



Point of Hope Center Groups

NOVEMBER 2017

Drop-In Groups: Available for those grieving a loss at any time after the death of a loved one. There is no need to register for a drop-in group.

ALEXANDRIA, VA

Paul Spring Retirement Community
7116 Fort Hunt Road
Alexandria, VA 22307

GENERAL GRIEF SUPPORT

1st & 3rd Wednesdays Monthly
1:00 p.m. – 2:30 p.m.

For information: Chesley Simpson, MSW;
703-333-6954

ASHBURN, VA

St. David's Episcopal Church
Church office building
43600 Russell Branch Pkwy
Ashburn, VA 20147

GRIEF SUPPORT

2nd & 4th Wednesdays monthly
1:00 p.m. – 2:00 p.m.

Facilitator: Jamie L. Kent, LCSW; 703-957-1781

FALLS CHURCH, VA

Capital Caring
2900 Telestar Court
Falls Church, VA 22042

LOSS OF SPOUSE OR LIFE PARTNER SUPPORT

1st & 3rd Sundays monthly
2:00 p.m. – 3:30 p.m.

Facilitator: Dianne Henry-Leggette, LCSW;
703-531-6242

FREDERICKSBURG, VA

Capital Caring
111 Olde Greenwich Drive, Suite 101
Fredericksburg, VA 22408

NEXT STEP: FROM THE 2ND YEAR ON

1st and 3rd Tuesdays monthly
10:30 a.m. – 12:00 p.m.

&

GRIEF SUPPORT FOR ADULTS

1st and 3rd Thursdays monthly
10:30 a.m. – 12:00 p.m.

Facilitator: Kristi DiFilippo, LCSW;
540-735-0972

HAYMARKET, GAINESVILLE REGION

Sudley United Methodist Church
5308 Sudley Road, 2nd Floor Conference Room
Manassas, Virginia 20109

LOSS OF SPOUSE SUPPORT

1st Sunday Monthly, 2:30pm

Facilitator: Roxanne Woodward, MSW;
703-957-1867

HERNDON, VA

Herndon Fortnightly Public Library
768 Center Street, Conference Room
Herndon, VA 20170

GENERAL GRIEF SUPPORT

1st & 3rd Wednesday monthly
12:30 p.m. – 2:00 p.m.

For information: Rosemary Viani, LCSW;
703-957-1776

LARGO REGION

Doctors Community Hospital
2nd Floor Conference Room
8118 Good Luck Road
Lanham, Maryland 20706

GENERAL GRIEF SUPPORT

2nd Monday monthly
11:00 a.m. – 12:30 p.m.

Facilitator: Teyawanda Booker, LCSW-C;
301-883-0866

Capital Caring
1801 McCormick Drive, Suite 180
Largo, MD 20774

PET LOSS & BEREAVEMENT

3rd Tuesday monthly
11:00 a.m. – 12:30 p.m.

Facilitator: Jessica Cabness, LCSW;
301-808-5644

LEESBURG, VA

St. James Episcopal Church
Leesburg, VA 20176
14 Cornwall St., Janney Parlor, Leesburg, VA
(Enter From parking lot on North St.)

LOSS OF SPOUSE OR LIFE PARTNER SUPPORT

2nd and 4th Tuesdays monthly
7:00 p.m. – 8:30 p.m.

Facilitator: Jamie L. Kent, LCSW; 703-957-1781

MANASSAS AREA, VA

Location TBA

TEA & COFFEE SOCIALIZATION GRIEF SUPPORT

2nd and 4th Tuesdays monthly
2:30 p.m. – 4:00 p.m.

RSVP required at least 2 days prior to event

Facilitator: Roxanne Woodward, MSW;
703-957-1867

PRINCE WILLIAM AREA

LOSS OF SPOUSE SUPPORT

McCoart Administrative Building
One County Complex Court
Lake Ridge, VA 22192

2nd & 4th Sundays monthly
2:00 p.m. – 4:00 p.m.

&

Manassas Senior Center
9320 Mosby Street
Manassas, VA 20110

1st & 3rd Thursdays monthly,
2:00 p.m. – 3:30 p.m.

