



2023 IN NUMBERS



6,735

Hospice Patients
Served



951

Palliative Patients
Served



109

Pediatric Patients
Served



3,084

Adults Received
Grief Support



659

Active
Volunteers



\$1.74 million
in Charity Care
Provided

MISSION

Provide Patients and Their
Families with Advanced Illness
Care of the Highest Quality

VISION

Be the Best Provider of Advanced
Illness Care and the Best Place to
Work in Healthcare

VALUES

1. Put Patients and Families First
2. Always Do the Right Thing
3. Respect Everyone

CARING FOR ALL

As the Greater Washington region's largest nonprofit hospice and advanced illness care provider, no one is turned away due to an inability to pay for services.

Capital Caring Health also does not exclude individuals or treat them differently for any reason, including but not limited to sexual orientation, gender identity, gender expression, religion, diagnosis or medical condition, veteran status, ancestry, marital status, occupation, pregnancy, citizenship, political affiliation or source of payment. Capital Caring Health respects the beliefs of our patients and their families, and does not impose any belief system on others.



President Jimmy Carter's FINAL GIFT

On February 18, 2023, President Jimmy Carter entered hospice care at the age of 98. By choosing hospice in his final chapter, he is helping to **destigmatize and raise awareness of end-of-life care.**

His leadership and courage highlights important visibility for the peace and comfort that hospice care can provide.

President Carter's final gift is not just a personal choice; it is a lasting legacy, inspiring others to seek the support they need and delivering a powerful message that hospice care is a **compassionate and dignified path.**



A Letter from Our MANAGING DIRECTOR



Dear Friends, Volunteers, Supporters, and Community Partners,

As I reflect on my first year as Managing Director for Capital Caring Health, this past year has been one of the most important in our organizational history as it was a time of pivotal change and focus to ensure our sustainability for generations to come.

Our mission, vision, and core values are our guiding force, centering us on our historical legacy of care for the Greater Washington region and propelling us into the future as we implement best practices and new ideas. Our incredible team members and extraordinary volunteers have gone above and beyond in this effort. At every step along the way, they have demonstrated our commitment to quality and the patients, caregivers, and families we serve.

I am proud to say that Capital Caring Health is stronger than ever as a result of these efforts. Thanks to the generous support of the community and our dedicated supporters, 2023 was one of our best years in recent memory. We celebrated the first anniversary of The Washington Home Capital Caring Health Inpatient Center in Washington, D.C., we held our first in-person Gala in years, we strengthened our connection to local communities and governments with a focus on hospice education, we

witnessed our largest holiday volunteer effort to date, and most importantly provided compassionate care to thousands of patients and families in their time of need.

Looking forward, I am excited about the future ahead. Thanks to leaders like President Jimmy Carter, the stigma around hospice is fading and families are becoming more open to the amazing benefits that hospice care provides. Capital Caring Health is building on this momentum to help reach families earlier and provide critical education about our services.

Our 2023-2024 Annual Report highlights the many accomplishments and important impact of our collective work in providing the highest quality advanced illness care to patients and families. As you will see in our interview with Mike Milken, Chairman of the Milken Institute, we are also celebrating innovations in treatments and the future of advanced illness care to improve the lives of Americans. I know, with your continued support and partnership, our future is assured and our care for patients and their families will remain second to none.

Best Wishes,

Kimberly Grove

Kimberly Grove
Managing Director
Capital Caring Health

CHAMPION OF CARE

a conversation with Mike Milken

Mike Milken has been at the forefront of successful initiatives in medical research, education, public health and access to capital for five decades. In 1993, he founded the Milken Institute, which hosts more than 250 events annually, including conferences in Singapore, Washington, D.C., and its annual Global Conference in Los Angeles.

Mike also chairs FasterCures, accelerating progress against all life-threatening diseases, as well as the Prostate Cancer Foundation, the world's largest private funder of prostate cancer research. He is a co-founder of the Melanoma Research Alliance and the Milken Institute School of Public Health at George Washington University offers 30 degree options. His latest book, *Faster Cures: Accelerating the Future of Health*, chronicles his personal journey and progress in medical research and public health over the past half-century. More information can be found at mikemilken.com.

Steve Cone, Capital Caring Health's Chief of Communications, Marketing, and Philanthropy, was honored to speak with Mike Milken, Chairman of the Milken Institute.



Steve: We are very pleased to present you with our Champion of Care Award for your many years of philanthropic support for cancer and other serious diseases. Can you talk about the progress you've seen on outcomes over the years, and what you see ahead?

Mike: I'm very optimistic about what's going on in medical research today. I've now been working in the field of cancer for more than 50 years. We discovered there were three reasons generally why a person got cancer. One, your immune system was weakened, you got sick and it didn't have the strength to fight off carcinogens or mutations. Two, your immune system didn't recognize your cancer, it was disguised. Three, your immune system was actually turned off. Jim Allison won the Nobel Prize about 20 years after we began funding him because he found a way to target the switch that was turning off your immune system. The minute you turn your immune system back on it is most effective in fighting cancer, with melanoma being number one.

As we're sitting here, there are now hundreds of thousands of cancer patients living normal lives today. I'd say there are 15 to 16 million people today in remission just in America.

However, we don't have the complete answer for everyone. So you now think at the end of your life, are you going to be treated with respect? Are people going to care for you? Are you going to go into the hospital and they tell you your mother is dying, but you have to leave by 7 or 8 o'clock because visitors aren't allowed to stay with them? You have to call in the morning. My mother passed away last year at 99, and we thought about how those final years are spent with loved ones. In our case, did our grandchildren get to spend enough time that they'll remember their great-grandmother, or not. Hospice has played a very important role with my family, and many other families as well.

Steve: The vast majority of families choose to have hospice care provided at home or wherever the patient resides. However, some patients require a higher level of care which is why we operate two hospice inpatient centers in the D.C. Metro area.

We are focused on supporting The Washington Home Capital Caring Health Inpatient Center, our hospice unit located at Sibley Memorial Hospital in Northwest D.C. There are no limits on visiting hours. Family members and friends can come and go at any time, day or night, 24/7. They can even stay overnight with the patient. There are very few of these inpatient centers in operation because insurance does not fully cover the cost.

The Washington Home Foundation helped us with a substantial grant to build out our Sibley inpatient center several years ago. It has now been in operation for over two years since February 2022.

The Washington Home is now offering a \$150,000 challenge grant, hoping that others will join in to support this worthy cause.

Mike: Many people think hospice is just for the patient, but it's for the family too. I know when my father was dying of melanoma, it was wearing down my mother. We often overlook the collateral damage to a family or organization caused by a serious, life-threatening disease. I believe hospice not only provides care to the patient, but also supports the entire family so that there is some normalcy in their life. That is why I am happy to match the \$150,000 challenge gift, because I have personally seen the vital role that hospice plays in the community.

Steve: Wow, that's fantastic. Mike, that's very generous of you.

