone E. Ross
Mr. and Mrs. Paul Green	Kiwanis Foundation of Arlington, Inc.	Mrs. Susan McNeil	Mrs. Laura Penny	Mr. Richard H. Rouck
Mr. Marshall H. Groom, Sr.	Koll Family Foundation	Mr. Dan C. Meisinger	Mr. and Mrs. Lawrence S. Peters	Mr. Alan A. Rubin
Ms. Therese Guerette	Mr. Matthew Koll	Mr. and Mrs. David Miller	Ms. Julia Pfaff	Mr. John A. Sargent
Mr. John C. Hammond	Mr. Jeffrey A. Kost	Ms. Minetta Minor	PhiPhi's Crop	Mrs. Donna C. Satterfield
Mrs. Martha Caldwell Harris	Mrs. Mead A. Krim	Mrs. Patricia Moore	Ms. Carole L. Piper	Ms. Danielle Saunders
Ms. Bonita J. Hartbarger	Mr. Dana Landry	Moran Family Charitable Fund	Mr. Kevin L. Polchow	Mr. Neil Schlusell
Mrs. Carol Harvey	Mrs. Diane S. Large	Mr. and Mrs. Paul A. Morlacci	Ms. Lee Porter	Mr. David Schuster
Colonel Boyette S. Hasty	LifeCare Medical Transports, Inc.	Ms. Melanie L. Morningstar	Mr. and Mrs. Thomas H. Porter	Mr. and Mrs. David A. Schwind
Ms. Alyxandra Hazard	Dr. and Mrs. David E. Longnecker	Mr. James Mraz	Ambassador Phyllis M. Powers	Mr. and Mrs. Craig P. Seebald
Ms. Margaret L. Hively	Captain William B. Marsh, Jr., USN (Ret.)	Dr. and Mrs. J. Cameron Muir	Mr. and Mrs. Douglas Preston	Dr. and Mrs. George J. Seiler
Mr. Kris Hjort	Martin Title and Settlement Services	Mrs. Lindsay A. Muirhead	Ms. Jessica Pritchett	Mr. and Mrs. William Shapiro
Mr. Henry P. Hoffman	Mr. and Mrs. John C. Martin	Mr. Terence S. Murphy	Mr. and Mrs. William J. Redlin	Capt. Jane E. Sharp, USNR (Ret.)
Mr. and Mrs. Michael P. Horne	Mrs. Barbara Mathews	Ms. Diane Murray	Mr. John Reinhard	St. Theresa Catholic Church
Ms. Vivian Hsia–Davis	Matt Dillon Memorial Golf Tournament Inc.	Mr. Ronald W. Musselwhite	Mr. Christopher E. Reseigh	Ms. Lori J. Steinberg
James M. and Virginia W. Newmyer Family Fund		Mr. Arnold Nachmanoff	Mr. and Mrs. Daniel J. Riordan	Dr. David M. Steinhorn and Dr. Robin Steinhorn
Jeff Rouse Swim and Sport Center		Mr. and Mrs. Paul C. Nassetta	Mr. and Mrs. Christopher S. Rizek	Ms. Sara Stern
Mr. Philip M. John		Neil Schlusell Family Foundation	Mr. Sam H. Roberson	Ms. Susan M. Stuntz
		Mrs. Virginia W. Newmyer		Mr. and Mrs. David H. Taylor

2019 DONORS *(continued)*

Ms. Robin A. Tomlin	Ms. Nancy A. Woolever	Mr. Daniel S. Adler	Col. James K. Baisden, USAF (Ret.)	Mr. William F. Billard
Mr. Thomas W. Townsend	Ms. Vanessa M. Yarnall	Mr. Jeffrey S. Adler	Mr. and Mrs. Donald C. Baker, Jr.	Mrs. Maria Binsted
Mr. Donald Twombly	Ms. Kathryn Ann Yeager	Ms. Nelia P. Alacbay	Willie J. Banks, Jr., M.D.	Mr. and Mrs. Jerry Birchmore
Mr. Matthys K. Van Schaik	Mr. Thurston T. Yokoyama	Ms. Lori Allen	Mr. John D. Barlow	Ms. Patricia A. Bishop
Mr. Anthony E. Vellek	Mr. and Mrs. Howard J. Young	Ms. Sonia Allen	Mr. and Mrs. Robert Barnas	Ms. Julie Bitzer
Mrs. Heidi S. Veltman	Ms. Patricia A. Young	Ms. Tanja Allen	Mr. and Mrs. Alan Bartholomew	Mrs. Beverly Bland
Ms. Kelly Marie Walker	Mr. Vance S. Zavela and Mrs. Jean L. Schiro-Zavela	Ms. Kathleen Allgier	Dr. Mary B. Barton	Mr. Robert M. Blansfield
Mr. Frank L. Walski and Mrs. Deborah A. Hull-Walski	Ms. Shirley M. Zeliff	Mr. and Mrs. Joseph S. Amado	Mr. Vernon Bates	Mr. James W. Borches
Mrs. Ronni Ward	Mr. and Mrs. Jeffrey A. Zinn	Mr. and Mrs. Robert A. Andreae	BB&T Scott & Stringfellow	Ms. Susan E. Boris
Mr. Phillip Weimer	<div> <div>Neighbors</div> <div>\$250 – \$999</div> </div>	C. M. Andrews	Mr. James C. Beachell	Dr. Patrick J. Bowen
Deborah E. Weisinger, Psy. D.		Ms. Toni Andrews	Mr. David H. Beck	Ms. Jennifer L. Bowling
Mr. and Mrs. James E. Welch	Anonymous	Ms. Gladys Appiah	Mrs. Kathryn Beck	Ms. Penelope Breese and Mr. Stevenson McIlvaine
Mr. and Mrs. John F. Welch	Mr. and Mrs. Abebe A. Abraham	Apple Hospitality REIT	Belvoir Woods Protestant Mission Society	Ms. Anna P. Brennan
Ms. Jade C. West and Mr. Raymond J. LaJeunesse, Jr.	Abramson Family Foundation, Inc.	Mr. Daniel Arch	Ms. Linda B. Bender	Mr. and Mrs. John T. Brennan, Jr.
Mr. and Mrs. Thomas H. White	Mr. Ronald D. Abramson, Esq.	Ms. Esther Argenyi	Mrs. Margaret H. J. Bender	Ms. Judith M. Brewer
Mrs. Karen L. Widmayer	Mr. and Mrs. Ernest Ackermann	Ms. Marion G. Arkin	Mr. Thomas Berg	Mr. David W. Briggs
Ms. Anna B. Williams	Mr. Donald B. Adams and Ms. Ellen Maland	Mr. James Ashurst	Mrs. Joanna R. Bergstrom	Ms. Jane E. Brill
Mr. and Mrs. Robert T. Williams	Mr. and Mrs. Kenneth L. Adams	Ms. Delores Athey	Ms. Kristen Bernie	Mr. and Mrs. Dennis M. Brogan
Mr. and Mrs. James D. Wilner	Ms. Alison Kaufman and Mr. Robert Adcock	Mr. Michael G. Atienza	Mr. David C. Berry	Ms. Chiara Bronchi
Mrs. Marilyn J. Wilson		Jan and Irwin Auerbach	Mr. and Mrs. Patrick Bianchini	Ms. Joyce J. Brooks
Mr. Michael P. Wilson		Mr. Kenneth Aung	Commander Loren W. Biegler, USN (Ret.) and Mrs. Biegler	Mr. Ray E. Broussard
Mr. and Mrs. Frederick B. Wirth		Ms. Cheri Avila		Mrs. Arlene A. Brown
Mrs. Anne S. Wohlford		Mr. and Mrs. Thomas B. Bain		