Facilitator: Karen Tyner, LCSW;
ktyner@capitalcaring.org

WARRENTON, VA

Fauquier Hospital
500 Hospital Drive, Chestnut Conference Room
Warrenton, VA 20186

GENERAL GRIEF SUPPORT

1st & 3rd Mondays monthly
1:00 p.m. – 2:30 p.m.

Facilitator: Roxanne Woodward, MSW;
703-957-1867

4 to 8-Week Support Groups

LARGO REGION

LOSS OF SPOUSE/LIFE PARTNER

Capital Caring, 1801 McCormick Drive, Suite 180
Largo, MD 20774

Thursdays, November 30 - December 28, 2017; 12:00 - 2:00pm

For registration: Jessica Cabness, LCSW; 301-808-5644

FALLS CHURCH, VA

ADULTS WHO HAVE LOST A PARENT

Capital Caring, 2900 Telestar Court
Falls Church, VA 22042

Thursdays, January 18 - March 8, 2018; 7:00 - 9:00 pm

For registration: Dianne Henry-Leggette, LCSW; 703-531-6242

ALEXANDRIA, VA

LOSS OF SPOUSE OR PARTNER

Capital Caring, 5845 Richmond Highway,
Suite 150, Alexandria, VA 22303

Fridays, January 19 - March 9, 2018; 1:30-3:30pm

For registration: Chesley Simpson, MSW; 703-333-6954

WASHINGTON, D.C.

GENERAL GRIEF SUPPORT

50 F ST NW Suite 3300, Washington DC 20001

Mondays, January 22 - March 5, 2018; 5:30-7:00 pm

For registration: Brey Cribbs, LGSW; 202-327-8268

FALLS CHURCH, VA

LOSS OF SPOUSE OR LIFE PARTNER

Capital Caring, 2900 Telestar Court
Falls Church, VA 22042

Mondays, January 22nd - March 19, 2018; 7:00 - 9:00pm

For registration: Brooke Johnson, LCSW; 703-538-2032

HOLIDAYS GRIEF SUPPORTS

WASHINGTON, DC

COPING WITH GRIEF AT THE HOLIDAYS WORKSHOP

Capital Caring, 50 F ST NW Suite 3300
Washington, DC 20001

Sunday, November 12, 2017; 1:30-4:00PM

Registration required: Sara Kerai, LPC; 202-327-8274

ALEXANDRIA, VA

HOLIDAY GRIEF WORKSHOP

Woodbine Rehabilitation and Healthcare Center
2729 King Street, Alexandria, Virginia 22302

Wednesday, November 15, 2017, 6:00 p.m.

For information: Chesley Simpson, MSW; 703-333-6954

FALLS CHURCH, VA

COPING WITH GRIEF DURING THE HOLIDAYS

Capital Caring, 2900 Telestar Court, Falls Church, VA 22042

Saturday, November 18, 2017, 9:30 - 12 noon

Registration required: Dianne Henry-Leggette, LCSW; 703-531-6242

HERNDON, VA

COPING WITH THE HOLIDAYS

Support for Adults & separate session for children ages 7-17,
Herndon Fortnightly Public Library, Meeting Room 1 & 2,
768 Center Street, Herndon, VA 20170

Saturday, Nov. 18, 2017, 10:00 a.m. - 12:00 p.m.

For registration: Rosemary Viani, LCSW; 703-957-1776

LARGO REGION

SURVIVING GRIEF DURING THE HOLIDAYS

Capital Caring, 1801 McCormick Drive, Suite 180
Largo, MD 20774

Saturday, November 18, 2017 & Thursday, December 14, 2017, 10:00 - 11:30 AM

For registration: Teyawanda Booker, LCSW-C; 301-883-0866

FREDERICKSBURG, VA REGION

COPING WITH GRIEF DURING THE HOLIDAYS

Capital Caring Office, 111 Olde Greenwich Dr., Suite 101,
Fredericksburg, VA 22408