Mike: I am just so impressed with the work you do. I think about the peace you've provided, not just for patients but also for their family members knowing that they're in a place that is safe for them. We thank you and your organization for what you do, and for your commitment to giving people dignity in their lives.

Steve: On behalf of all the employees, volunteers, and supporters of Capital Caring Health, thank you very much for your generous offering. It will go to great use. Our mission is to keep these inpatient centers running to continue providing care for patients and their families. With the support of people like you, I am confident that will happen.

Want to see more? Scan the QR code to watch the whole conversation with Mike Milken.



FULFILLING OUR MISSION: Compassionate Care

HOSPICE

Life is precious, and every moment counts. Capital Caring Health provides compassionate care for patients and families facing a life-limiting illness. Our focus on quality of life and dignity helps each patient spend their time with people they love.

The following is an excerpt from a heartwarming letter we received from a family member after their loved one was under our care:

H = helping hand is what you do when someone is at the end of their life
O = organized to encompass or reach every member of the family
S = sympathetic and supportive of family worries or concerns
P = prepared to gently but firmly attend to the patient's needs
I = individual progress is studied and assessed
C = concentration on the care and comfort of the patient
E = ease the burden of the loved ones left behind



“ God bless each one of you who made the departure of my beloved husband from this earth in dignity and peace. You gave me hope and kept me calm when I was scared and felt alone. ”

- A Grateful Wife

419,401 DAYS OF HOSPICE CARE PROVIDED IN 2023

GRIEF SUPPORT & COUNSELING

It's not easy coping with illness and loss. **Grief Support Services** are available to anyone in the community who has experienced the death of a loved one. Thanks to the generosity of donors and community partners, bereavement support is available free of charge for everyone in need.

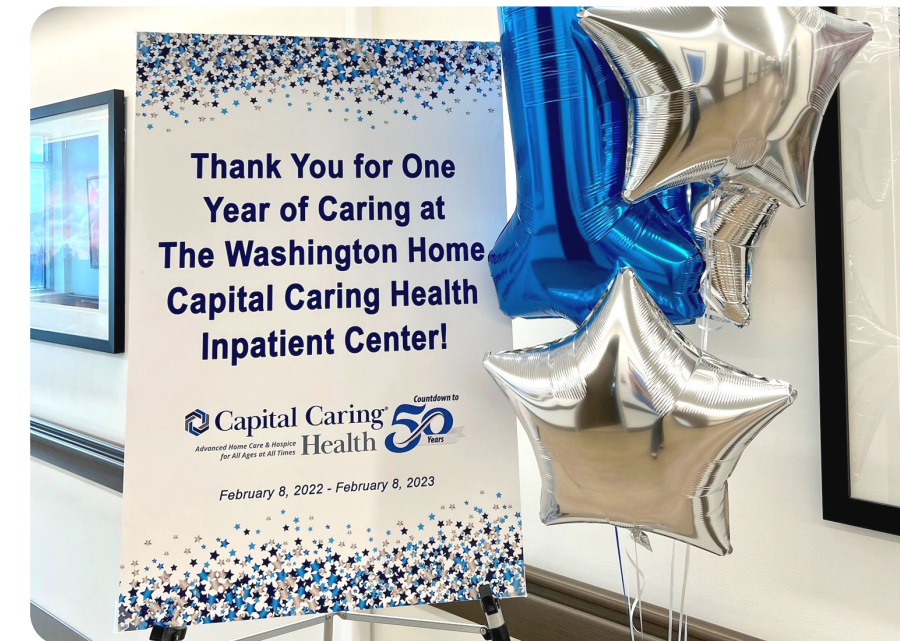
You are never alone; call us anytime at 844-4-GRIEVE (844-447-4383).

1,562 CLIENTS ATTENDED GRIEF SUPPORT GROUPS



“ I continue to be amazed and grateful for Capital Caring Health and all your counselors. What a gift you give the grieving community! ”

- A Grateful Family



CELEBRATING ONE YEAR OF CARE

The Washington Home Capital Caring Health Inpatient Center on the Sibley Memorial Hospital campus marked its one-year anniversary. To commemorate this milestone, employees gathered to share gratitude and recognize a meaningful first year of caring for the community.

Thanks to significant funding from The Washington Home Foundation, Capital Caring Health continues to provide the only inpatient hospice care center in Washington, D.C.

CAPITAL CARING KIDS

Capital Caring Kids specializes in pediatric hospice, palliative care, and grief support for families with children facing life-limiting medical conditions. The program offers compassionate care, guidance, and comfort during some of life’s most challenging moments.



109 PEDIATRIC HOSPICE PATIENTS SERVED IN 2023



“ Thank you so much. You are very special people to help others in this way. We are forever grateful for your advice and immediate help during our son’s last weeks and days. ”

– A Grateful Family



PALLIATIVE CARE

Capital Caring Health aims to enhance each patient’s quality of life. Palliative care is a specialized form of medical care for individuals living with serious illness, including symptom relief, pain management, education, and comfort for patients and their families. Care plans are personalized to reflect the goals, values, needs, and wishes of each patient and family.

951 PALLIATIVE PATIENTS SERVED IN 2023

“ I cannot find the words to express my gratitude. Every recommendation you have done makes my life so much better. ”

– A Grateful Patient

2023 INAUGURAL SPRING GALA

The annual Gala is Capital Caring Health’s signature fundraising event convening hundreds of community partners, business leaders, and healthcare champions from across the region.

This year, **Mr. Anthony Welters**, Founder, Chairman and CEO of CINQCARE and Member of the Board of Directors for The Carlyle Group, and **Rev. Dr. Tyrone Pitts**, General Secretary Emeritus for the Progressive National Baptist Convention, were honored for their work to improve access to healthcare in underserved communities.

Dr. John Whyte, physician, author, and Chief Medical Officer of WebMD, and **Ms. Alisa Valudes Whyte**, Senior Partner and CEO of Merritt Group, received the Champion Award for their support and leadership as Gala Chairs during the pandemic.



REALIZING OUR VISION: Community Support

HONORING VETERANS

It is Capital Caring Health's privilege to care for and recognize the bravery and sacrifices of the incredible men and women who have

"I want to extend my appreciation for the great work of Capital Caring Health, and remind you that it truly makes a difference."
- A Grateful Daughter

served our country. From evening tuck-in calls and assistance for caregivers, to in-person recognition ceremonies, our staff and Battle Buddy volunteers help offer support to each Veteran patient and family.



POINT OF HOPE CAMP



Capital Caring Health's annual camp provides comprehensive support to children and families navigating their individual grief journeys.

Point of Hope Camp welcomes children up to 18 and their families, helping them to create new traditions for keeping loved ones present in their hearts and memories after a loss.

This year's theme, **Seasons of Change**, symbolically represented the five stages of grief as explored through each season. For example, the Winter activity included creating a custom snow globe with a picture of their loved one inside, followed by an inclusive exploration of feelings.