*In Memory of/Deceased

Mr. and Mrs. Blair D. Brown	Mr. and Mrs. Scott D. Cannon	Mr. and Mrs. Christopher A. Cippel	Lt. Cmdr. John L. Crapo, USN (Ret.) and Mrs. Catherine W. Crapo	Captain Theodore E. Deming
Mr. and Mrs. Jerrold A. Browne, II	Mr. David V. Carlin	Mr. and Mrs. Matthew J. Clark	The Reverend David Crosby	Ms. Amy Denton
Ms. Hollie J. Brownfield	Mr. Eric J. Carpenter	Mr. Stephen D. Clark	Mrs. Nancy Crowley	Mr. Gabriel Derosier
Mr. and Mrs. David B. Browning	Lt. Col. James N. Carpenter and Mrs. Carpenter	Ms. Michele Clayborne	Mr. Charlie M. Crummett, Sr.	Mr. Paul Deslongchamps
Mrs. Jacqueline E. Broz	Ms. Barbara L. Carr	Mrs. Carmen P. Clelland	Ms. Catherine Cruz	Ms. Ronda DeSplinter
Mr. Guido J. Brunetti	Ms. Alicia H. Carroll	Ms. Elna M. Clevenger	Mr. and Mrs. Robert L. Cursio, Jr.	Ms. Anne Devlin
Mr. and Mrs. David T. Buchanan	Mr. Jeffrey C. Carter	Mr. and Mrs. Floyd F. Cline	Ms. Carol J. Dabbs	Ms. Christine H. DeYoung
Bullock & Associates, P.C.	Mr. and Mrs. William Carter, Jr.	Dr. and Mrs. Mark A. Clodfelter	Mr. Raimond A. Dallitis	Mr. Eric Dezenhall
Mrs. Amoret B. Bunn	Mr. and Mrs. Bruce Carton	Dr. Alfred P. Coccaro	Ms. Lori Daniels	Ms. Donita Dickerson
Burke & Herbert Bank	Mrs. Carol A. Cassidy-Walker	Mrs. Mary Beth Cockerham	Dr. Peter A. Danton	Reverend Robert M. Dickey
Ms. Patricia Burke	Mrs. Mary B. Cavanaugh	Ms. Mary Ann B. Coffland	Mrs. Katherine A. Danyliw	Mrs. Diana Dickson
John Barclay Burns, Ph.D.	Ms. Virginia Rose Ceaser	Dr. Linda Lee Cohen	Mr. Ivan Danzig	Mr. and Mrs. Thomas DiLenge
Captain C. Joseph Bustamante and Mrs. Bustamante	Mrs. Judith Chaimson	Mr. and Mrs. Brian S. Cole	Ms. Lynne Davidson	Mr. and Mrs. Robert H. Dilworth
Mr. Thomas J. Byrnes	Ms. Donita Chamberlin	Mr. Thomas R. Comi	Ms. Paulette Davidson	Mr. and Mrs. Donald B. Dinger
Mr. and Mrs. Ralph N. Cagle, Jr.	Mr. and Mrs. Brian J. Chappelle	Mrs. Donna May Comstock	Ms. Sandra D. Davidson	Ms. Bernice Dinion
Ms. Jeanne S. Cahoon	Ms. Joyce M. Cherry	Ms. Ann C. Connell	Ms. Linda E. Davis	Danielle Doberman, M.D.
Mr. and Mrs. Joseph J. Calabrese, III	Admiral Henry G. Chiles, Jr., USN (Ret.)	Ms. Elaine K. Conner	Ms. Andrea Dawson	Ms. Sheila Dobiliauskas
Mr. and Mrs. Earl A. Callender	Mr. J. Bruce Chudoba	Mr. and Mrs. Ray Converse	Mr. and Mrs. Pierce E. DeGross III	Mr. and Mrs. Stanley C. Dobson
Mrs. Amy L. Calligan	Churchill Mortgage Company	Ms. Nancy Cook	Mr. Paul Del Giudice	Mr. and Mrs. David Dokken
Mr. Kevin A. Camphausen	Mrs. Judith E. Churchill	Mr. Neil Corey Jr.	Mr. Ed DeLaney	Ms. Monica P. Dolin
	Mr. and Mrs. Thomas E. Ciciarelli	Ms. Linda V. Courie	Mr. and Mrs. David J. Delia	Ms. Shannon Doyle
		Ms. Lynn E. Cowart	Deltek Systems	Mrs. Rebecca D. Duckworth
		Mr. Richard Craig		Mr. Kevin Duff
				Dr. Eileen J. Duffy and Dr. Adrian D. Duffy