Sunday, November 19, 2017, 2-4 pm

RSVP Requested: Kristi DiFilippo, LCSW; 540-735-0972

PRINCE WILLIAM AREA

COPING WITH GRIEF DURING THE HOLIDAYS

Central Community Library, Community Room
8601 Mathis Avenue, Manassas, VA 20110

Sunday, November 19, 2017, 2-4 pm

RSVP Requested: Karen Tyner, LCSW; ktyner@capitalcaring.org

ALEXANDRIA, VA

HOLIDAY GRIEF WORKSHOP

All Saints Episcopal Church, Sharon Chapel, 3421
Franconia Road, Alexandria, VA 22310

Wednesday, November 29, 2017, 1:00 pm

For information: Chesley Simpson, MSW; 703-333-6954

WASHINGTON, DC

CHRISTMAS AT THE NATIONAL GALLERY

Facilitated by Chaplain Carla Thompson, National Gallery of Art,
6th and Constitution Avenue, NW, Washington, DC 20565

Friday, December 1, 2017, 10:30 am

Registration required: Chesley Simpson, MSW; 703-333-6954

PRINCE WILLIAM AREA

COPING WITH GRIEF DURING THE HOLIDAYS

Chinn Park Regional Library, Community Room
13065 Chinn Park Drive, Woodbridge, VA 22192

Sunday, December 3, 2017, 2-4 pm

RSVP Requested: Karen Tyner, LCSW; ktyner@capitalcaring.org

ALEXANDRIA, VA

HOLIDAY GRIEF WORKSHOP

Spring Hills Mount Vernon, 3709 Shannons Green Way,
Alexandria, VA 22309

Thursday, December 7, 2017, 2:00 pm

For information: Chesley Simpson, MSW; 703-333-6954

WARRENTON, VA

COPING WITH THE HOLIDAYS

Fauquier Hospital, 500 Hospital Drive, Chestnut
Conference Room, Warrenton, VA 20186

Friday, December 8, 2017, 2:00 to 3:30 pm

Registration required 2 days prior: Roxanne Woodward, MSW; 703-957-1867

FREDERICKSBURG, VA REGION

HOLIDAY HUG FOR GRIEVING CHILDREN AND THEIR FAMILIES

Roxbury Farm and Gardens, 601 Lafayette Blvd.
Fredericksburg, VA 22401

Saturday, December 9, 2017, 11am - 1pm

RSVP required by December 5, 2017: Tara Hoit; thoit@capitalcaring.org

Workshops / Retreats / Special Activities

The following workshops are free but **registration is required unless otherwise indicated. Please call facilitator to register.**

FREDERICKSBURG, VA REGION

MIDDLE SCHOOL POINT OF HOPE CAMP (AGES 12-15)

Glasgow Farm, Fredericksburg, VA

Sunday, November 5, 2017, 10am - 6pm

For information/registration: Tara Hoit; thoit@capitalcaring.org

PRINCE WILLIAM AREA

MINDFULL STROLL IN NATURE FOR BEREAVED ADULTS

Occoquan Wildlife Nature Preserve

Friday, November 10, 2017, 10am

RSVP to receive details: Karen Tyner, LCSW; ktyner@capitalcaring.org

LARGO REGION

ANNUAL CEREMONY OF REMEMBRANCE

Capital Caring, 1801 McCormick Drive, Suite 180,
Largo, MD 20774

Monday, November 13, 2017, 6-7 pm

For information: Teyawanda Booker, LCSW-C; 301-883-0866

RICHMOND, VA

CEREMONY OF REMEMBRANCE

Discovery Village, 9801 Harmony Woods Way,
Henrico, Va. 23233

Wednesday, November 29, 2017, 4:30 pm

RSVP to: Julia Partridge, LCSW; 804-601-3180

WASHINGTON, DC

GRIEVING THE CONFLICTED RELATIONSHIP

50 F ST NW, Suite 3300, Washington, D.C. 20001

Friday, December 8, 2017, 10:00AM - 12:00PM

Registration required: Sara Kerai, LPC; 202-2327-8274