The Autumn activity included reading "The Fall of Freddie the Leaf," a gentle discussion of life and death using leaves as symbols of embracing life fully and accepting mortality with grace.



LEGISLATIVE BREAKFAST

Capital Caring Health engaged with Virginia State Delegates and their staff at the Adler Center for Caring on the Van Metre Campus for an engaging discussion on **Aging in Virginia: Hospice and Critical Illness**.

The event helped inform key stakeholders about critical safety net programs and services that support the Virginia community.



A SPECIAL EVENING AT RDV VINEYARDS

Capital Caring Health celebrated our **46th Anniversary** in style with a meaningful event at RdV Vineyards. Event proceeds supported our mission to provide compassionate hospice care and grief support at no cost to families in need.



CHILDREN'S CELEBRATION OF LIFE



In partnership with referring palliative and hospital care teams, this annual event honored the lives of children who have not been able to fulfill their dream of living beyond childhood. The service included a candle lighting ceremony, sharing of memories, and a memorial walk to the water, where families floated fresh rose petals in memory of their loved ones.

LEGACY OF LIGHT

Capital Caring Kids offered holiday bereavement support during the first annual Legacy of Light event. Together, families honored loved ones and found solace in sharing new seasonal traditions.



SENATE HEALTH WELLNESS FAIR

Capital Caring Health participated in a two-day Senate Health Wellness Fair at the Hart Senate Office Building. It was an honor to serve on this national platform, engaging with more than 1,800 attendees, including U.S. Senators and their staff.

We were pleased to be included alongside other organizations that provide essential services across the Mid-Atlantic region. This event allowed us to raise awareness of our service lines and programs while engaging key constituents on how to increase access to care in underserved communities.



HOSPICE CUP

The annual Hospice Cup sailing regatta returned to the Chesapeake Bay to raise awareness and funds for charitable hospice care and grief support across the region.

This year saw an excellent turnout with an increase in sponsors, racers, and attendees, helping to raise vital funds to support families in need of care.



LIVING OUR VALUES: Heartfelt Service

ROBOTIC COMPANION PETS

Capital Caring Health continues to share how robotic companion pets can often provide joy, comfort, and interactive companionship to patients with advanced illness, and peace of mind to their families.



(Left) Volunteer Laurie and Chief of Communications, Marketing, and Philanthropy Steve Cone spoke at the World Bank's Community Connections Campaign about Capital Caring Health's service lines, the Robotic Companion Pet Program, and how to support our charitable mission.

CARING BEARS

Thanks to dedicated volunteers, we provide hand-crafted memory bears to comfort many of our families after the loss of a loved one.



Caring Bear Crafter Gail created these beautiful bears from a loved one's favorite shirts, offering comfort to the family as they grieved his loss. Two things he cherished the most were his flannel shirts and his grandchildren.

VOLUNTEERS

Capital Caring Health's volunteers create heartwarming memories with patients every single day. Whether they are celebrating milestones, delivering groceries, sitting vigil, or offering companionship, volunteers are a vital part of the compassionate care we provide.

Join us today at www.capitalcaring.org/volunteer.

26,439 VOLUNTEER HOURS SERVED



Thanks to Van Metre Homes for their generous donation of Thanksgiving meals for our Adler Center patients and families in Loudoun and Fairfax counties. Your kindness truly made a difference!



Volunteers Jalia and Rachel brought joy to a patient who had played piano in the Sibley lobby for over 30 years.



Therapy dog Truffles, and his owner Jan, were welcomed onto our volunteer team.



Volunteers celebrated a dear patient's 102nd birthday with cake, gifts, and special live music by Nicole.



Battle Buddy volunteer John expressed his gratitude for a patient's Navy service, exchanged military stories, and presented meaningful Veteran appreciation gifts.



Thank you to our donors and volunteer Elf Squad for spreading much holiday cheer this season with more than 550 gifts for our pediatric hospice and palliative care patients and their families. Each package was delivered in handmade santa sacks created by our Caring Bear Sewing Team.

WAYS TO Give



Donate by Mail:
Capital Caring Health
**Attn: Philanthropy –
Annual Report**

3180 Fairview Park Drive
Suite 500
Falls Church, VA 22042



Give Online:
Scan the QR code above
or visit the link below
to give securely online:
**[www.capitalcaring.org/
AnnualReport](http://www.capitalcaring.org/AnnualReport)**



Create a Tribute:
Your donation will help other
families to receive charitable
hospice care. Make a
memorial gift or create a free
online tribute for your loved
one at **[www.tributelights.
capitalcaring.org](http://www.tributelights.capitalcaring.org)**



Visit our Thrift Store:
Help support our mission by
donating items or shopping
at the Capital Caring Health
Thrift Store at **6172 Arlington
Blvd, Falls Church, VA
22044**



Leave a Planned Gift:
Create a meaningful legacy
and join our Heritage Society
by including a planned gift in
your estate plan. Learn more:
**[www.capitalcaring.org/
planned-giving](http://www.capitalcaring.org/planned-giving)**

Thank You

A heartfelt thank you to 2023 donors for your support. By giving to Capital Caring Health, you make a tremendous difference in the lives of patients and families across the Greater Washington region.

If we have inadvertently omitted your name, please contact 703-538-2077 or email stewardship@capitalcaring.org.

CIRCLE OF CARING

Monthly Donors

Dr. Lynda G. Adamson
Ms. Ana Arnez
Mr. and Mrs. Ruwan J.
Arseculeratne
Ms. Milagros Avalos
Ms. Susan Bast
Ms. Courtney Bauder
Ms. Dawn Breakiron
Mrs. Jeanne Broadway
Mrs. Christine A. Brogan
Mr. Ray E. Broussard
John Barclay Burns, Ph.D.
Mrs. Oney Burton *
Ms. Lynn Butler
Mr. and Mrs. Joseph
Calabrese, III
Lt. Col. James N. Carpenter
and Mrs. Carpenter

Lt. Cmdr. John L. Crapo, USN
(Ret.) and Mrs. Crapo
Ms. Linda R. Daley
Ms. Erika Davis
Mr. Gabriel Derosier
Mrs. Jennifer R. Dolinka
Ms. Karen Dolliver
Mr. and Mrs. Carl A. Eifert
Ms. Elisabeth Fopp
Ms. Stephanie Forbes
Mr. John R. Frye and
Ms. Cheryll P. Chew
Ms. Joan B. Hensley
Mrs. Janet P. Hugger
Ms. Eva Jenkins
Ms. Beverly Kilmer
Mr. and Mrs. David A. Koplow
Ms. Susan K. Kral
Mr. Donald Lindquist *
Mr. and Mrs. John A. Long