2019 DONORS *(continued)*

Mr. and Mrs. James Duffy	Ms. Mary E. Esslinger	Ms. Linda Friedman	Mr. and Mrs. Peter M. Gill	Ms. Jane W. Gwinn
Ms. Janet W. Duke	Ms. Jean M. Esswein	Mr. Dennis Friel	Mr. Andrew Gilman and Ms. Dianne Rudo	Mrs. Emma C. Haley
Mr. and Mrs. John C. Dulan	Evangelical Lutheran Church of the Redeemer	Mrs. Charlotte K. Friend	Mr. and Mrs. Rajon T. Gilmore	Mrs. Marianne Hallett
Sandy and Jim Dunn	Mr. Keith Everett	Mr. and Mrs. J. Vic Funderburk	Ms. Elizabeth N. Giuliani	Ms. Tara Hamilton
Mr. and Mrs. David DuPree	Ms. Megan E. Faherty	Ms. Amy Dilworth Gabel	Mr. Kurt Glass	Ms. Karen M. Hanchett
Ms. Jacqueline Dupree	Mrs. Lois E. Fairchild	Dr. Richard L. Gaertner	Ms. Marguerite F. Godbold	Ms. Joan E. Handler
Durbin Valve	Mr. Bobby Fanton, R.N.	Mrs. Margaret M. Gaffen	Ms. Patricia L. Goeller	Mr. Dennis Hanlon
Fran H. DuRocher, MD and Sigi Moser, RN	Ms. Fariba Fardowsi	Mr. Charles R. Gallaway	Ms. Ann Goettman	Mr. Brett Hanover
Ms. Diane Duston	Mr. Robert E. Farmer	Mrs. Margaret D. Galles and Mr. Steve T. Galles	Mr. Andrew G. Goldberg	Mr. and Mrs. Robert L. Hansan
Dr. Vera Dvorak and Dr. Joseph C. Dvorak	FCP Fund Manager LLC	Mr. Richard J. Galus	Ms. Jill Golden	Mrs. Joyce L. Hanson
Eastminster Presbyterian Church	Ms. Beth Feldman	Ms. Kathy Gammill	Mr. Michael Goldenberg	Mr. Ben Harris
Mrs. Catherine O. Eckbreth	Ms. Nancy Fenstermacher	Mrs. Angela Ganey	Ms. Michele E. Gonsalves	Ms. Cynthia Hartman
Mr. William Edington	Ms. Susie Ferguson	Colonel John L. Garcia and Mrs. Garcia	Mrs. Rosann M. Goodrich	Mrs. Nellie Hashemi
Mrs. Francine J. Eglin	Mr. Kurt W. Fischer	Mr. and Mrs. Bill Gard	Mrs. Mary T. Goodwin	Mr. Stephen Hasty
Mr. David N. Elan	Mr. and Mrs. Jeffrey M. Fishbein	Mr. and Mrs. Edward V. Garlich, Jr.	Mrs. Antonia G. Gordon	Ms. Doris Hausser
Elite Home Sales LLC	Ms. Susan E. Fisher	Ms. Mary S. Garner	Mr. Michael A. Gordon	Ms. Jean Hawes
Mrs. Kathleen Elkins	Mr. J. Roger Fleming	Ms. Regina Gaudet	Ms. Emily Jo Goulden	Ms. Maureen Hayes
Elks Auxiliary Arlington–Fairfax Lodge # 2188	Mr. and Mrs. Stan Folsom	Ms. Virginia Gearhart	Mr. Willford S. J. Gourdine	Mr. and Mrs. John T. Hazel, Jr.
Mr. Brian C. Ellis	Ms. Stephanie Forbes	Mr. Martin Gellert	Mrs. Yen Greenfield	Ms. Barbara W. Hazelett
Mr. Milton H. Ericksen	Mrs. Chantal Fox	Mr. Todd Gerace	Mr. Alan R. Gregory	Mr. and Mrs. Jan Z. He
Ms. Judith A. Erickson	Ms. Mary L. Fox	Mrs. Leigh Burton Gill	Mrs. Paula A. Griffeth	Heart Sing Foundation
	Mrs. Lula G. Freehof		Ms. Dana T. Grimm	Mr. James W. Heegeman
	Mr. Keith Freeman		Ms. Adrienne Gude	Mrs. Joan Helble
			Gunston Baptist Church	Mr. and Mrs. Alan Helfer