Mrs. Irene J. Manning
Lt. Col. Barbara Estock Mays
Mr. and Mrs. Richard
McGruder
Mr. Richard J. Meyer
Miss J'aime Nowell
Mrs. Maria Eugenia O'Brien
Mr. and Mrs. David Payne, Sr.
Ms. Veronica A. Perez
Mrs. Maurin Poole
Ms. Faye A. Powell
Mrs. Hazel Rathbun
Mr. Louis Reichwein
The Reverend Carolyn S.
Richar
Mr. Lawrence Roe
Mr. and Mrs. Roger P. Ross
Ms. Kristen Salvo
Ms. Radha C. Sekar
Ms. Kathryn D'Elia Seltman

Ms. Awilda Sepulveda
Ms. Callie E. Shosho
Mrs. Lillian H. Smith
Dr. Lesley M. Smith
Mr. and Mrs. Robert S. Steven
Ms. Sharon Stiefel
Dr. Ronald D. Swenson
Ms. Margaret M. Tocci
Mr. and Mrs. David Tordella
Mr. Oai Tran
Colonel Graham D. Vernon
Ms. Lauralie M. Wallace
Mr. Robert E. Wilson
Mr. and Mrs. Frederick B.
Wirth
Ms. Bonita Woods
Mrs. Sheryl D. Yates
Ms. Rachel Yost
Ms. Yvonne L. Zecca

BEQUESTS

In Loving Memory of / Deceased *

Estate of Catherine O. Braun
Estate of Morris E. Brown, Jr.
Alma M. Kasulaitis Trust
Estate of Judith D. Krueger
Sandra E. Lamb
Charitable Trust
Estate of Carol Lee Major
Estate of Gladys M. Mott
Trust of Donald O. Opstad
Estate of Robert Orben
Estate of Barbara A. Payne
Estate of Pamela Read Peck
Estate of Margaret M. Peiffer
Joseph A. Schiffrin Trust
Nancy C. Schiffrin Trust
Estate of Betty Jean Stacey

HERITAGE SOCIETY

*Individuals who have included
a planned gift to Capital
Caring Health in their will or
estate plans*

Mrs. Mary M. Adams
Mr. and Mrs. Len and
Dale Adler
Ms. Meryl N. Adler Waak
Mrs. Elizabeth Ahern *
Mr. Howard Armfield
Ms. Elfreda M. Baptist
Mr. Bruce L. Berlage, Sr.
Mrs. Mary Boyd *
Ms. Judith E. Brocksmith
Ms. Celeste Brodigan
Ms. Florence Broussard
Mrs. Virginia H. Brown
John Barclay Burns, Ph.D.
Mrs. Patricia R. Campbell
Ms. Teresa R. Cavalier
Ms. Ann C. Cole
Darleen and Allan Cors
Ms. Johanna M. Cox
Mrs. Madeline G. Crytzer
Mrs. Yoshiko Dart
Mr. Gerard R. Dault
Mrs. Sharron Dreyer
Mr. and Mrs. David E.
and Marlin Feldman
Ms. Linda Fields
Mr. Paul Frommer *
Mrs. Paul S. Frommer
Mrs. Helen E. Garden
Mrs. Dorothy Garrett
Mrs. Nancy J. Gormley
Mr. Marshall H. Groom, Sr.
Mrs. Beate J. Guffee
Mr. Charles M. Hicks
Mr. and Mrs. Wayne K.
and Marylee Hill, Jr.
Mrs. Doris H. Hinsey
Ms. Jeanne-Paule Hitlan
Mrs. Frances M. Holland
Ms. Patricia G. Kenworthy
Mr. Charles H. Krutz
Ms. Hallie M. Kugler
Ms. Kay Langendoerfer *
Mr. and Mrs. James E.
and Traute Langmesser
Ms. Rebecca J. Lipp

Ms. Vivian R. Lynn
Mrs. Jayne Manger
Ms. Elaine Marcuse
Ms. Virginia A. McArthur
Mrs. Madeline M. McManaway
Ms. Mary J. Mellon
Ms. Jeannette Merino
Mrs. Patricia Moore
Mr. Alexander T. Morrow
Mrs. Marion A. Moshos
Mrs. Jane M. Nicholl
Mr. and Mrs. Daniel A. Nolan
Mr. Robert Orben *
Mr. Richard C. Ordeman
Ms. Julie Michelle Palais
Mr. Martin Pearl
Mr. and Mrs. Scott C.
and Ingrid Plein
Ms. Harriette C. Rinaldi
Mrs. Ingrid R. Rose
Mr. Franklin R. Scherf
Capt. Jane E. Sharp,
USNR (Ret.)
Mrs. Wendy A. Shelley
Ms. Kyle E. Skopic
Mr. Anthony R. Spadaro

Ms. Krista J. Stewart
Mr. LeRoy Stewart
Mr. Steven L. Titlebaum
Ms. Martha L. Trunk
Mr. and Mrs. Gordon A.
and Mary Tubbs
Ms. Loretta M. Tulloch
Ms. Kathy R. Van Kleeck
Mr. Gary E. Waitschies
Ms. Carol J. Weber
Ms. Marjorie E. White
Mrs. Janet Wood Iagnemma
Mrs. Jeanette L. Wurster
Mrs. Sheryl D. Yates
Ms. Patricia Ann Young
Dr. George R. Zug
Mrs. Patricia B. Zug

CHAMPIONS

\$50,000 or more

Anonymous
Mr. and Mrs. Len Adler
The Adler Foundation, Inc.
Aetna Better Health© of
Virginia
Bethel United Church of
Christ, Inc.
Mr. Stephen A. Cone
Google DC
Mars Foundation
Neal C. Nichols Family
Foundation, Inc.
Rydell Mortenson Charitable
Foundation
Mr. Fredrick D. Schaufeld and
Mrs. Karen G. Schaufeld
Alexander and Margaret
Stewart Trust
The Washington Home
WebMD LLC

ADVOCATES

\$25,000 to \$49,999

Anonymous
Arlington County Virginia

Mr. and Mrs. Colin Atkins, Jr.
I. J. and Hilda M. Breeden
Foundation
Morris & Gwendolyn Cafritz
Foundation
The Cru Foundation
The McCutchen Foundation
Mrs. Gretchen Pascoe
Potomac Health Foundation
Service Corporation
International
The Elizabeth R.
Shoemaker Home
Ms. Nancy L. Wilson
Mr. Douglas K. Wood

LEADERS

\$10,000 to \$24,999

Anonymous
AARP National Office
Ageless Innovation
William H. Baden
Charitable Trust
Clifford E. Barnes, Esq.
Mr. and Mrs. Dennis P. Bedell
CINQCARE

Claude Moore Charitable
Foundation
Congressional Federal
Credit Union
COZI TV Washington
The Community Foundation
for Northern Virginia/Delman
Family Charitable Fund
Mr. and Mrs. Eric M. Delman
Delta Care Rx
Ms. Jeannine English
Fairfax Neonatal
Associates, P.C.
Henry and Joyce Harris
The Rita and Alex Hillman
Foundation
Mr. Philip R. Hochberg
Kate S. Marsh Trust
National POLST
Mr. and Mrs. Bill Novelli
Mr. and Mrs. William C. Paley
Mr. and Mrs. Edward H. Rice
The Rice Family Foundation
Kathleen E. Kunzer, Esq. and
Paul S. Rosenzweig, Esq.
Randolph D. Rouse
Foundation, Inc.

Community Foundation for
Northern Virginia / Alfred T.
Sunder Fund
Robert Trent Jones Charitable
Foundation
Mr. Clarence E. Sumner
and Ms. Toni Harrington
Susan Lynde DuVal Phipps
Foundation Inc.
TEGNA, Inc./WUSA9
Van Metre Family
Foundation, Inc.
Mr. and Mrs. Albert G.
Van Metre, Jr.
The Honorable Beatrice W.
Welters and Mr. Anthony
Welters
WRG-TV (Channel 4)

PARTNERS

\$5,000 to \$9,999

Anonymous
Ms. Virginia Geoffrey and
Mr. John P. Andelin, Jr.
Betty Evans Charitable
Foundation

CareFirst BlueCross
BlueShield
Catherine J. McGinnis
Family Foundation
Mr. William W. Cultice
Mrs. Gretchen M. Gorog
The Honorable Glenn Allen
Youngkin and Mrs. Youngkin
Embassy of Greece
Mr. and Mrs. David E. Feldman
Mrs. Wendy C. Fischer
FreedMaxick CPAs, P.C.

Mrs. Gretchen Meister Gorog
Guernsey, Inc.
Ms. Rhonda Henley
RADM Jesse J. Hernandez,
USN (Ret.)
Mr. Michael Hudgins
Intelsat
Kapani Family Charitable
Foundation
Roy and Manisha Kapani
Mr. Michael Krone
Mrs. Joan S. Leonard



Mr. Robert D. Mansfield, Jr.
Mr. and Mrs. Daniel P. McClafferty
Mr. Robert R. Mohr
NFP
Mr. Richard C. Ordeman
Peachtree Providence Partners Holding Company
Major W. G. Peters, USMC (Ret.)
Mr. and Mrs. Michael A. Preston
Ranson Trust
Roberts & Ryan Investments
Mr. and Mrs. Meyer Sharlin
Ms. Deborah R. G. Smith
TEGNA Foundation
Mr. James K. Wright, Jr.
The Wollenberg Foundation
Vogel Family
Mr. Chris R. Wollenberg
Ms. Rebecca Wollenberg
Mr. James K. Wright, Jr.
The Honorable Glenn Allen Youngkin and Mrs. Youngkin

ASSOCIATES

\$2,500 to \$4,999

Anonymous
Adams-Green Funeral Home, LLC
Mr. S. Decker Anstrom and Ms. Sherron L. Anstrom
Mr. Parvez Aziz
Mrs. Darlene S. Baker
Robert and Ruth Benker
Bill Page Honda
Mr. Keith Boi
Ms. Judith E. Brocksmith
Corridor
DC News Now and DCW 50
Ms. Leslie Dunlap
Ms. Yvonne Easaw
Ms. Pearl C. Erber
Ms. Elisabeth Fopp
Mrs. Ann Marie Frederick Grassi
Dr. William A. Hazel, Jr.
Mr. and Mrs. Brian Janosko
Kiwanis Foundation of Arlington, Inc.
Mr. Mark Kulish
Ms. Prue B. Larocca

Mr. and Mrs. Luc M. Lausier
Mr. and Mrs. William R. LaVere
Mr. and Mrs. John A. Long
Marsh McLennan Agency
James and Barbara Mathews
The Miller & Chevalier Charitable Foundation
Ms. Patti C. Moore
Moran Family Charitable Fund
MyndVR
Mr. Tom Nelson
Mr. and Mrs. William J. Page
Quail Creek Promotions
Mrs. Kathryn S. Rooney
Mr. and Mrs. Robert J. Smith
The Tenant Agency
Mr. and Mrs. John F. Welch
Ms. Beth Williams
Ms. Patricia Ann Young
Mr. Philip W. Young, Jr.

FRIENDS

\$1,000 to \$2,499

Anonymous
Mr. Steve Abbott

Mrs. Catherine N. Abrahams
Mrs. Kathryn P. Adams
Mr. Neil Alt
Mrs. Sue Ann Anderson
Mr. and Mrs. Robert A. Andreae
ARCHANGELS
Arlington Presbyterian Church of the Covenant Inc.
Mr. and Mrs. Ruwan J. Arseculeratne
Levon Avdoyan, Ph.D.
Ms. Mary Baker
Dr. William D. Barnard



Ms. Mary Barton
BCC & Associates LLC
Lt. Gen. Julius Becton, Jr., USA (Ret.) *
Mr. and Mrs. Ronald Bentley
Mr. Vincent Bogan
Ms. Nancy L. Bolish
Mr. and Mrs. Theodore F. Bosnak
Mr. James Brabham
Mr. Paul Branum
Mr. Christopher Brauss
Ms. Celeste Brodigan
Ms. Leslie Broughton

Mrs. Gerda E. Brown
Mr. and Mrs. Stephen R. Bruce
Captain C. Joseph Bustamante, USN (Ret.) and Mrs. Bustamante
Mr. and Mrs. Paul V. Byrne
Lt. Col. James N. Carpenter and Mrs. Bonnie Carpenter
Roy and Elizabeth Carter
Mr. Ashok Chandrasekhar
Ms. Mary Louise Clifford
Mrs. Renate I. Cline
Mr. and Mrs. Michael D. Clore
Mr. Bob M. Coffelt
Ms. Ann C. Cole
Mr. Peter A. Converse and Ms. Susan Yeloushan
Mr. and Mrs. Ray Converse
Mrs. Anne C. Cook
Mr. John S. Cooke
Lt. Cmdr. John L. Crapo, USN (Ret.) and Mrs. Crapo
Dr. Peter A. Danton, M.D., F.A.C.S.
Mr. and Mrs. Kenneth A. Davidson

Mr. and Mrs. Alec Dawson
Ms. Lourdes Dillon
Mr. Dennis R. Dorsett
Ms. Cheryl B. Dreiling
Mrs. Rebecca D. Duckworth
Dr. Frances A. DuRocher
EagleForce Warrior Foundation, Inc.
Ms. Audrey L. Easaw
Falcons Landing Chapel Fund
Mr. James P. Ferrigno
Finzen-Clark Family Foundation
Mrs. Ann M. Foster
Ms. Nancy J. Fouchs
Mr. John R. Frye and Ms. Cheryll P. Chew
Mr. and Mrs. John M. Gilligan
Mr. and Mrs. Stephen D. Gladis
Mr. Frederick Gloeckler, Jr.
Mr. Donald B. Gochnauer
Mrs. Gail Godek
Mr. and Mrs. Pedro I. Goitia
Ms. Christine E. Fisher and Mr. Oscar A. Goldfarb
Mr. William H. Gordon, IV