*In Memory of/Deceased

Mr. Byron C. Hennessey	Mrs. Amity Horowitz	Mrs. Gwendolyn Ingraham	Mrs. Arlean S. Juhasz	Mr. Frederick L. Klein
Mr. and Mrs. Donald B. Henretty	The Hospice and Palliative Nurses Association	Ms. Lisa Ingrassia	Mr. Richard A. Kahane	Mr. and Mrs. Lester B. Knutsen
Ms. Joan B. Hensley	Mr. and Mrs. Douglas E. Hough	Mrs. Virginia A. Insani	Mr. and Mrs. Jerome A. Kaplan	Ms. Mary Kobane
Mrs. Janice B. Hernandez	Mr. and Mrs. James A. Hourihan	Mr. and Mrs. William Irwin	Mr. and Mrs. Mark L. Kaplan	Ms. Traci A. Koch
Mr. John Herold	Mrs. Susan G. Hovan	Mr. and Mrs. Bob Howard Jacobs	Ms. Margaret L. Karczewski	Mr. and Mrs. David A. Koplow
Mr. Michael H. Higgins	Mr. and Mrs. Arthur L. Howard	Mr. and Mrs. Mark T. Jacobson	Ms. Alice Katz	Ms. Jean Marie Koppen
Ms. Cynthia D. Hill	Mr. and Mrs. David P. Hoyer	Mr. Michael P. Jacobson	Mr. Paul F. Kavanaugh	Ms. Reggie M. Kouba
Mr. and Mrs. James V. Hirsch	Mrs. Janet P. Hugger	Mr. and Mrs. James Jadloso	Mr. Mohammad Kaymanesh	Mr. John T. Koutsoumpas
Ms. Marylou Hobbs	Mr. Edward W. Hughes	Ms. Elizabeth B. James	Ms. Kathryn C. Kearns	Mr. William H. Kraper
The Hof Garden	Mr. and Mrs. David F. Humenansky	Mrs. Kathleen A. James	Mr. William J. Keery	Mr. and Mrs. Richard L. Krauss
Ms. Lee McGraw Hoffman	Ms. Lynne T. Hundley	Ms. Donna L. Jamison	Mr. Donald R. Kehoe	Mr. Alan J. Kriegel
Mrs. Susan S. Hoffman	Mr. and Mrs. Robert D. Hunt	Mr. John S. Jamison	Mrs. Katherine S. Kehoe	Ms. Brianne Kucerik
Commander William S. Hoffman and Mrs. Hoffman	Mr. and Mrs. John E. Hunter	Jenkins Funeral Homes, Inc.	Mr. and Mrs. Richard J. Kelly	Mrs. Patricia M. Kuczowski
Mr. Louis M. Hofheimer	Ms. Dixie Huntington–Davis	Mrs. Monica Jenkins	Mr. John J. Kenny	Mr. James W. La Baugh
Ms. Tara O. Hoit	Ms. Maria Huppe	Ms. Margaret Jenny	Mr. Michael L. Kerley	Mr. and Mrs. Ralph Laffey
Mr. Linwood L. Holbrook, Jr.	Mr. Richard G. Hurlburt	Jerome A. & Deena L. Kaplan Family Foundation	Mr. and Mrs. Dennis J. Kern	Mr. Frank LaMonica
Mrs. Cheryl L. Holder	Mr. and Mrs. Fredrick G. Hutchison, Jr.	Mr. and Mrs. David Jillson	Mr. Joseph P. Kerr	Ms. Susan B. Lancaster
Ms. Marianne H. Holmes	Mr. Brian C. Hyland	Mr. Wayne G. Johns	Ms. Ingrid Keune	Mr. James E. Langmesser
Ms. Janet L. Holton and Mr. Philip Haber	Mr. Michael J. Iadarola	Mr. Mark A. Johnson	Ms. Kristina E. Kibler	Ms. Pamela Clapp Larmee
Mr. and Mrs. Harry W. Hook, Jr.	Idylwood Presbyterian Church	Ms. Elliott Jones	Mr. John Kipps	Maj. Gen. Robert H. Latiff, USAF (Ret.) and Mrs. Latiff
Mr. Sheldon K. Hooper		Mr. and Mrs. Robert D. Jones	Ms. Michele Kirk	Mr. and Mrs. Robert U. Lawall
Mr. Cary P. Hoover		Mr. Wilburn Jones	Mrs. Susan L. Kirkbride	
			Ms. Jennifer Kitrel and Mr. Thomas Cogan	

2019 DONORS *(continued)*

Mr. Frederick C. Lee and Ms. Connie J. Reid	Ms. Karola Longo	Mr. and Mrs. Charles W. Masters	Ms. Jennifer P. McLean	Minding Your Business, Inc.
Mr. Michael Lee	Mr. and Mrs. Keith C. Loughery	Mr. and Mrs. Matthew Matay	Ms. Joan C. McLean	Ms. Kimberly Mitchell
Ms. Sung Lee	Mrs. Mary W. Lucius	Ms. Christina Maxson	Mr. Robert M. McLeran	MJF Associates, Inc.
Ms. Judith H. Leep	Mrs. Marie Ruth Lukac	Ms. Judith L. Mayrose	Mrs. Madeline M. McManaway	Mr. Mark G. Moffatt
Ms. Nora Y. Leng	Mr. and Mrs. Robert R. Lund	Lt. Col. Barbara Estock Mays	Mrs. Regan McNair	Ms. Ann E. Monnig
Mr. and Mrs. James P. Leonard	Mr. and Mrs. Larry E. Lunsford	Mr. and Mrs. John F. Mazzuchi	Ms. Linda McWilliams	Monumental Sports & Entertainment P & C
Mr. and Mrs. David Lepe	Mr. and Mrs. George P. Lutz	Mr. and Mrs. James A. McAskil	Mr. Allen K. Mears	Mrs. Annette J. Moore
Ms. Karen Levine	Mr. and Mrs. Theodore C. Lutz	Ms. Laura E. McCloud	Mrs. Jean Meek	Mrs. Linda C. Moore
Mr. and Mrs. Keith Livingston	Mrs. Molly Lynch	Mr. and Mrs. Douglas McCormick	Mr. Timothy S. Menter	Mr. and Mrs. Adrian Morris
Ms. Joann Lewinsohn	Mrs. Sally R. Lyver	Ms. Catherine M. McCoy	Ms. Lynn Mento and Mr. Philip Mento	Mr. and Mrs. Richard F. Morris, Jr.
Ms. Gladys Lewis	Mr. and Mrs. Alan F. Mager	Mr. Bill McDonough	Mr. Douglas Scott Merrell	Ms. Jean A. Morrison and Mr. Gregory L. Knott
Mr. John A. Lewis	Ms. Carol Ann Mahoney	Mr. and Mrs. Michael J. McElderry	Merrifield Community Association Foundation	Mr. Alexander T. Morrow
Dr. and Mrs. Randall J. Lewis	Mrs. Wendy S. Maiwurm	Mr. and Mrs. Norwood R. McElveen, Jr.	Merrifield Garden Center	Mr. Victor A. Mortenson, Jr.
Mrs. Rosemary S. Lewis	Mr. and Mrs. Joseph A. Malpeli	Mr. and Mrs. Paul J. McFarland	Mr. Philip L. Metzler	Ms. Brenda F. Mosley
Mrs. Cynthia R. Lilley	Mr. Robert Maniuszko	Ms. Dawn M. McGruder	Ms. Marilyn A. Meyers	Mr. Nigel Mote
Colonel Allen T. Lindholm, USA (Ret.) and Mrs. Lindholm	Mr. and Mrs. Steven R. Marcom	Mr. Terence J. McGurn	Mrs. Debby M. Michalowski	Ms. Stephanie Mueller
Mr. Daniel C. Link, Jr.	Dr. Marilyn Marquardt	The Honorable Roderick R. McKelvie and Ms. Claire M. McCarthy	Mr. Allen Z. Miller	Mrs. Mary W. Mullen
Mr. and Mrs. David Liss	Ms. Virginia C. Mars	Ms. Sandy R. McKenzie	Mr. and Mrs. Kevin W. Miller	Mr. Robert Mulligan
Ms. Angela M. Lo Re	Mr. Dennis K. Martin		Mr. and Mrs. Steve Miller	Colonel Antonio Munera, III and Mrs. Barbara Munera
Mr. Peter Lo	Mrs. Ellen W. Martin		Mr. and Mrs. Guy Philip Million	Tom and Marty Murdock
Mr. Chris Logas	Mrs. Reisha Martin		Mr. and Mrs. Robert Mills	Mr. and Mrs. Joseph E. Murphy
Captain David A. Long	Ms. Sharon K. Maruca		Mr. Jeffrey S. Milnes	