Ms. Mary-Alice Gray
Mrs. Roberta Gray
Mrs. Yen Greenfield
Mr. Rick Grzeskiwicz
Mr. and Mrs. David M. Guernsey
Mr. David F. Gustin
Mrs. Martha Caldwell Harris
Mr. and Mrs. Don Hathway
Mr. and Mrs. Alan B. Hausman
Mr. James W. Heegeman
J.Terrell Hoffeld, D.D.S., Ph.D.
Mr. Henry P. Hoffman
Ms. Judy C. Holoviak
Ms. Sarah Holt
Mr. and Mrs. Hop Hopkins
Ms. Erica Horwitz
Mr. and Mrs. Joshua M. Horwitz
Mr. and Mrs. Arthur L. Howard
Ms. Joan M. Hradecky
Ida's Gift Inc.
Mr. Philip M. John
Ms. Christine Kane
Mr. Jim Keller
Col. Ralph P. Kennedy

Ms. Patricia G. Kenworthy
Dr. Matthew Kestenbaum and Dr. Kathleen Kestenbaum
Mr. Bruce A. Kind
Ms. Gail H. Baker and Mr. Robert N. Knetl
Mrs. Regina M. Knott
Mr. Richard L. Krauss and Mrs. Lisa V. Krauss
Mrs. Mead A. Krim
Mrs. Carol Kulish Harvey
Mr. Peter Lambis
Mrs. Diane S. Large
Ms. Judith H. Leep
Mr. S. Mark Lindsey
Dr. and Mrs. David E. Longnecker
Ms. Kimberly Lopez
Ms. Angela M. LoRe
Lutheran Church of the Redeemer
Mrs. Kathleen Lyons
Mrs. Ann Marie Mack
Mars, Incorporated
Captain William B. Marsh, Jr., USN (Ret.)
Mr. and Mrs. John C. Martin
Mrs. Charlotte N. Maslowski

Ms. Lisa M. McBride
Mr. James M. McDonald
Mrs. Randall H. McFarlane
Mr. and Mrs. Bill McMenamin
Ms. Lynn Mento and Mr. Philip Mento
Mrs. Susan Sacarob Merin
Ms. Patricia Martin-Aragon Perez and Mr. Albert M. Micheal
Mississippi VA State Veterans Affairs Board
Mrs. Sheila L. Moore
Ms. Wanda Morgan
Mr. Terence S. Murphy
Mr. Lee Wayne Nicks
Mr. Michael Niebling
Mr. Jude R. Nitsche
Ms. Alta M. Oben
Mrs. Maria Eugenia O'Brien
Mr. and Mrs. John O'Donnell
Mr. D. Curt Osterheld
Maurice and Mary Owens
Mrs. Joan A. Parrish
Mr. Patrick W. Pearsall and Mr. Mitchell P. Reich
Mr. Gordon E. Perrins
PhiPhi's Crop

Pinkston
The Reverend Dr. Tyrone Pitts
SA (Sung) Poblete
Ms. Margaret J. Pollack
Ms. Lee Porter
Mr. Lutz A. Prager
Mr. and Mrs. John C. Rahming
Mr. and Mrs. William J. Redlin
Mr. and Mrs. Tim Reed
Resurrection Evangelical
Lutheran Church
Mrs. Sarah Fannon Revers
Mr. James J. Richardson
Mrs. Carolyn A. Rieth
Ms. Rachel D. Robertson
Ms. Glenda Rogers
Mr. Richard L. Rosen
Mr. and Mrs. Roger P. Ross
Mr. Justin Royer
Mr. Henry S. Sakai
Ms. Kristen Salvo
Mr. and Mrs. Thomas S.
Scarano
Ms. Elizabeth Scheiman
Mr. and Mrs. Clinton
Shaw, Jr.
Mr. Daniel Sherman
Mary Jane Sherman

Ms. Callie E. Shosho
Mr. and Mrs. Irwin L. Smietan
Mr. and Mrs. William Overton
Payne Snead, III
Mr. Reed J. Stockman
SugarOak Holdings, Inc.
Ms. Laura Sweeney
Irene E. Szopo, Esq.
The Grace Curtis and
Priscilla O'Hara Foundation
The Lemon Foundation
Ms. Carol J. Tienken
Mr. Jeffrey C. Turner
Mr. Donald Twombly
Ms. Diane L. Ty
United Healthcare Services
Inc. - Washington, D.C. /
Maryland
Mr. James J. Vecchiarelli
Vulcan Materials Company
Northern Concrete Division
Ms. Susan L. Walton
Mr. and Mrs. Reeve Waud
Ms. Anita L. Welch
Mr. and Mrs. Raymond
Welch, Jr.
Ms. Jade C. West and
Mr. Raymond J.
LaJeunesse, Jr.

Ms. Marjorie K. White
Mr. and Mrs. Thomas H. White
Dr. and Mrs. John J. Whyte
Ms. Jane B. Williams
Mrs. Sharon M. Williams
Mr. Robert E. Wilson
Mr. and Mrs. Frederick B.
Wirth
Mrs. Anne S. Wohlford
Mr. Michael L. Wood
Mr. John Wyne
Ms. Kathryn Ann Yeager
Mr. Thurston T. Yokoyama
Jean Schiro-Zavela and
Vance Zavela
Ms. Shirley M. Zeliff

NEIGHBORS
\$500 to \$999

Anonymous
Mrs. Cheryl Abernathy
Mr. John Adams
Mr. and Mrs. Kenneth L.
Adams
Mr. Linden Albright
Mr. and Mrs. Joseph S. Amado
Ms. Lisa A. Antonelli

Mrs. Carolyn Gore Ashe
Mr. James Ashurst
Mr. and Mrs. Larry Atkins
Mrs. Jeannie Bain
Mr. and Mrs. Robert M. Barlow
Mr. Richard H. Barrazotto
Mrs. Alyce L. Bassoff
Mr. David C. Berry
Mr. and Mrs. Jerry Birchmore
Mr. James W. Borches
Ms. Peggy C. Breeden
Ms. Anna P. Brennan
Ms. Liza Broadbent
Mr. Michael Brooks
Mr. and Mrs. Robert L. Brown
Mr. and Mrs. David T.
Buchanan
John Barclay Burns, Ph.D.
Mr. and Mrs. Joseph J.
Calabrese, III
Mr. Charles Campbell
Ms. Holly P. Carr
Mr. Jeffrey C. Carter
Mr. and Mrs. William Carter, Jr.
Charities Aid Foundation
America

Mr. and Mrs. Robert O. Chase
Ms. Roxana Chaves-Tellini
Mrs. Kathleen M. Cheney
Ms. Katrina D. Cherry
Mr. and Mrs. John M. Cibinic
Mr. and Mrs. Matthew J. Clark
Mr. Stephen D. Clark
Community Foundation for
SE Michigan
Mrs. Donna May Comstock
Mr. and Mrs. Brian T. Conniff
Ms. Carolyn F. Corwin
Mr. Les W. Cummings
Ms. Christina L. Dangler
Ms. Jennifer Daniels
Davis & Ritter CPA's, LLC
Mr. Peter Davis
Mrs. Sarah E. Davis
Reverend Robert M. Dickey
Mr. David Diemert
Mrs. Marina Douglas-Hicks
Ms. Janet W. Duke
Mr. and Mrs. John C. Dulan
Mr. and Mrs. Dale H. Dumas
Dwelle Family Foundation, Inc.
Mr. Stephen B. Dwelle

Mr. Charles Easaw
Eastminster Presbyterian
Church
Edward Jones
Mr. Milton H. Ericksen
Ms. Laura Erlacher
Ms. Mary E. Esslinger
Mrs. Joan L. Evans
Everly Funeral Home &
Cremation Service
Mr. and Mrs. Garland E. Faist
Mr. Jonathan Fisher
Ms. Stephanie Forbes
Maj. Gen. James E. Freeze,
USA (Ret.)
Mr. Jack E. Fretwell, Jr.
Ms. Stephanie Fretwell
Ms. Joan Friedman
Mr. Alfred Friendly, Jr.
Mrs. Paul S. Frommer
Mr. Richard J. Galus
Ms. Donna M. Gatewood
Mr. and Mrs. Peter M. Gill
Mr. and Mrs. Rajon T. Gilmore
Ms. Mary C. Ginn
Ms. Elizabeth N. Giuliani

Mr. Michael Goldenberg
Ms. Ann Vincent Gordon
Mrs. Paula A. Griffeth
Mr. Wayne Grindle
Ms. Kimberly Grove
Mrs. Beate J. Guffee
Gunston Baptist Church
Ms. Quyen Ha
Ms. Linda Hammet Morgan
Ms. Karen M. Hanchett
Mr. Christopher W. Hansen
Mr. Rungaroon S.
Hanwatananugool
Ms. Jean L. Hartung
Ms. Anita U. Hattiangadi
Mr. Gree Hawkes
Healthsperien, LLC
Ms. Lori Hesseltine-Papuga
Mrs. Joan Hitt
Mr. and Mrs. Stephen Hodson
Ms. Lee McGraw Hoffman
Mr. Louis M. Hofheimer
Mr. and Mrs. Theodore
Holloway
Mr. Emmett L. Holman
Ms. Linda L. Holt

Mr. and Mrs. Max M. Honn
Mr. Gary Hopson
Mr. Grant Hou
Mr. and Mrs. Douglas E.
Hough
Mr. and Mrs. Duane F. Hufford
Mr. Edward W. Hughes
Mr. and Mrs. Fredrick G.
Hutchison, Jr.
Mr. and Mrs. William Irwin
James M. and Virginia W.
Newmyer Family Fund
Ms. Donna L. Jamison
Mr. Dave Jones
Mrs. Mary D. Kane
Mrs. Karen Kapeluck
Mr. Donald R. Kehoe
Mr. Charles J. Kelly
Mr. and Mrs. Richard J. Kelly
Mr. and Mrs. Joseph A.
Keyes, Jr.
Ms. Jennifer Kitrel and Mr.
Thomas Cogan
Mr. and Mrs. Lester B.
Knutsen
Mr. and Mrs. David A. Koplow

Mr. Keith Kopp
Mr. Robert J. Kozero
Ms. Allison Kuchar
Ms. Rehema Kutua
Ms. Leslie A. Lawson
Ms. Christine C. Leake
Mr. and Mrs. Don M. Leake
Ms. Karen M. Lee
Mr. Michael Lee
Mr. and Mrs. Charles T.
Lennon

Mr. and Mrs. David Lepe
Ms. Tiffany Lewis
Mrs. Mary W. Lucius
Mr. Jean-Pol Mahieu
Ms. Patricia Mahoney
Mrs. Irene J. Manning
Ms. Sally S. Marfing and
Mr. John M. Pellett
Mrs. Abby M. Martin
Ms. Marie A. Mattson



Mrs. Lin Maurano	Ms. Pamela S. Oishi	Mr. George A. Sawyer	Dr. David M. Steinhorn and	Ms. Linda J. Wallen
Mr. and Mrs. James A. McAskill	Ms. Sandra J. Olson	Mr. and Mrs. Peter A. Scala	Dr. Robin Steinhorn	Mr. and Mrs. Edward F. Ward, Jr.
Mr. Kenneth McCloud	Ms. Ann E. O’Neil	Mrs. Irmgard B. Scherer	Ms. Cynthia W. Stevens	Mr. Daniel Weaver
Mr. and Mrs. Paul J. McFarland	Mrs. Diane Opperman	Mr. Franklin R. Scherf	Stonehall Farm	Mr. Peter E. Webb
Mr. and Mrs. Richard McGruder	Mr. and Mrs. Charles Partridge	Mrs. Janice C. Schiff	Mr. Donald W. Stover	Mr. Phillip Weimer
Mr. Robert M. McLeran	Mrs. Celeste C. Penkunas	Ms. Susan E. Schruth	Mr. Robert G. Stowbridge	Mr. and Mrs. Bruce Weyrick
Mrs. Regan McNair	Ms. Elizabeth J. Perrill	Mr. and Mrs. David Schumacher	Mr. and Mrs. Donald J. Street	Mrs. Toni C. Wheaton
Ms. Sharon Menaker	Ms. Karen I. Perrin	Mrs. Janice Schumaker	Mr. James F. Strosser	Mrs. Rosemary P. Wilcox
Ms. Marilyn A. Meyers	Mrs. Laura S. Petitt	Mr. and Mrs. Andrew M. Schwind	Ms. Susan M. Stuntz	Mr. Richard D. Wilhelm
Mr. Tom Michalisko	Mr. Robert G. Pflueger	Mr. and Mrs. Richard S. W. Shepard	Teleios Collaborative Network	Ms. Anna B. Williams
Mr. J. Scott Monier and Ms. Jerrilynn Pudschun	Mr. and Mrs. Paul Picciotto	Mrs. D. Michele Cote Shomaker	The Greater Washington Community Foundation	Dr. Henry S. Willner
Mr. Michael Montera	Mr. Kevin L. Polchow	Mr. and Mrs. David A. Thibodeau	Mr. and Mrs. William P. Skinner	Mr. and Mrs. James A. Winchester
Mr. and Mrs. Paul A. Morlacci	Ambassador Phyllis M. Powers	Ms. Reesie A. Thomas	Mr. George Smith	Mrs. Gail M. Winkler
Ms. Melissa Daniel Morris	Queen B Transportation LLC	Mr. Oai Tran	Mrs. Jean Fisher Smith	Ms. Patricia M. Woolsey
Mr. Alexander T. Morrow	Mr. and Mrs. Thomas H. Robinson	Mr. Douglas J. Van Den Berg	Mr. Carlos Solari	Ms. Naomi B. Wright
Mr. Andrew Nappi	Ms. Jerilyn Rodgers	John C. Vance, M.D.	Mr. and Mrs. Charles D. Sorenson, II	Ms. Joan M. Yarus
Mrs. Karen O. Newman and Mr. William B. Newman, Jr.	Ms. Istmenia Rodriguez	Mr. Anthony E. Vellek	Mrs. Susanne M. Sottile	Mrs. Sheryl D. Yates
Mrs. Virginia W. Newmyer	Mr. and Mrs. Glenn H. Rosenthal	Mrs. Ann Morgan Vickery	Mr. Robert F. Spillane	Dr. Heidi Young and Mr. Richard Young
Ms. Melanie Nezer	Ms. Simone E. Ross	Ms. Christine Vorholt	Ms. Patricia M. Wagner	Mrs. Joyce G. Zucker
Northern Virginia Shag Club	Dr. and Mrs. Richard E. Rubenstein	Ms. Patricia M. Wagner	Mr. and Mrs. Charles P. Wales	Mr. and Mrs. William C. Zuellig
Northwest Cooperative Homes Assoc	Ms. Margaret L. Ryan			