*In Memory of/Deceased

Mr. Bernard A. Mustafa	Ms. Stella Oloruntoyin	Mrs. Celeste C. Penkunas	Mr. and Mrs. John C. Racich	Mr. and Mrs. Thomas H. Robinson
Mr. and Mrs. Jim M. Myers	Ms. Sandra J. Olson	Ms. Veronica A. Perez	Mr. and Mrs. John C. Rahming	Mr. William Q. Robinson
Mr. Edward Nanas	Mrs. Valerie P. Olson	Ms. Barbara Perry	Ms. Mary Leonard Ralston	Ann Rochmis, M.D. and Paul G. Rochmis, M.D.
Mr. Andrew Nappi	Ms. Ann E. O'Neil	Ms. Meredith Piemme	Ms. Mary L. Rapczynski	Mr. Robbin Roddewig
Ms. Catherine Nardi	Mr. Richard C. Ordeman	PIEtech	Mrs. Hazel Rathbun	Mr. and Mrs. A. D. Rodgers, III
Mr. and Mrs. Timothy J. Naughton	Ms. Kathryn S. O'Toole	Mr. Bobby J. Pigg	Ms. Christine Reimers	Mr. James Rodgers
Navigators Baseball LP D/B/A Richmond Flying Squirrels	Mr. and Mrs. Larry E. Otto	Dr. Christopher W. Pile	Mr. Arthur F. Reinhardt	Mr. Henry J. Roeder
Mr. and Mrs. Farid H. Nawab	Ms. Katherine Overstreet	Rev. Dr. Tyrone Pitts	Mr. Michael Reis	Mr. and Mrs. John Rohland
Ms. Diana C. Neach	Mr. Thomas A. Owens	Ms. Ruby Poirel	Renaissance Philanthropic Solutions Group	Mr. and Mrs. David C. Roseman
Ms. Bethany Nelson	Mr. and Mrs. Timothy W. Painter	Mrs. Ferne Polk	Mrs. Marie F. Renzi	Dr. Faye Rosenbaum
Ms. Melanie Nezer	Mr. George P. Pakidis	Ms. Patricia A. Popovich	Resurrection Evangelical Lutheran Church	Mr. and Mrs. Glenn H. Rosenthal
Ms. Danielle Nguyen	Mrs. Frances Palmer	Mr. and Mrs. Larry A. Porch	The Reverend Carolyn S. Richar	Rosenzweig–Kunzer Charitable Fund
Mrs. Connie Lee Nolan	Ms. Sorab M. Panday	Mr. John A. Porter	Mrs. Helen M. Riddell	Dr. James A. Roth
Mr. and Mrs. Bill Novelli	Mrs. Betty B. Parker	Mrs. Susan L. Porter	Mrs. Carolyn A. Rieth	Ms. Rose Mary Rowland
Dr. Arthur J. Novick	Ms. Sarah Parsons	Mr. David Posner	Mr. Philip J. Rizik	Ms. Michelle Roybal
Judith A. Nowak, M.D.	Mr. and Mrs. Andrew Patterson	Mr. and Mrs. Jason Potter	Mrs. Jacquelyn M. Rizzo	Mrs. Maria Rushing
Robert A. Nussbaum, M.D.	Mr. Alberic Paul	Ms. Faye A. Powell	Ms. Julia Robbins	Mr. and Mrs. David H. Russell
Ms. Susan O'Brien	Mr. Richard Paulson	Captain John H. Preisel, Jr. and Mrs. Preisel	Mr. Jerald Roberts	Mr. and Mrs. Jeffery M. Russell
Mrs. and Mr. Caroline S. O'Connell	Mrs. Deborah Payne	Carole and David Preston	Ms. Ruth A. Roberts	Mr. and Mrs. Kenneth A. Ryan
Mr. and Mrs. John O'Donnell	Mr. and Mrs. David M. Payne, Sr.	Mr. Matthew J. Prestone	Mrs. Frances E. Robey	Ms. Margaret L. Ryan
Mrs. Gay Ojanpera	Ms. Carolyn S. Peal	Mr. and Mrs. Mark Pugrant	Ms. Kirsten J. Robinson and Mr. John Schectman	Mrs. Juliet A. Sablosky
Ms. Lars Okeson	Mr. and Mrs. Alan Pendleton	Mr. Michael J. Quigley		
		Mr. Thomas J. Quinn		
		Mr. James D. Raba		

2019 DONORS *(continued)*

Mr. and Mrs. Tom O. Sachs	Mrs. Joyce A. Shaw	Ms. Judy Smith	Ms. Catherine (Kay) B. Stowers	Mr. and Mrs. David Tordella
Ms. Lucy Sale	Ms. Nora L. Sheehan	Mrs. June D. Smith	Lynne J. Strobel, Esq.	Mr. Ronald L. Torezan
Mr. and Mrs. Arthur P. Salvaterra	Mr. and Mrs. Richard S. W. Shepard	Mrs. Lillian H. Smith	Mrs. Martha J. Strominger	Mr. Thomas A. Toth
Ms. Bettie L. Samuel	Ms. Joan E. Shepherd	Mr. and Mrs. Robert J. Smith	Mrs. Mary Sullivan	Mr. and Mrs. John Totten
Ms. Stephanie Sanet	Mrs. Martha Jane Shepherd	Mr. Rodney E. Smith	Mr. and Mrs. Thomas J. Sullivan	Mrs. Katie Tran-Lam
Mr. and Mrs. Peter A. Scala	Mary J. Sherman	Mr. Stephen M. Smith	Mr. Eric Sumner	Mr. John R. Transue
Mrs. Andrea Scamardo	Mrs. D. Michele Cote Shomaker	Ms. Kerry Smyser	Mrs. Sue A. Sutherland	Mr. Jonah R. Troth
Mrs. Irmgard B. Scherer	Ms. Callie E. Shosho	Ms. Nancy C. Sonnenberg	Mrs. Gladys A. Swearingen	Mr. Keith G. True
Mrs. Janice C. Schiff	Mrs. Frances S. Shreve	Mr. and Mrs. Charles D. Sorenson, II	Ms. Mary Elizabeth Swope	Ms. Martha L. Trunk
Ms. Beverly Schlotterbeck	Dr. Anne Silao-Solomon	Ms. Elisa Soto	Mr. Michael D. Tait	United Technologies Corporation
Dr. and Mrs. William Schroth	Mr. and Mrs. Mark S. Silverwood	Mr. Jess Soto	Ms. Carol L. Teigen	The Honorable Kathleen Utgoff, PhD and Mr. Victor A. Utgoff
Ms. Susan E. Schruth	Mr. and Mrs. Sidney G. Simmonds	Ms. Michele Spence	The Ed and Andy Smith Fund	Mr. Leigh Valudes
Ms. Jennifer Schulz	Mrs. Linda Simms	Mr. Robert F. Spillane	The Marshall Family Foundation	Ms. Kathryn J. Van Der Kamp
Ms. Gretchen A. Schuster	Mrs. Ruth S. Simon	St. John's Episcopal Church	Mr. and Mrs. David A. Thibodeau	Mrs. Roberta K. Van Haeften
Mr. and Mrs. Andrew M. Schwind	Mrs. Sonya Singer Livingston	Stanley Martin Companies, Inc.	Ms. Karen B. Thomas	Mrs. Nancy P. Van Orden
Ms. Diane Scott	Mrs. Helene V. Sirpis	Mrs. Jane M. Starkey	Mr. Homer Thrall, Jr.	Mr. and Mrs. H. S. Van Scoyoc
Mr. George R. Scott	Mr. and Mrs. Harold D. Sisson	Mrs. Judith A. Sterne	Mr. and Mrs. Nathan E. Tielking	John C. Vance, M.D.
Ms. Heather Scott	Mr. and Mrs. William P. Skinner	Ms. Krista J. Stewart	Ms. Carol J. Tienken	Ellen Vargyas, Esq.
Mrs. G. Elizabeth Scrivener	Ms. Kelly M. Skoloda	Mr. Matthew R. Stockdale	Mrs. Patricia Tixhon	Dr. Mark Vasiliadis
Ms. Ann H. Scully	Mr. and Mrs. John G. Slanta	Mr. and Mrs. Robert W. Stocks	Ms. Margaret M. Tocci	Mr. Joseph M. Vaughan
Ms. Lee Alice Kimball and Mr. Richard T. Scully	Ms. Deborah R. G. Smith	Mr. Donald W. Stover	Mr. Thomas Torbert	Mr. James J. Vecchiarelli
Ms. Monica Sevila		Ms. Kathleen J. Stowe		Ms. Frances L. Ventis

*In Memory of/Deceased

Mr. Charles E. Ventura
 Mrs. Victoria C. Viets
 Mr. Albert Villanigro–
 Santiago
 Mr. Michael C. Vincent
 Ms. Lois J. Vinci
 Mrs. Linda Wack
 Mr. and Mrs. Frederick
 C. Wagner, Jr.
 Colonel John E. Wagner
 Ms. Patricia M. Wagner
 Mr. Daniel M. Waits
 Waldinger Creative
 Mr. and Mrs. Charles P. Wales
 Walker Chapel United
 Methodist Church
 Mr. and Mrs. Patrick J. Wall
 Ms. Lauralie M. Wallace
 Walmart Facility 5731
 Mr. and Mrs. Leonard
 L. Walmsley
 Ms. Susan L. Walton
 Mr. and Mrs. Edward
 F. Ward, Jr.
 Mr. Ryan Ward

Mr. and Mrs. Robert P.
 Warhurst, Jr.
 Mr. John R. Warren, Jr.
 Mr. and Mrs. Daniel Weisz
 Mrs. Anne Welkener
 Mr. and Mrs. Dennis C. Welsh
 Mr. and Mrs. Nicholas
 Wenri, Jr.
 Dr. Lee–Anne West
 Mr. Tommy G. Westbrook, Jr.
 Ms. Susanna W. Weyer
 Mr. Donald P. Whalen
 Mr. M. Dennis Wharton and
 Mrs. Lisa M. Ingram
 Mrs. Toni C. Wheaton
 Ms. Kim Whelchel
 Mrs. Anne Whipple
 Mrs. Kathleen M. White
 Ms. Sonia K. White
 Mr. John E. Whitely, Jr.
 Mr. and Mrs. William “Pete”
 L. Whitmore, Jr.
 Ms. Lorraine S. Wickstrom
 Ms. Sherri M. Wildoner
 Col. Philip L. Wilkerson, Jr.
 and Lt. Col. Carol J. Wilkerson

Mr. and Mrs. Corbin M. Wilkes
 Ms. Deborah Wilson
 Mrs. Georgette R. Wilson
 Lt. Col. James G. Wilson, USA
 (Ret.) and Mrs. Pham Liem
 Ms. Nancy Wilson
 Mr. Robert E. Wilson
 Mr. Robert D. Windus
 Mrs. Gail M. Winkler
 Ms. Jeanne M. Wolf
 Mr. Richard Wolf
 Ms. Gretchen M. Wolfinger
 Ms. Pamela Wooding
 Ms. Patricia M. Woolsey
 World of Hope Golf Classic
 Olam Tikvah
 Mrs. Mary T. Wright
 Henry and Roberta Wulf
 Mrs. Sheryl D. Yates
 Mrs. Sarah H. Yerkes
 Mr. John Yosaitis
 Mrs. Sarah J. Zeigler
 Mr. Paul N. Zierk
 Dr. Anne L. Schiller and
 Dr. Matthew Zingraff