2023 CORPORATE SPONSORS



2023 GRANTORS



Betty Evans Charitable Foundation

Catherine J. McGinnis
Family Foundation

Delman Family Charitable Fund

The Elizabeth R. Shoemaker Home

Fredrick D. and Karen G.
Schaufeld Foundation

I. J. and Hilda M. Breeden Foundation

John G. and Helen H. Kovach Fund

Kate S. Marsh Trust

Kapani Family Charitable Foundation

The Lemon Foundation

The McCutchen Foundation

Neal C. Nichols Family Foundation

Randolph D. Rouse Foundation

Ranson Trust

Robert Trent Jones Charitable Foundation

Rydell Mortenson Charitable Foundation

William H. Baden Charitable Trust

Wollenberg Foundation

2024 BOARD OF DIRECTORS



**Tom Koutsoumpas
(Chair)**
Founder and President
Healthspiren



John Adams
Partner
McGuireWoods



Clifford E. Barnes
Member of the Firm
Epstein Becker Green



Jeannine English
Board of Councilors,
Davis School of
Gerontology
University of Southern
California (retired)



Lynn Mento
CEO
Conservation Nation



Andrew K. Molosky
President and CEO
Chapters Health System



Tom Nelson
President and CEO
Share Our Strength
(retired)



Bill Novelli
Professor Emeritus and
Founder, Business for Impact
Georgetown University
McDonough School of
Business



Rev. Dr. Tyrone Pitts
Ecumenical Officer
General Secretary
Emeritus
Progressive National
Baptist Convention



Diane Ty
Managing Director, Center for
the Future of Aging
Milken Institute, and Senior
Partner, Portion Balance
Coalition, Business for Impact
Georgetown University
McDonough School of
Business

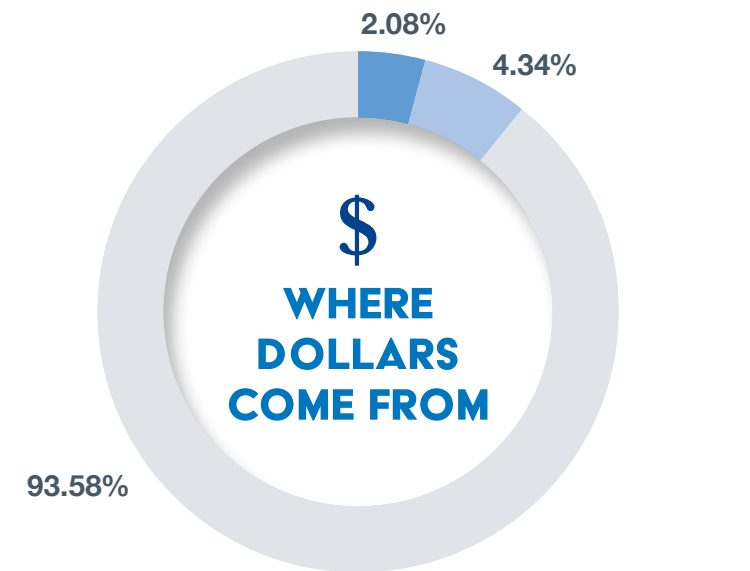


Todd A. Webb, CPA
Chief Financial Officer
Chapters Health
System



Rhonda White
Chief Operating Officer
Chapters Health
System

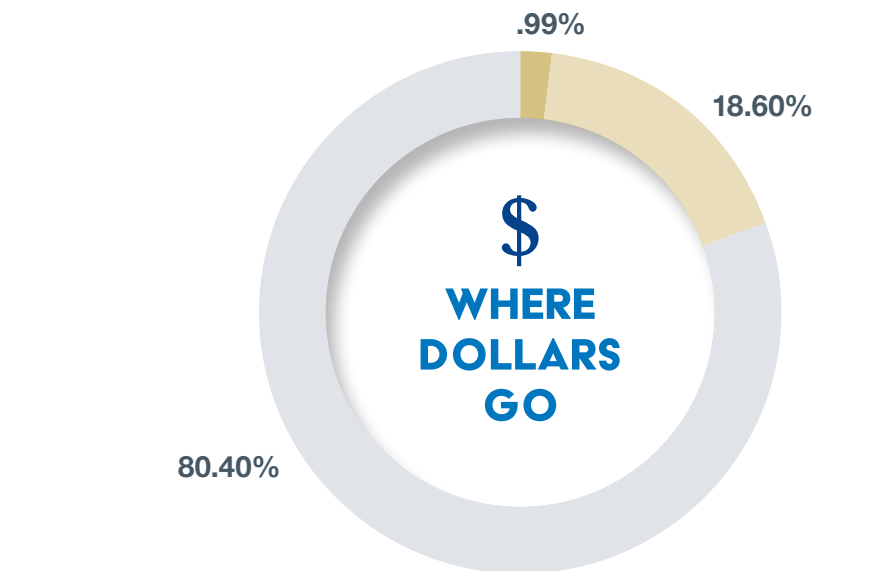
2023 IN REVIEW



93.58%
INSURANCE
REIMBURSEMENT

4.34%
CONTRIBUTIONS

2.08%
OTHER INCOME



80.40%
HOSPICE, PRIMARY CARE,
PALLIATIVE CARE, &
BEREAVEMENT

18.60%
GENERAL &
ADMINISTRATIVE

.99%
FUNDRAISING



A heartfelt thanks to our patients and families for trusting us with your care, and to our dedicated team members, volunteers, and donors for making our mission possible.



24-Hour Care Line: 1-800-869-2136
capitalcaring.org

Regions Served

DISTRICT OF COLUMBIA

All 8 Wards

VIRGINIA

Alexandria*, Arlington County, Fairfax County, Fairfax*,
Falls Church*, Fauquier County, Loudoun County,
Manassas*, Manassas Park*, Prince William County

**independent cities*

MARYLAND

Howard County, Montgomery County,
Prince George's County