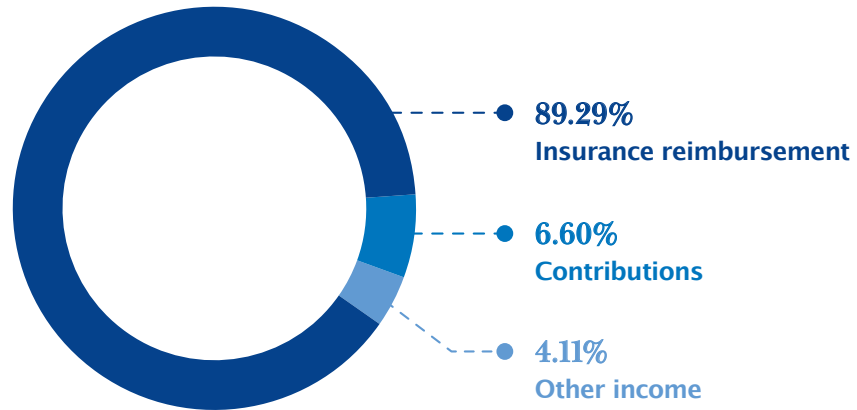
Mr. Jason M. Zuccari
 Mrs. Joyce G. Zucker
 Mr. and Mrs. William
 C. Zuellig
 Dr. and Mrs. George R. Zug

“For over 22 years, I have been a donor to Capital Caring Health. I feel so proud when I hear from family members deeply touched by the care and compassion shown by the dedicated team at Capital Caring Health. The pleasure and the gratification I get is far greater than the amount of money I donated.”

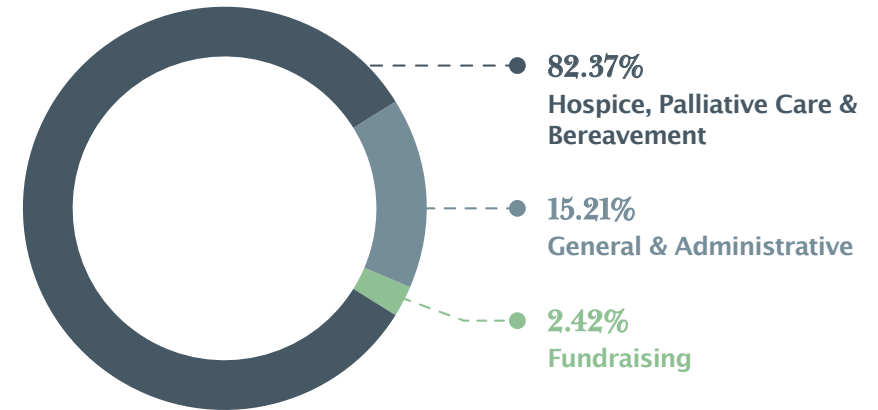
Mr. Len Adler
 Donor

2019 Year in Review

| WHERE DOLLARS COME FROM



| WHERE DOLLARS GO



Thank You

TO OUR COMMUNITY PARTNERS AND SPONSORS FOR YOUR INCREDIBLE GENEROSITY



During this unprecedented time in responding to a global pandemic never before experienced in our lifetime, we have seen our community give back in tremendous ways. By Sharing the Caring, our frontline care team staff are fully prepared and equipped with Personal Protective Equipment (PPE), our social workers and bereavement counselors are connecting with patients and families through virtual tools and programs, our volunteers are making gowns and face shields, and our community partners are providing invaluable education and support with their resources and donations.

Capital Caring Health launched a COVID-19 Emergency Relief Fund at the onset of the outbreak with the goal of garnering community support for the provision of critical resources, services and care. Topping the list of needs was and continues to be Personal Protective Equipment (PPE) to protect our frontline workers from exposure to the virus so that they can continue care to our patients and families.

Food delivery and security for the most vulnerable members of our community who must remain in the safety of their homes is another top priority, as is sterilization supplies and equipment, always in short supply, but critical to caring for patients in our inpatient facilities as well as their homes.

Social isolation among elders in facilities and patients and families, an unfortunate outcome of social distancing time has exacerbated mental behavioral health and impacted our ability to provide that compassionate

'touch' that is so important to the care we promise to those patients and families we treat.

Virtual visit technology made possible by donor support enables us to continue to stay connected with our patients and families, those who count on us for our grief counseling and bereavement services, and special tablets enable us to monitor those individuals who need extra special attention to remain safely in their homes or residences.

On behalf of Capital Caring Health's Board of Trustees, our Executive leadership and staff, we wish to share our sincere appreciation and gratitude for your gifts of time and invaluable resources that enable us to fulfill our mission every day of providing the highest quality advanced illness care to all those in need.

We dearly value our leadership giving partners and appreciate their extreme generosity during this unprecedented time. Your donations make a powerful impact. We welcome you to join us. Please consider a gift that goes to work, taking the best care of patients and families now and always.

For Ways to Give, visit:

capitalcaring.org/get-involved/donate

Corporate & Foundation Support

FOR COVID-19 RELIEF FUND

The Truist Foundation - \$100,000

The Truist Foundation provided a \$100,000 grant to support prescription meals for patients, virtual visit technology, Children's Programs, capturing patients' life stories with Memory Well, and other emergency needs related to COVID-19.

Anonymous - \$50,000

An anonymous donor redirected \$50,000 from a recent \$100,000 donation to purchase sterilization equipment to prevent the spread of COVID-19 pandemic in Washington, DC in our care centers.

Alexander and Margaret Stewart Trust - \$25,000

The Alexander and Margaret Stewart Trust provided a \$25,000 grant to expand Children's Programs to meet the needs of children affected by the COVID-19 pandemic in Washington, DC.

Northern Virginia Community Foundation - \$22,500

The Northern Virginia Community Foundation, and two associated Funds, the JOY Charitable Fund and the Delmar Family Fund, provided \$22,500 in grants to support prescription meals for patients and virtual visit technology for patients and families in Northern Virginia.

Arlington Community Foundation - \$20,000

The Arlington Community Foundation, along with the Washington Forrest Foundation, provided a \$20,000 grant to provide prescription meals and virtual visit technology for patients and families in Arlington.

ACTS of Alexandria - \$17,500

ACTS of Alexandria Foundation provided two grants totaling \$17,500 to provide prescription meals and virtual visit technology to patients and families in Alexandria as well as funds to expand counseling services for children impacted by COVID-19 in Alexandria.

TEGNA Foundation - \$7,500

The TEGNA Foundation provided a grant for \$7,500 to support emergency needs arising from the COVID-19 pandemic.

United Way of the National Capital Area - \$5,000

The United Way of the National Capital Area provided a \$5,000 to support prescription meals for patients and families in the Greater Washington, DC area.

Community Foundation of the Rappahannock Region - \$5,000

The Community Foundation of the Rappahannock Region provided a grant for \$5,000 to support expanding Children's Programs including virtual visit technology, high-tech medical equipment, and meals for patients and families in the Rappahannock Region.

Loudoun County Government - \$5,000

The Loudoun County Board of County Supervisors provided a grant for \$5,000 to provide prescription meals for patients and families in Loudoun County.

Walter E. Bloedorn Foundation - \$5,000

The Walter E. Bloedorn Foundation provided a grant for \$5,000 to expand counseling services for children impacted by the COVID-19 pandemic in Washington, DC.

The DC Young Republicans - \$1,175

The Washington, DC Young Republicans Club contributed \$1,175 to provide meals to pediatric patients and families during the COVID-19 pandemic.

Arthur Cotton & Patricia Moore - \$1,000

Arthur Cotton and Patricia Moore contributed \$1,000 in support of providing prescription meals to patients and families in Washington, DC.

IN-KIND DONATIONS

The Fenwick Foundation

The Fenwick Foundation donated Giant gift cards to supply food, groceries, and other supplies for patients, families, and staff in Arlington, Virginia.

Holiday Inn - Arlington

The Holiday Inn-Arlington donated 4 nights of rooms throughout April and May 2020 for staff, patients, and families in Arlington, Virginia.

THE GIFT OF TIME

We sincerely appreciate the following media partners for providing the gift of free air-time to help educate and inform the community about staying safe during the COVID-19 pandemic.

- WUSA 9
- WRC
- WTOP
- iHeartMedia



capitalcaring.org | 24-hour Care Line: 1-800-869-2136

TRUIST



THE ALEXANDER AND MARGARET
STEWART TRUST



2019 – 2020 Vital Signs

\$3.1 million

in Charity Care Provided

183

Patients Served
by Charity Care



2,235

Trained Volunteers



58,800

Volunteer Hours



17

New Hospice and Palliative
Care Medical Staff Hired

3,241

Palliative Care
Patients Served



15,381

Palliative Care Visits

7,693

Hospice Patients Served

100+

CCH Staff Received
Pediatric ELNEC
(End-of-Life) Training



43

Pediatric Hospice
Patients Served

5,785

Bereaved Children & Adults
Receiving Grief Support



440,551

Days of Hospice Care



15

Caring Circles School
Bereavement Groups

4

Inpatient Centers



57

Beds (at Inpatient Centers)

1,141

Inpatients Served



Advanced Home Care & Hospice for All Ages at All Times

capitalcaring.org | 24-hour Care Line: 1-800-869-2136

Capital Caring Headquarters

3180 Fairview Park Drive
Falls Church, VA 22042
703-538-2066

Aldie, Virginia

*Capital Caring Adler Center
on the Van Metre Campus
(Inpatient Unit)*

24419 Millstream Drive
Aldie, VA 20105
703-957-1777

Alexandria, Virginia

5845 Richmond Highway
Suite 150
Alexandria, VA 22303
703-333-6960

Arlington, Virginia

*Capital Caring Halquist
Center (Inpatient Unit)*

4715 North 15th Street
Arlington, VA 22205
703-908-5900

Falls Church, Virginia

3180 Fairview Park Drive
Suite 175
Falls Church, VA 22042
703-538-2065

Fredericksburg, Virginia

Palliative Clinic
4600 Spotsylvania Parkway
Suite 300
Fredericksburg, VA 22408

111 Olde Greenwich Drive
Suite 101
Fredericksburg, VA 22408
540-891-1200

**Loudoun & Western
Fairfax Counties**

24419 Millstream Drive
Aldie, VA 20105
703-957-1800

**Prince William,
Fauquier, Culpeper &
Rappahannock Counties**

24419 Millstream Drive
Aldie, VA 20105
703-957-1800

Richmond, Virginia

Palliative Clinic
Virginia Cancer Institute
at the Sara Cannon Building
1401 Johnston Willis Drive
Suite 100
Richmond, VA 23235

9020 Stony Point Parkway
Suite 170
Richmond, VA 23235
804-601-3180

Winchester, Virginia

24419 Millstream Drive
Aldie, VA 20105
703-957-1800

Greenbelt, Maryland

*Capital Caring Center Prince
George's County Maryland*
9885 Greenbelt Road
3rd Floor
Lanham, MD 20706
301-850-5468

Largo, Maryland

1801 McCormick Drive
Suite 180
Largo, MD 20774
301-883-0866

Montgomery County, Maryland

6707 Democracy Boulevard
Suite 104
Bethesda, MD 20817
301-850-5484

Washington, DC

50 F Street, NW
Suite 3300
Washington, DC 20001
202-244-8300

*Capital Caring Center
at Providence Hospital
(Inpatient Unit)*

2nd Floor, 2 South
1150 Varum Street, NE
Washington, DC 20017
202-844-4920

*Capital Caring Center at
Sibley Hospital (Palliative
Pain Clinic)*

Sibley Medical Building A
5215 Loughboro Road NW
Suite 460
Washington, DC 20016
202-327-8294

Hospice | Advanced Illness Care | Elder Health | Children's Hospice & Palliative Care
Veterans Health & Support Services | Grief Support | Patient Pet Services